

# PURE HERBS, LTD.

33410 Sterling Ponds Blvd., Sterling Heights, MI 48312  
 PHONE: (800)860-4372 FAX: (586)446-8218  
 WEB SITE ADDRESS: www.pureherbs.com

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## INSIDE THIS ISSUE:

NEW DIRECTORS, EMPLOYEE B-DAYS, NEW DISTRIBUTORS, NOTE TO OUR WALK-IN CUSTOMERS, SHIPPING PRICES, RETURN POLICY, C.O.D. FEE & OFFICE HOURS.	PG 2
NOTE REGARDING RENEWALS, R.S.-W WRITE-UP, CONVENTION QUALIFIERS & IN CHARGE OF PRODUCTION.	PG 3
SEMINAR INFO, PROMO INFO, NOTE RE: FAX ORDERS & NOTE RE: PEPPERMINT OIL.	PG 4
TESTIMONIALS.	PG 5
TESTIMONIALS CONT'D., WRITE UP ON CLARITY & COLOR OF EXTRACTS & OLD PHILOSOPHER'S	PG 6
HERBAL RESEARCH GROUP BOOK ORDER FORM.	PG 7
LETTERS REGARDING: THE ANTI-DIETARY SUPPLEMENT BILL OF 2010—PLEASE OPPOSE S. 3002	PGS 8 & 9

## CONVENTION NEWS!!!!

Congratulations Convention Qualifiers (listed on page 3). We are looking forward to seeing all of you at the admired and repeatedly requested Convention Destination, **THE BIG CEDAR LODGE** in Ridgedale, Missouri. The Pure Herbs, Ltd. Convention will be held September 11 through September 15, 2010.



## APRIL SPECIALS



TART CHERRIES

Purchase three bottles (must all be the same product and the same size) of the following **EMOTIONAL HEALTH & INSOMNIA** herbs and receive the 4th bottle free. To take advantage of the special, the three purchased bottles and the FREE bottle must be the same product and purchased at the same time from the list below. Example: purchase three bottles of E.H.-T and receive a fourth bottle of E.H.-T free. No Purchase Volume will be paid on any free bottles.

- ◆ **E.H.-T**—This is a formula for optimal mental and emotional health. Also, used for the relief of clinical depression, manic depression, ADD (attention deficit disorder), Fibromyalgia, phobias and stress related problems due to long-term illness. Also helpful for sleep disorders, improvement of memory, stress relief and increased alertness.
- ◆ **KAVA KAVA COMB.**—Helpful for anxiety, depression & sleeplessness. Also, has a mild tranquilizing effect which helps relax the mind & helps to clarify the thought process.
- ◆ **R. & S.-W (Rest & Sleep)**—This combination helps release tension & repair the nervous system.
- ◆ **D.A.N.-C**—Depression, Anxiety & Nervousness.
- ◆ **TART CHERRIES EXTRACT**—Natural source of Melatonin, helps unclog arteries & has also shown to be effective in shrinking tumors.

PURE HERBS, LTD. OFFERS MONTHLY SPECIALS. BE SURE TO ASK ABOUT IT WHEN YOU CALL YOUR ORDER IN! ALL HERB INFORMATION IS OBTAINED FROM THE CENTER FOR BUILDING BETTER HEALTH NATURALLY, INC. AND HAS NOT BEEN REVIEWED OR APPROVED BY THE AMERICAN MEDICAL ASSOCIATION OR THE FOOD & DRUG ADMINISTRATION.

**NOTE: THE MONTHLY SPECIALS ARE ONLY VALID DURING THE MONTH OF THE SPECIAL!**

## SAVE OUR FOOD SUPPLEMENTS & HERBS! :

**TWO UNITED STATES SENATORS IN WASHINGTON ARE TRYING TO TAKE YOUR FOOD SUPPLEMENTS & HERBS AWAY FROM YOU. GET TWO STAMPS & TWO ENVELOPES AND USE THE TWO LETTERS ON PAGES 8 & 9 AND TELL THEM WHAT YOU THINK ABOUT IT.**

### **NEW DIRECTORS FOR NOV/DEC 2009**

CAROLYN CARTER  
MONICA HARITAN  
ESTHER FLOYD  
DEBORAH SERRA  
NANCY WINKLEMAN  
SHEILA STAUFFER  
MIKE SANOR  
GAYLE JOSEPH

**CONGRATULATIONS!**



**PURE HERBS EMPLOYEES:  
APRIL 8— GINA  
MAY 19—GISELA**

**PLEASE TRY TO HAVE  
YOUR DISTRIBUTOR NUM-  
BER READY WHEN CALL-  
ING AN ORDER IN. ALSO,  
PLEASE HAVE YOUR ORDER  
READY TO PLACE AND  
YOUR CREDIT CARD NUM-  
BER HANDY.**

### **OFFICE HOURS**

Pure Herbs, Ltd. is open Monday-Friday 9:00 a.m. till 5:30 p.m. eastern time (E.T.).\* At 5:30 p.m. we start our end of day computer clean-up; so, we do lock our doors promptly at 5:30 p.m. and activate our voice mail system for your phone calls. If you need to place an order, and it is not during business hours, please call 800-860-4372 and you will automatically be transferred to our voice mail system. Our voice mail system has many options to choose from; make your selection and then leave a detailed message. Always leave your last name, Distributor Number, a phone number and method of payment (we accept Visa, Discover, MasterCard, and American Express, or you can pay C.O. D. by check or money order only).

Please specify if 1 oz. or 4 oz. bottles, capsules, tablets or cream/lotion. If you have a rotary phone, stay on the line and you will have the opportunity to leave a message at the end. Also, please be aware that during business hours when all of our lines are busy you will automatically be transferred to our voice mail system.

#### **NOTE TO ALL DIRECTORS:**

All orders and P.V.T. (Purchase Volume Transfers, which refer to products that were ordered by Distributors that you did not sponsor) **MUST** be called in, faxed in, or received by mail before 5:30 p.m. E.T., on the last business day of the month, which would be Monday-Friday, i.e.: if the 30th is a Saturday, the last business day would then be Friday the 29th.

All orders and P.V.T. called in after 5:30 p.m. E.T. will automatically go on the next month. Legal holidays are not considered business days. This could be very important to you or your downline, as it is your responsibility; and it will be your responsibility to correct any problems in your downline, should you fail to adhere to these rules. There are no exceptions. Also, keep in mind that during holidays the mail service will probably take a little longer.

\* We will be closed Monday, May 31st, 2010 in observance of Memorial Day.

**ATTENTION WALK-IN CUSTOMERS**  
Please call your orders in ahead of time. Also, keep in mind that we are **not permitted** to give out advice, so please refer to your books or call your **upline** with your herbal questions **before** coming in to pick up your order. Thank you for your consideration.

**WELCOME NEW DISTRIBUTORS  
TO OUR PURE HERBS FAMILY  
33,482 THRU 33,920**

You may call us at:  
**(800)860-HERB (4372)** and  
place your order directly.

#### **Shipping rates are as follows:**

\$ 99.99 and under	\$7.50
\$100.00- \$249.99	\$8.50
\$250.00 -\$499.99	\$10.00
\$500.00 – \$1199.99	\$12.50
\$1,200.00 and up	\$17.50

**C.O.D. FEE IS \$10.00**

Please note: 1/2 oz. bottles and 1 oz. bottles are shipped separately from the 4 oz. bottles because they must be shipped in UPS approved boxes. So, if you place a 1/2 oz. & 1 oz. order AND a 4 oz. order at the same time, they each have to be shipped as separate orders with separate shipping charges. Capsules, tablets and/or creams/lotions and plastic spray bottles can be put in either a 1 oz. or 4 oz. box, or shipped by themselves if you do not need any liquid herbs. Capsules, tablets and/or creams/lotions shipped without 1/2 oz., 1 oz. or 4 oz. bottles are at the same rate as above.

### **RETURN POLICY**

Due to F.D.A. regulations regarding food products, Pure Herbs, Ltd. has a no return policy. The exceptions are breakage and manufacturing defects. To return a product, you must receive prior approval. In the case of shipping errors, returned bottles **must** be as shipped (free of store pricing labels) and returned in a timely manner (with current lot numbers). All items returned with non-current lot numbers, distributor labeling, or two weeks after receipt, will be charged to your account. This policy is necessary as the returned product must be destroyed due to F.D.A. regulations.

**NOTE RE: RENEWALS**

We are receiving more and more applications when all you want to do is renew. Applications are **NOT** needed nor requested for renewals. Simply put a check in the mail, fax a small note or call us to let us know you want to renew using a credit card. Receipt of an application means a new membership!! If your renewal is more than 90 days past due, then you will need a new application and you will receive a new distributor number. If on the other hand, your renewal is due and you are within the 90 days grace period, please **DO NOT** send an application. If it is your wish to change sponsors in conjunction with your renewal, please write a note indicating that you are due to renew on (give the date) and that you wish to change sponsor from (give the name) to (give the name of the new person). Please be aware that only distributors can change sponsors, not directors. Also, if you change sponsors and you have people under you, you will lose those people. They do not change with you. Again, please no applications if you are renewing. Thank you.

***R. & S.-W ON SPECIAL THIS MONTH***

**R. & S.-W - (REST & SLEEP)** - The Master promised rest for all those who came unto Him that were heavy laden. Rest and sleep are part of the recuperative process for those who need repair to any area of the body. Physically, rest and sleep are provided for in Nature by many of the Creator's gifts. This combination assembles an impressive array of those foods for the nervous system, which calm, release tension and repair the nervous system. Of particular benefit is the non-addictive quality of herbs intended for our use. With the proper rest and sleep the world looks a lot friendlier.

COMBINATION: **Valerian Root, Blue Vervain, Lady's Slipper, Chamomile and Scullcap.**

**CONGRATULATIONS "2009" CONVENTION QUALIFIERS**

Linda & Charles Hicks  
Solomon & Anna Mae Wickey  
Jake & Elizabeth Schwartz  
Dr.'s Frank & Irene Miesse  
Lloyd & Magdalena Weaver  
Richard & Carol Dicks  
Paul & Mary Ann Hilty  
Lowell & Carolyn Jess  
Jo Ann & J.D. Riggs  
Rosemary & Hayden Foster  
Tammy Williams  
Jim & Marion Jones  
Jesan Spencer  
Calvin & Margaret Taylor  
Donna Perkinson  
Ella Faye & Rady Holder

Betty Harbour & Rhonda Williams  
Dawud & Khadija Abdur-Rahmaan  
Joseph & Veronique Desrosiers  
Bella & Arkady Vladimirovsky  
Dr.'s William & Mildred Horosh  
Sam & Anna Mae Schwartz  
Irene & Kathy Gauthier  
Dennis & Karen Supina  
Cora Malinda Schlabach  
Clarrisa (Beth) Aukerman  
Maxine Murray  
Rosika Mahony  
Charles & Edna Ford  
Chris & Gena Swihart  
Shelly Oerlemans  
Lillie Wagler

Ron & Glenda Nichols  
Jim & Pat Courter  
Chad & Faith Silveus  
Geneva Gile  
Thomas Anstett  
Tom Slider  
Iris Sylvia  
Lon & Sherry Slider  
James Krutz  
John & Ruth Zehr  
Jon-Lynn Yaden  
Valentine & Susan Byler  
Pat Geiger  
Ann Wade  
Pat Castro  
Peggy Ford

**IN CHARGE OF PRODUCTION SAYS:**

**"Spring is in the air and so is the smell of fresh herbs."**

**"1 April 2010 Al Pfund "Uncle Al", I.C.O.P. (In Charge Of Production)**

## SEMINAR & PROMOTIONAL INFO & OTHER IMPORTANT NOTES

We list all Seminars at no cost to the Directors as long as it is a Pure Herbs, Ltd. Seminar, Course or Advanced Courses with specific dates and our product is being endorsed. Our Newsletter goes out to thousands of Distributors and is a great way to let people know what you're doing.

### MICHIGAN—DETROIT

Dawud Abdur-Rahmaan, D.H.S., Master Herbalist of the Michigan Institute of Natural Health, is offering Herbal Extract class. Become certified as an Herbal Extracts Specialist. Learn usage of natural herbs and their healing properties. Correspondence courses are also being offered. Learn to manage your own health by using Pure Herbs extracts. "If you don't pay attention to your health now, your health will get your attention later."

**DATES:** Every Mon., April 19, 2010 thru Mon., July 5, 2010  
Every Wed., June 16, 2010 thru Wed., Sept. 8, 2010

**TIME:** 7:00 p.m. till 9:00 p.m.

**COST:** \$250 plus book fee of \$65

**PLACE:** 1128 Atkinson, Detroit, MI 48202

**For further information or reservations, please contact Dawud at: 313-865-0018 or 313-820-6388.**

### MICHIGAN—SOUTHFIELD

Irene's Myomassology Institute is offering a class in basic Herbology. This is a two day seminar. The presentation speaker will be Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.

**DATE:** Sat., May 22, 2010 thru Sun., May 23, 2010

**TIME:** 9:30 a.m. till 5:30 p.m. both days

**PLACE:** 26061 Franklin Rd, Southfield, MI 48034

**COST:** \$312 (non-student fee)

**For further information or reservations, please contact Irene's Myomassology Institute at: 248-350-1400.**

### INDIANAPOLIS—INDIANA

David Morgan, Consultant Practitioner and Master Herbalist of the Word and Herb Clinic is teaching a seminar and workshop. Come learn the Health Benefits of using Pure Herbs products.

**DATE:** Sat., April. 24, 2010

**TIME:** 10:00 a.m. till 3:00 p.m.

**COST:** \$100

**PLACE:** Hilton Hotel North – "Ambassador Room"  
8181 Shadeland Ave.  
Indianapolis, IN 46250

**For further information or reservations, please contact Dr. David at: 317-313-0657**

### GLASGOW—KENTUCKY

Dr. David Strahley, Ph.D., of Stress Management Resources, is offering a workshop for those throughout the state who want to learn how to use herbal extracts for the management of stress-related disorders.

**DATE:** Wed., April 14, 2010

**TIME:** 7:00 p.m. till 9:00 p.m.

**COST:** Free

**PLACE:** 208b YMCA-Way  
Glasgow, KY

**For further information, please contact Dr. Strahley at: 270-612-0601.**



**PEPPERMINT OIL** — A note to All of our long time loyal herbalists, practitioners and users of our Peppermint Oil: The extra "flowery/aromatic" scent flavor you noticed in the new batch of our new Peppermint Oil is normal. Sometimes you will find this taste and aroma in a therapeutic, natural, high grade Peppermint Oil taken very fresh from nature. Thank you for your under-

### WHEN FAXING AN ORDER IN:

If you use your own fax form, as opposed to the Pure Herbs fax form, please, please use a larger font size. Fax orders are getting so hard to read because the print is so small that we are having to pull out the magnifying glass. Also, please separate the 1-oz. and 4-oz. so there will be less of a chance of a mistake being made. We have to put the 1-oz. and 4-oz. bottle orders in the computer separately. Thank you.

## PROMOTIONAL INFORMATION *READ ON FOR GREAT WAYS TO BUILD YOUR BUSINESS . . .*

**PROMOTIONAL PAMPHLETS IN ENGLISH AND SPANISH:** For promotional pamphlets in English and Spanish from very successful Distributors, please contact: **Arkady or Bella Vladimirsky at: 956-631-3772.**

### **GREEN HERBAL BOOKLETS FULL OF HERBAL PRODUCT INFORMATION (Super Business Builder):**

For those of you wanting to order more of those wonderful green booklets full of herbal product information, please contact: **Frank or Irene Miesse at 937-325-2173.** The cost of these booklets is 75 cents each or if you purchase 50 or more the cost is only 70 cents each. If you would like to contact Frank & Irene by mail the address is: 2525 Springfield-Xenia Rd., Springfield, OH 45506

**TESTIMONIAL BOOKLETS:** Purchase and distribute everywhere the Success Testimonials booklet. Make sure to put your name, address, phone number and/or e-mail address on the back of each one and then just sit back and the people will come to you. Most people want to get healthy and when they read how to, from real success testimonials, they will want to try it on themselves and let others try it too. In other words, they will call you and order from you! What a great way to build your business, don't you think!?! Call Pure Herbs at: 1-800-860-4372 to place your order today. See page 7 for order details.

**HERBAL HANDBOOK FOR PRACTITIONERS:** This handbook contains information on: Bowel Management Program, Cold, Flu or Worse, Green Drink, Bad Cells, The Importance of Protein and Suggested Sources, Gall Bladder and Liver Flush, Full Nervous System Application and Vaginal Suppository. Call Pure Herbs at: 1-800-860-4372 to place your order today! See page 7 for order details.

## PURE HERBS, LTD. SUCCESS TESTIMONIALS USING PURE HERBS PRODUCTS

**April 8, 2009** “I was hospitalized and officially diagnosed with kidney stones in Aug. of 1977, at which time I also found out I was pregnant with our second child. I have had a history of elevated uric acid. I found out in my eighth grade year while participating in band that all the keypads on my new clarinet had turned brown and began disintegrating. The reason came back in the report that I had high amounts of uric acid in my saliva. The next piece of the puzzle came as a red flag when I had difficulty running laps in gym class due to sharp pains shooting through my lower body. I have struggled with pain and interrupted sleep ever since I can remember. I even tried Allopurinol last year, which helped somewhat, but I did not want to take any pharmaceuticals if there was an alternative. I tried drinking organic tart cherry juice, but I could not ingest enough daily to offset the situation. I gave up my one cup of coffee a day two years ago and I could not tolerate tea as it has a lot of tannic acid. Finally, I read a testimonial in your January 2009 Newsletter about your **Tart Cherry Extract**. I ordered it immediately and found that I needed 2 droppersful in the a.m. and at least two in the p.m. I do not take it in water, I just place it under my tongue for 5 seconds, then follow it with water. The taste is good! I can even enjoy an occasional cup of coffee now and then. This is RELIEF!!! I had prayed for an answer and God led me to it. Thank you Pure Herbs and the good Lord.” —R. W., Clinton Twp, MI

**June 19, 2008** “I have been taking **A.C.S. (All Cell Salts)** since January 2008. I take two capsules a day along with my other supplements (**Cascara Sagrada capsules**, **Alfalfa capsules**, **Bee Pollen** and **Vita-Lixir** and I also take Beet juice). I do not eat the sweets like I use to. In the five months of taking the **A.C.S.** I have only had sweets four times and that is only because I wanted to. I didn't feel like I had to have them. I have lost 17 pounds since January and I feel like it has been because I take the **A.C.S.** daily. I feel this way because one day I forgot my vitamins and my **A.C.S.** and in the afternoon time I needed to eat something sweet so I ate two scoops of ice cream with chocolate and a piece of cake. I ate it with joy, but when I take the **A.C.S.** I do not feel that need to eat sweets. My herbal teacher says that if you need sweets, it means you are lacking minerals.” —D.E., Ann Arbor, MI

**December 11, 2009** “I have been dealing with O.C.D. (Obsessive-Compulsive Disorder) most of my life. Last year I turned to Pure Herbs for help and started using **Kava Kava Comb**. What a difference it made in my life! Lately, I have been helping my niece with her two sons one is 11 years old and the other is 14 years old. They have O.C.D. and A.D.H.D (Attention Deficit Hyperactivity Disorder). The first night they stayed with me I told them about **Kava Kava Comb**. and how it helped me. They wanted to try it (they were not on medication). They took their first dose that night and again before school. When I picked them up that evening they told me that the **Kava Kava Comb**. made a difference and helped them to focus on their school work. I wanted to mention that I have also been trying to rid my body of chemicals, etc. because cancer runs in my family. I take **Sutherlandia Comb**. and have stopped eating wheat, corn, pork and dairy products and I rarely eat beef. The result is that I have gone from a 42” waist to a 34” waist in about three months time. Praise God because now I have the energy to keep up with two teenage boys. Thank you Pure Herbs.” —R.T., Splendora, TX

**July 2, 2008** “May God Bless everyone who is a part of making Pure Herbs products. I read a testimonial about an herbal combination called **M.Y.O.-C**. I was feeling tired and run down, so I decided to try the **M.Y.O.-C**. Not only did my energy improve, but my lower back pain was gone. I will always recommend your products!” —Darlene Lemanski, MI (586)751-3054

**August 25, 2008** “My friend and herbalist suggested I include a four ounce bottle of **C.C.E.-W** in my herb order so I would have it if I ever needed it. Sure enough, the next week I felt like I was coming down with something, the way I feel when I am coming down with a cold. She told me to take one Tablespoon every four hours. It was a miracle! The results were almost immediate! My symptoms went away! Whatever I was coming down with was headed off at the pass. I will keep **C.C.E.-W** on hand. Aren't I lucky to have a friend who is an herbalist!? Aren't I smart to do what she says!” —W.L., Thiensville, WI

**January 2, 2010** “I have had a lot of stress in my life over the past year and I was having a difficult time getting to sleep at night. My girlfriend recommended I try **R. & S.-W**, so I did. Wow!!! What a blessing that I can now sleep at night! Thank you Pure

### WE ENJOY YOUR TESTIMONIALS, PLEASE SEND THEM IN!

#### IMPORTANT NOTE:

When sending in a testimonial, please be sure to include which herbs you have used to help you. We have received many testimonials which do not give this information and then we have our Distributors calling, wondering which herbs were used.

If you would like to send in your success testimonials, address them to: Pure Herbs, Ltd. — 33410 Sterling Ponds Blvd., Sterling Heights, MI 48312

Please let us know if we can publish them in our bi-monthly Newsletter and put them on our website Also, let us know if you would like your name and phone number used. If you would only like the initials of your name to be used, please specify that. We would love to hear from you! **When your testimonial is published you will receive a free 4 ounce bottle of your choice (it is your responsibility to call us) with free shipping. Please note some testimonials have been edited for space, clarification, syntax &**

## TESTIMONIALS CONTINUED

**July 22, 2008** “My cat was diagnosed with impending hyperthyroidism. Her thyroid levels were above normal and she was yowling. This yowling is what first made me think she was hyperthyroid as that’s a symptom of hyperthyroidism. The vet said it would only get worse as time went on, and the allopathic treatment options weren’t acceptable to me. Radioactive iodine treatment, to destroy the thyroid, would, well, destroy her thyroid, and then she’d be walking around radioactive for quite some time, peeing and pooping radioactively in the house. After that, she’d have to have thyroid medication (the same as if they surgically removed her thyroid). In any case, it turns out that treatment wasn’t even available to her because she already had kidney problems. So the other option was Tapazole, a medication to inhibit the activity of the thyroid, which has to be applied, with gloves, to the cat’s ears. This drug eventually kills the cats other organs because it is very hard on the liver. It can also cause bone marrow suppression. I decided to look for another solution. I’d found a Pure Herbs testimonial of a woman who had Grave’s disease (hyperthyroidism in humans) and had rubbed **Black Cohosh, Burdock, Arnica** and **OI’ Number 11** on her throat twice a day. She also took one tablespoon of **OI’ Number 11** per day. When she went back to the doctor, her thyroid numbers were normal. I decided to give this regimen a try (although I couldn’t rub anything on the cat’s furry throat!) I put eight drops in the cats wet food (a kitty sized dosage based on her weight) three times per day for three months. I then took her back to the vet and her thyroid numbers were normal! She doesn’t yowl and seems perfectly well and is back to harassing her kitty brother like mad. I keep telling the Veterinarian about the herbs I use on the cats (I also use **Cornsilk** and **Motherwort** for my cats kidneys), but he looks at me a little funny. Now all he says is ‘Keep doing whatever you’re doing!’ And the same goes for you Pure Herbs!” —M.M., Chicago, IL

**December 12, 2008** “Just wanted to drop a quick note to tell you about my wonderful pregnancy, labor and delivery using Pure Herbs products. I began by using **P.N.-W**. In the past, I had always taken a prenatal vitamin tablet, which was difficult to swallow a lot of time because of the nausea. The **P.N.-W** liquid was much easier to get down during my first couple of months of morning sickness. During my last six weeks, I took **L.6W** (last six weeks) to prepare my body for delivery. This was my easiest baby to deliver yet. . .and this was number seven! He was born in 45 minutes. At the beginning of hard labor I rubbed **Arnica** all over my my belly and back followed by Herbal Adjustment. I also rubbed essential oil of **Spikenard** on the bottoms of my feet. This is the second baby I have had standing up and gravity definitely works with you! I gave one big push and our baby boy was here! I tell everyone, if you want to see God, have your baby naturally and at home. . .what a beautiful experience. A couple of weeks after he was born I began using **M. & B.-A** for my breast milk. All is well. He is a fine healthy boy and I was able to go back to work after two days and I was full of energy. I am so thankful for you Dr. Watkins and having the privilege of meeting you in person and the benefit of your years of herbal wisdom. God Bless.”

## CLARITY OF EXTRACTS

Some of our liquid herbal extract products are naturally “cloudy” in appearance due to the character of the herb or herbs dissolved or suspended in them. No matter how long they set, they will never appear completely clear. Note: these dissolved or suspended particles make the product do what it is supposed to. Occasionally, there will be some settlement of the herb or herbs dissolved or suspended in the liquid around the sides of the bottle or on the pipette (eyedropper). The explanation for this is that, with some herbs or combinations of herbs, their particles float in the extract liquid during the filtering process and later settle some. Temperature and pressure changes can and do influence this occurrence during and after making an extract. Also, it should be noted that herbs and good herbal extracts contain some natural oils, and some of these oil droplets may appear on the surface of the herbal extract. Both the particles and natural oil droplets could be removed, but then the extract would not be as strong. This is part of your guarantee that we put as much herb or herbs as possible into your extracts. This same occurrence can also be observed in natural juices where some settlement occurs. Shaking the juice or herbal extract prepares it for use with its full taste and effect.

## COLOR AND TASTE OF HERBAL EXTRACTS

Herbs come from nature, and just as no two apple crops from one year to the next, or even any two apples from the same tree taste exactly the same, so it is with crops of herbs. This is part of the endless and wonderful variety which nature provides for you. You may therefore notice slight differences in color or taste from one year to the next. It’s something like your mother’s potato soup. She can use her recipe and the same ingredients two days in a row and the soup is always different, but always good. Rest assured, all of our herbal products do measure up to our known and established standards of quality and excellence before they are approved for use. This is so you can rely on them and have what you expect from them when you use them.

With kindest regards,

Dr. Eugene C. Watkins

With best wishes,

Gisela Watkins

Best wishes,

Aaron Watkins

### OLD PHILOSOPHER'S CORNER

“When you are in the presence of true beauty, you feel so light you could just lift off.”

Dr. Eugene C. Watkins



**THE CENTER FOR BUILDING BETTER HEALTH NATURALLY, INC. / HERBAL RESEARCH GROUP**

Director Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.

P.O. Box 1146 , Berkley, MI 48072

FAX (586)446-8218 PHONE (586)323-6631



Ship to: \_\_\_\_\_

Street: \_\_\_\_\_

City/State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

The material offered here shows a person how to put herbal programs together for a multitude of different conditions commonly encountered when practicing with herbs. It lets you look over the shoulder of an N.D., Naturopathic Doctor, (Doctor of Natural Medicine).

HERBAL PRACTICE LIBRARY MATERIALS	Number of copies ordered	Price
UPDATED (2009) <u>HERBS FOR YOU— BUILD BETTER HEALTH NATURALLY</u>		\$21.95
UPDATED (2009) SUPPLEMENT TO THE COPYRIGHTED WORK <u>HERBS FOR YOU— BUILD BETTER HEALTH NATURALLY</u>		\$17.95
HERBAL RESEARCH GROUP VOLUME 1 (*DELUXE EDITION)		\$21.95
HERBAL RESEARCH GROUP VOLUME 2 (**working edition)		\$15.00
HERBAL RESEARCH GROUP VOLUME 3 (**working edition)		\$15.00
HERBAL RESEARCH GROUP VOLUME 4 (**working edition)		\$15.00
HERBAL RESEARCH GROUP		
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## PLEASE OPPOSE S. 3002

### The Anti-Dietary Supplement Bill of 2010

(Today's date) \_\_\_\_\_, 2010

The Honorable Senator John Sidney McCain, III (AZ):  
241 Russell Senate Office Building  
Washington, DC 20515

#### **The Dietary Supplement Health and Education Act (DSHEA) is under attack again!**

S. 3002, the Dietary Supplement Safety Act of 2010 introduced by Senators McCain and Dorgan is regulatory overkill. **As your constituent, I urge you to oppose this bill.** The FDA has sufficient authority to regulate dietary supplements. This bill will create undue regulatory burden for responsible manufacturers and distributors of dietary supplements and do nothing to stop the unlawful activity of a handful of unscrupulous businesses.

- **S. 3002 calls for onerous additional mandatory registration** duties for manufacturers as well as distributors of dietary supplements. **This would include individuals and small businesses involved in multi-level marketing companies that sell dietary supplements.**
- **S. 3002 would impose civil penalties** for non-compliance equal to double their gross profits when a violation of certain provisions of the food law occurs.
- **S. 3002 expands the existing mandatory reporting on serious adverse events to include ALL non-serious adverse events, even when no proof or verification of causation is determined.**
- **S. 3002 contains NO procedural safeguards for abuse of power in the case of removing dietary ingredients from the market. Seller's would be forced to litigate with FDA (which could take years) before proceeding to a court of law and returning product to market, S. 3002 sends a signal of support to backdoor a policy shift towards the dangerous 'permission please' "positive list" policy implemented in "Europe. This concept has dramatically restricted Europeans access to dietary supplements. I strongly oppose such a policy in the United States. Don't let dietary supplements be regulated out of existence!** Dietary supplements are used by more than 2/3rds of Americans. They promote wellness and improve health. This is an attempt to dismantle DSHEA, a law that was enacted following years of hearings and debate. **The current Administration is aggressively enforcing the law and needs no further powers or regulatory burdens. Please DO NOT Co-Sponsor S. 3002, the misnamed Dietary Supplement Safety Act of 2010 and work to oppose it.**

Name [Signature]

Name [Print]

Address

City

State

Zip code+4

This letter was prepared by Diane M. Miller, JD, Ms. Beth Clay and Mr. Clinton Ray Miller, Health Freedom Advocates. For More Information visit: [www.codexfund.com](http://www.codexfund.com)  
Fax signed letter to 1- 202-318-7557 for personal delivery.

# PLEASE OPPOSE S. 3002

## The Anti-Dietary Supplement Bill of 2010

(Today's date) \_\_\_\_\_, 2010

The Honorable Senator Byron Dorgan (ND)  
322 Hart Senate Office Building  
Washington, DC 20515

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S. 3002, the Dietary Supplement Safety Act of 2010 introduced by Senators McCain and Dorgan is regulatory overkill. **As your constituent, I urge you to oppose this bill.** The FDA has sufficient authority to regulate dietary supplements. This bill will create undue regulatory burden for responsible manufacturers and distributors of dietary supplements and do nothing to stop the unlawful activity of a handful of unscrupulous businesses.

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