

PURE HERBS, LTD.

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APRIL/MAY 2011

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ATTN: WALK-IN CUSTOMERS

The Macomb County Department of Roads is scheduled to begin the bridge rehabilitation project on 14 Mile Road. The bridge is located on 14 Mile Road between Mound & Van Dyke. This project is scheduled to begin in early April 2011 and re-open to traffic by early July 2011 with a final project completion date of mid September 2011. In order to get to Pure Herbs, Ltd. you will need to take the Walmart service drive.

RISKY BUSINESS

Have you ever lost power,
 Cell phone battery went dead,
 Or had a family emergency?

STOP

Please stop waiting, for the last day, last hour, last minute to place your orders.
 Take responsibility for your business.



UVA URSI

HIGH FIVE APRIL SPECIALS

Purchase three bottles (must all be the same product and the same size) of the following HIGH FIVE PRODUCTS and receive the 4th bottle free. To take advantage of the special, the three purchased bottles and the FREE bottle must be the same product and purchased at the same time from the list below. Example: Purchase three bottles of KID-W and receive a fourth bottle of KID-W free. No Purchase Volume will be paid on any free bottles.

- ◆ **SI.A-R** — Sinuses & Allergies.
- ◆ **KID-W** — Helps to repair severe kidney problems.
- ◆ **T.G. & P.-W** (Teeth, Gums & Plaque) — Cleans the roots of the teeth and helps to correct swollen gums, helps to dissolve plaque and can be used as a mouth rinse.
- ◆ **RED CLOVER BLENDED** — Dissolves “bad cells” & tumors, lymphatic disorders and skin “dis-eases”.
- ◆ **OIL OF CAJEPUT** — Apply externally to kill fungus & infection. Also use for bites, parasites, poisoning, allergies, sprains & aches, serious injury, colds, cough & flu, stuffed up nose, canker sores, cold sores, expel mucus, sore throat, head lice, yeast problems, swollen breasts, antiseptic and acne.

PURE HERBS, LTD. OFFERS MONTHLY SPECIALS. BE SURE TO ASK ABOUT THEM WHEN YOU CALL YOUR ORDER IN!

THIS INFORMATION IS OBTAINED FROM THE CENTER FOR BUILDING BETTER HEALTH NATURALLY, INC. AND HAS NOT BEEN REVIEWED OR APPROVED BY THE AMERICAN MEDICAL ASSOCIATION OR THE FOOD & DRUG ADMINISTRATION.

NOTE: THE MONTHLY SPECIALS ARE ONLY VALID DURING THE MONTH OF THE SPECIAL.

SEE PAGE 3 FOR NEW SHIPPING RATES, NEW C.O.D. FEE AND SIGNATURE REQUIRED FEE.

SEE NEW
 PRODUCT
 WRITE-UPS
 ON
 PAGES 4
 & 5.

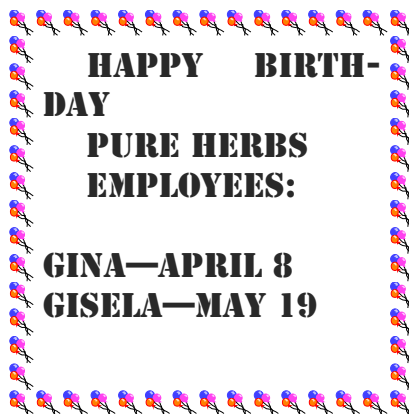
NEW PRODUCT
 ANNOUNCEMENTS:

 GOLDEN DAYS
 &
 LLOYD'S FORMULA



NEW DIRECTORS FOR JAN/FEB 2011

Rebecca Hanks	Alba Sims
Geuns Eustache	Laura Hall
Robert Mollett, Jr.	Jan Benner
Dolly Effenhofer	Cathy Kemp
Sara Benavidez	Dreama Tener
Angela Sabatini	Mariah Flood
Gretchen Clinton	Glenda Watson
Manuel Castaneda	

CONGRATULATIONS TO ALL OF YOU!**OFFICE HOURS**

Pure Herbs, Ltd. is open Monday-Friday 9:00 a.m. till 5:30 p.m. eastern time (E.T.). At 5:30 p.m. we start our end of day computer clean-up; so, we do lock our doors promptly at 5:30 p.m. and activate our voice mail system for your phone calls. If you need to place an order, and it is not during business hours, please call 800-860-4372 and you will automatically be transferred to our voice mail system. Our voice mail system has many options to choose from; make your selection and then leave a detailed message. Always leave your last name, Distributor Number, a phone number and method of payment (we accept Visa, Discover, MasterCard, and American Express, or you can pay C.O.D. by check or money order only). Please specify if 1 oz. or 4 oz. bottles, capsules, tablets or cream/lotion. If you have a rotary phone, stay on the line and you will have the opportunity to leave a message at the end. Also, please be aware that during business hours when all of our lines are busy you will automatically be transferred to our voice mail system.

NOTE TO ALL DIRECTORS:

All orders and P.V.T. (Purchase Volume Transfers, which refer to products that were ordered by Distributors that you did not sponsor) **MUST** be called in, faxed in, or received by mail before 5:30 p.m. E.T., on the last business day of the month, which would be Monday-Friday, i.e.: if the 30th is a Saturday, the last business day would then be Friday the 29th.

All orders and P.V.T. called in after 5:30 p.m. E.T. will automatically go on the next month. Legal holidays are not considered business days. This could be very important to you or your downline. It is your responsibility; and it will be your responsibility to correct any problems in your downline, should you fail to adhere to these rules. There are no exceptions. Also, keep in mind that during holidays the mail service will probably take a little longer.

***We will be closed Monday, May 30, 2011 to observe the Memorial Day holiday.**

ATTENTION WALK-IN CUSTOMERS

Please call your orders in ahead of time. Also, keep in mind that we are not permitted to give out advice, so please refer to your books or call your upline with your herbal questions **before** coming in to pick up your order. Thank you for your consideration. Also, all orders must be picked up or paid for before 5:30 p.m. the last business day of the month, otherwise the order **WILL NOT BE COUNTED FOR THAT MONTH**. This may be important to you and your business. This is your responsibility. Thank you.

Please try to have your Distributor number ready when calling an order in. Also, please have your order ready to place and your credit card number handy.

THANK YOU!

WELCOME NEW DISTRIBUTORS
35,862 THRU 36,354

You may call us at:
(800)860-HERB (4372) and
place your order directly.

Shipping rates are as follows:

\$ 99.99 and under.	\$ 9.50
\$100.00 – \$249.99.	\$12.50
\$250.00 – \$499.99.	\$15.00
\$500.00 – \$1199.99.	\$18.00
\$1,200.00 and up.	\$20.00

C.O.D. FEE IS \$10.50

Please note: 1/2 oz. bottles and 1 oz. bottles are shipped separately from the 4 oz. bottles because they must be shipped in UPS approved boxes. So, if you place a 1/2 oz. & 1 oz. order AND a 4 oz. order at the same time, they each will be shipped as separate orders with separate shipping charges. Capsules, tablets and/or creams/lotions and plastic spray bottles can be put in either a 1 oz. or 4 oz. box, or shipped by themselves if you do not need any liquid herbs. Capsules, tablets and/or creams/lotions and plastic spray bottles shipped without 1/2 oz., 1 oz. or 4 oz. bottles are at the same rate as above.

RETURN POLICY

Due to F.D.A. regulations regarding food products, Pure Herbs, Ltd. has a no return policy. The exceptions are breakage and manufacturing defects. To return a product, you must receive prior approval. In the case of shipping errors, returned bottles must be as shipped (free of store pricing labels) and returned in a timely manner (with current lot numbers). All items returned with non-current lot numbers, distributor labeling, or two weeks after receipt, will be charged to your account. This policy is necessary as the returned product must be destroyed due to F.D.A. regulations.

SI.A.-R (SINUSES, ALLERGIES-REUBEN) — ON SPECIAL IN APRIL 2011

Brings a more complete approach to the relief of sinus problems. Allergies are often associated with and aggravate sinus conditions. Because of this, the effects of allergies must be handled to reduce the swelling as well as liquefying and draining the sinuses to relieve the pressure miseries. The problem of infections must be addressed with antibiotic herbs. The immune system must also be strengthened. SI.A.-R does all four of these things and more. SI.A.-R was developed from established herbal functions out of necessity and desperation to ease suffering Through experience, the formula’s originator, Reuben Schwartz, attests that SI.A.-R has proven itself to be very effective in stopping allergies and opening up the sinuses. He does not recommend that SI.A.-R be taken all the time. It is meant to bring quick relief and to be taken only when needed. Golden Seal is a powerful antibiotic. Bayberry liquefies and drains hardened sinus deposits. Bitter Orange opens breathing passages of the lungs and elsewhere. Thyme is also a proven remedy for many kinds of breathing problems. Indian Tobacco relaxes spastic conditions and functions as a poison antidote. Capsicum rapidly re-establishes circulation. Wild Rose Hips (and its associated rutin and hesperidin) are one of the finest natural sources of Vitamin C for repair, antidoting poisons and fighting infections. They also act as a catalyst to make the herb team more effective. Siberian Ginseng (Indian Sarsaparilla) and Licorice Root work with the adrenal glands to produce at least four dozen anti-stress compounds such as adrenaline and natural cortisone. Blue Vervain provides gentle and effective comfort for irritated nerves. Black Cohosh is one of the swiftest of poison antidotes to alleviate suffering.

COMBINATION: Golden Seal, Bayberry, Thyme, Indian Tobacco, Capsicum, Wild Rose Hips, Siberian Ginseng, Licorice Root, Blue Vervain, Black Cohosh and Bitter Orange.

SUGGESTED USE: When suffering, it is most helpful taken at the rate of 40 drops in juice or water, every 10 –15 minutes until relief.

*******NOTICE OF SHIPPING RATE CHANGES*******

Once again U.P.S. has raised its shipping rates. This time to a point where we can no longer absorb the cost difference. As much as we don’t want to do this to do this to you, we have to raise the rates.

As of March 1st, 2011 shipping charges are as follows:

\$ 99.99 and under	\$ 9.50
\$100.00 - \$249.99	\$12.50
\$250.00 - \$499.99	\$15.00
\$500.00 - \$1,199.99	\$18.00
\$1,200.00 and up.	\$20.00

Thank you for your understanding.

Please note: Please note: 1/2 oz. bottles and 1 oz. bottles are shipped separately from the 4 oz. bottles because they must be shipped in UPS approved boxes. So, if you place a 1/2 oz. & 1 oz. order AND a 4 oz. order at the same time, they each will be shipped as separate orders with separate shipping charges. Capsules, tablets and/or creams/lotions and plastic spray bottles can be put in either a 1 oz. or 4 oz. box, or shipped by themselves if you do not need any liquid herbs. Capsules, tablets and/or creams/lotions shipped without 1/2 oz., 1 oz. or 4 oz. bottles are at the same rate as above. Also if you want to ship overnight, second day air, or third day ground you will just incur that cost alone and no other cost, unless shipping C.O.D.

EFFECTIVE IMMEDIATELY: C.O.D. CHARGE IS NOW \$10.50.

NOTE RE: SIGNATURE REQUIRED:

Some of you are now asking to have your packages marked with signature required. We are happy to comply with your requests, but U.P.S. does impose a charge for this and that will be passed on to you.

The two options available are:

Signature Required for \$3.25 or Adult Signature Required for \$4.25



IN CHARGE OF PRODUCTION SAYS:

“Spring is in the air!”

1 April 2011 Al Pfund “Uncle Al”, I.C.O.P. (In Charge Of Production)

NEW PRODUCT ANNOUNCEMENT:

GOLDEN DAYS



You hear of people just swelling up with fluid so badly that the heart can't pump right any more. The increased fluid pressure causes the heart to labor terribly. Also the kidneys get damaged by this excess pressure and the whole body suffers because they can't filter out the fluid fast enough. The urine and other poisons back up in the system causing the body to retain even more fluid. These are life threatening conditions. If they cannot be corrected you may lose the person. This was the condition the Amish herbal practitioner Solomon Wickey found himself in. He was drowning in his own fluids. His lungs would fill up with fluid and the lower part of his body remained swollen. He could not function. The doctors could offer only temporary relief with things to force excess fluid out of the body. But this did not tell him what the cause of his problem was, let alone solve this life threatening condition. He almost died several times in the clutch of his suffering. Solomon had to solve this problem himself. In his desperation, as a man of great faith and love for the Creator's herbs, he reached out for guidance and help. An herbal formula arose from this search and it worked! Solomon called the formula GOLDEN DAYS. He revealed that a microscopic parasite gets into the brain and spine. (This area is known as the Central Nervous System or C.N.S.). The parasite interferes with the message sent from the brain and spine to the body parts. This causes paralysis type problems in the brain and spine and the function of the organs and glands they service. A weakening of the muscles and other very serious problems occur that go by many different names. We get the parasite from horses, dogs and other types of pets. Solomon says about 84% of the population is affected. He named the formula to correct this affliction GOLDEN DAYS because this sickness usually affects people later in life from their 50's on up. Here are some of the many functions of the formula's herbal parts. *Ground Ivy* reverses the tendencies to collapse under extreme allergic reactions, *Elecampane* keeps body cells tolerating each other (even in organ transplants), *Siberian Ginseng* (*Hemidesmus indicus*) is used to get rid of harmful radiation, *Bladderwrack* eliminates aluminum from the glands and body cells that forms the environment in which the parasite thrives, *Fenugreek* not only produces healthy sperm cells, it bring about the process of other cellular repair.

COMBINATION: Ground Ivy, Elecampane, Siberian Ginseng (*Hemidesmus indicus*), Bladderwrack and Fenugreek.

DOSAGE: 40 drops to 1 tsp. every 3 hours while awake as needed or as recommended by your natural care practitioner. If preferred, and or if the person cannot swallow, use GOLDEN DAYS externally. Apply to the entire length of the spine from the tip of the tailbone on up to the back of the neck. Make the application the width of the person's hand.

Testimonials:

"I was asked to write a testimony about the new formula Golden Days. I had no energy to get up and get going. I also didn't have energy or a desire to move at work. It seemed I was always draggin'. At the age of 49 I knew this wasn't old enough to be feeling this way all of the time. After taking Golden Days I have a hop in my walk again that I had not had for several years! I'm as good as new!"—D.H., Columbia City, IN

"I would like to tell you what Golden Days did for me. After being ill for 16 months, two weeks of which I spent in the hospital and five of the months of which I had a nurse coming to see me I then lost my oldest daughter and my health really started to decline. I have kidney problems, emphysema, slow Leukemia and Sjogrens. A friend of mine took me to see an herbalist and she recommended I try Golden Days. I started taking the Golden Days and I now have rosy cheeks and I feel like a new person. I can now do my own cooking, shopping and work in my yard. My family is so happy and thankful to see the great change in me. Thank you for Golden Days!" —R.A.

"My mother had been diagnosed with a form of dementia over five years ago. My father died of Alzheimer's in 1993, but it seemed different this time with my mother. My mother was on a lot of medications for many things including high cholesterol, high sugar and thyroid problem and she kept getting worse and worse. I suggested she take all natural supplements. After four months her doctor told her all her tests were the best they had ever been in her whole medical history. But, her memory was fading and she began having problems with her bowels. I prayed hard for an answer. Then two years ago I had the opportunity to study under an Amish herbalist. I brought my mom to him and he thought she might have brain parasites and suggested W-W to take for a long time. In the meantime the discovery was made about microscopic parasites and mom tested for them. These parasites destroy the nervous system. Golden Days was put together and mom took two teaspoons for four months. Her brain shows signs of healing and her bowels are normal again. We feel our prayers have been answered and we hope many other people will benefit from taking Golden Days because our nervous system is the most important system in the body." —D.H.

NEW PRODUCT ANNOUNCEMENT: LLOYD'S FORMULA



It is important to keep the blood clean so it can clean and nourish everything else it touches in the body. A specific problem in doing this is to rid the body of blood parasites that live in the blood. The practiced Amish herbalist, Lloyd Weaver found that many unsuspected parasites of the blood go undetected and cause a host of problems that just will not go away. They live in the blood feeding especially on red blood cells. The most common way we get these blood invaders is when we are bitten by “bugs” such as mosquitoes, ticks, lice, fleas, spiders, mites, etc.. This explains why some people might feel weak, ill at ease, feverish, or in some way kind of sick all the time. We seldom connect our feeling bad and its baffling symptoms with things that have bitten us. When we get blood parasites in this manner they infect our red blood cells and sicken our white blood cells. These sickened cells give off poisons. Further poisons occur when the red and white blood cells finally succumb and decompose in our blood stream. Additionally, as the parasites live in our blood stream, they deposit their wastes directly into our blood stream. The blood and other parasites insure their mischief continues by laying eggs in us. These hatch and the process starts all over. We never quite get well. It is necessary to break this vicious cycle of torment. Now there is a solution to this misery. The heart of this formula is the South American tree known as Cinchona which is known to kill blood parasites. In his search and belief Lloyd Weaver developed an effective herbal formula that does just that. After much testing and to the relief of many, we now have that answer known as LLOYD'S FORMULA. In practice, its use has produced much enthusiastic response and the gratitude of many.

COMBINATION: Green Hulls (Black Walnut), Cinchona Bark and Cloves.

DOSAGE: 40 to 80 drops two times per day until well. This may take two to four months, but it works.

Testimonials:

“I have been pleased with Lloyd's Formula from Pure Herbs. It is a good parasite formula. It not only gets rid of parasites, it also kills the eggs. I took 40 drops two times per day for two months and I now feel a lot better. I would recommend it to every one.”— M.G.K. Loogotee, IN

“We were very well pleased with Lloyd's Formula for parasites. Our family had wonderful results. Now we can have peace of mind knowing it is a complete cleanse with much less hassle using Lloyd's Formula. I would recommend it for both adults and children.”—R.M. Montgomery, IN.

“Lloyd's Formula has really helped me. After using it for two months, my organs are working much better and I have more energy.”—L. Graber, IN

HERBALOGY 101 FOR YOU

This is a two day live class experience with the herbs. HERBALOGY 101 FOR YOU is a two day live experience with an herbalist and students in words you can understand. Learn how to regain your health, maintain your present health and improve your health. Learn what you can do for what. Be better informed about herbs and nutrition and their benefits. The herbalist you visit with is the well known Doctor of Natural Medicine, Dr. Eugene C. Watkins, B.S.ed., M.S., N.D. You can learn in your own living room, hold a group meeting or just put the recorded disc in a DVD player, your computer or your television screen DVD player.

- ◆ Hold a meeting and invite your friends, prospective new customers or distributors to learn right along with you.
- ◆ Meet on a chosen week night or each week and coast your way through this absorbing, informative and entertaining visit with the herbs and herbalist.
- ◆ Great promotional tool for your herb business.
- ◆ Hold your own two day Herbal Seminar.
- ◆ A really pleasant way to absorb the herbs and what they do.
- ◆ Over 130 single herbs are discussed in a familiar and understanding manner so you can use herbs too. There are many Herbal Programs for internal and external use.
- ◆ Know what every herbalist can and cannot say.
- ◆ Enjoy the Nutritional Information everyone should be familiar with.
- ◆ Use the richly color illustrated book, “HERBS FOR YOU”, by Dr. A. B. Howard and follow along with this presentation. Take written information and color herb pictures along with you for quick reference.
- ◆ Here is an abundance of herbal wealth waiting for you.
- ◆ Knowledge is wealth. Share it.

OVER 11 HOURS

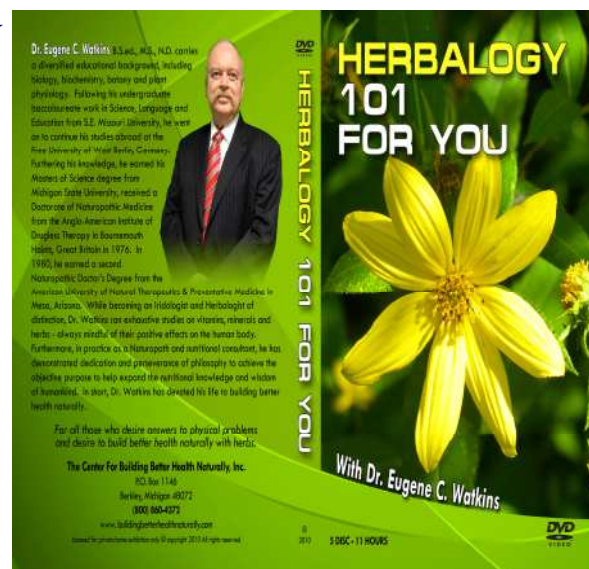
COST: \$79.95/DVD set plus shipping. We ship U.S. Priority Mail. The cost is \$6.85 for shipping and handling for the first DVD set. More than one set will be billed the actual postal rate.

TESTIMONIALS

Jan. 19, 2011 “HERBALOGY 101 FOR YOU unravels the mystery associated with herbs and health. Dr. Watkins’ simple and easy style of communication makes it easy for everyone to understand and enjoy. I would suggest to all herbalists to add this set of FIVE DVD’S to his or her collection. The information that it imparts is priceless!” —Dr. Dawud Abdur-Rahmaan, Michigan Institute of Natural Health, Detroit, MI

Jan 4, 2011 “I love Doctor Watkins’ DVD set! If you have not purchased this set yet I highly recommend that you do! It was extremely informative and I enjoyed every minute of each DVD. You feel like you were right there at the class. You not only get his extensive knowledge of the herbs from his travels all over the world, but you also get his sense of humor. It went beyond my wild-est expectations and I would recommend this to everyone! Thank you for the knowledge Dr. Watkins.” —A.H., Sterling Hgts, MI

Jan 20, 2011 “If you are skeptical or just curious about using herbs, watch Dr. Watkins’ DVD series Herbalogy 101 for you. This is a fantastic source of knowledge for preventative care and recovery.” —R.S., MI



SEMINAR & PROMOTIONAL INFORMATION

We list all Seminars at no cost to the Directors as long as it is a Pure Herbs, Ltd. Seminar, Course or Advanced Courses with specific dates and our product is being endorsed. Our Newsletter goes out to thousands of Distributors and is a great way to let people know what you're doing.



MICHIGAN—DETROIT

Dawud Abdur-Rahmaan, D.H.S., Master Herbalist of the Michigan Institute of Natural Health, is offering Herbal Extract classes.

Become certified as an Herbal Extracts Specialist. Learn usage of natural herbs and their healing properties. Correspondence courses are also being offered. Learn to manage your own health by using Pure Herbs extracts. "If you don't pay attention to your health now, your health will get your attention later."

DATE: Every Mon., May 16, 2011 thru
Mon., August 1, 2011

TIME: 7:00 p.m. till 9:00 p.m.

COST: \$400

PLACE: 1128 Atkinson, Detroit, MI 48202

OR

DATE: 6:00 p.m. till 8:00 p.m.

TIME: Every Wed, May 18, 2011 thru
Wed., Aug. 3, 2011

COST: \$400

PLACE: 1128 Atkinson, Detroit, MI 48202

For further information or reservations, please contact Dawud at: 313-865-0018 or 313-820-6388.

MICHIGAN—INKSTER

Doris Moton-Spruill, Master Herbalist, of Health and Wealth Management LLC is offering classes for the Michigan Institute of Natural Health. Become certified as an Herbal Extracts Specialist. Learn usage of natural herbs and their healing properties. Correspondence courses are also being offered. Learn to manage your own health by using Pure Herbs extracts. "If you don't pay attention to your health now, your health will get your attention later."

DATES: Every Thurs., July 7, 2011 thru
Thurs., Sept. 22, 2011

TIME: 7:00 p.m. till 9:00 p.m.

COST: \$400

PLACE: 310 Bert Lane, Inkster, MI 48141

For further information or reservations, please contact Doris Moton-Spruill at: 734-895-7409

MICHIGAN—DETROIT

The Center for Natural Health Care & the RAW Café are offering a four week comprehensive training program on combining the healing properties of Pure Herbs with the healing properties of RAW Food Nutrition for an effective and complete healing experience. LaKeta McCauley, C.N.H.P., Nutritional Consultant, Certified Herbalist and author of the book, "Taking Every "BITE" Seriously will be your instructor. Participants will learn the proper combination of Pure Herbs with RAW Food to achieve complete wellness & disease reversal. For example: The Pure Herbs combination B.P.-W is a great source of iron to nourish white & red blood cells and coupling with a raw lemon that will improve the absorption of iron & aid blood production and this is a good protocol for anemia. You want to learn more? Don't Miss This Class! All are Welcome. Internet Classes Available and DVDs of the Class are also available. Class Book included in the Course Fee.

TIME: 3:00 p.m. – 6:00 p.m.

COST: \$350.00

DATES: Sun., April 3rd, 10th, 17th & 24th

PLACE: The Raw Café 4160 Woodward Ave, Detroit, MI 48202

TO REGISTER CALL: (248) 790-6111 or (313) 778-9774

READ ON FOR GREAT WAYS TO BUILD YOUR BUSINESS . . .

POWER POINT PRESENTATION available from the Vladimirsky's in McAllen, TX

Build your business, promote **Pure Herbs** products, and **have fun** with PowerPoint Presentation: "Colon & Your Health" presented at the 2010 Pure Herbs convention. Available from: Arkady & Bella Vladimirsky 956-631-3772

PROMOTIONAL PAMPHLETS IN ENGLISH AND SPANISH: For promotional pamphlets in English and Spanish from very successful Distributors, please contact: Arkady or Bella Vladimirsky at: 956-631-3772.

GREEN HERBAL BOOKLETS FULL OF HERBAL PRODUCT INFORMATION (Super Business Builder):

For those of you wanting to order more of those wonderful green booklets full of herbal product information, please contact: **Frank or Irene Miesse at: 937-325-2173.** The cost of these booklets is 75 cents each or if you purchase 50 or more the cost is only 70 cents each. If you would like to contact Frank & Irene by mail, the address is: 2525 Springfield-Xenia Rd., Springfield, OH 45506

TESTIMONIAL BOOKLETS: Purchase and distribute everywhere the Success Testimonials booklet. Make sure to put your name, address, phone number and/or e-mail address on the back of each one and then just sit back and the people will come to you. Most people want to get healthy and when they read how to, from real success testimonials, they will want to try it on themselves and let others try it too. In other words, they will call you and order from you! What a great way to build your business, don't you think!?! Call Pure Herbs at: 1-800-860-4372 to place your order today. See page 11 for order details.

HERBAL HANDBOOK FOR PRACTITIONERS: This handbook contains information on: Bowel Management Program; Cold, Flu or Worse; Green Drink; Bad Cells; The Importance of Protein and Suggested Sources; Gall Bladder and Liver Flush; Full Nervous System Application and Vaginal Suppository. Call Pure Herbs at: 1-800-860-4372 to place your order today! See page 11 for order details.

HERBALOGY 101 FOR YOU: This is a two day live class experience featuring Dr. Eugene Watkins on DVD. You will learn how to regain your health, maintain your present health and improve your health. Over 130 single herbs are discussed in a familiar and understanding manner so you can use herbs too. Eleven hours of information are provided. See page 11 for order details.

ARE YOU OR YOUR PET FULL OF ALUMINUM?

“You may have read or heard of news articles about aluminum being a possible cause of Alzheimer’s disease, paranoia and learning disabilities. Alzheimer’s disease robs one of memory and life. It has to be one of the most terrible and dehumanizing things that torments our modern society. Aluminum has a special affinity or liking for the brain and nervous system and heads straight for them. This pollutes and interrupts their function. Herbal practitioners have also confirmed that the glandular functions of many men and women have been restored when aluminum contamination is flushed from the body. Many baffling and confusing conditions that have not responded to anything all of a sudden clear up. You may ask, ‘Where does all this aluminum contamination come from?’ That is a fair question. Here are a few of the most common sources: soda pop, beer, etc. in aluminum cans, baking powder used in our baked goods, aluminum drying agents in powdered food to prevent caking, aluminum cookware, baked potatoes and other foods baked in aluminum, over-the-counter preparations for upset stomach that contain aluminum-hydroxide, industrial manufacturing processes that dump aluminum into our air and water and don’t forget one of the worst things for a woman’s body, underarm antiperspirants made with aluminum-chlorhydrate. You have to figure whatever you put under your arm will wind up in the breasts and other parts of the body. You can see this is especially bad for women, and imagine the problems it can cause with the breasts. Put another way, we can safely say that most cancers in the body are caused by poisons. Perhaps a little aluminum now and then does no great harm, but constant use of it, especially from so many man-made resources, can constitute a health threat. It is not just people who suffer from aluminum poisoning. You hear much these days about bones not being able to retain enough calcium. It may interest you to know that aluminum competes with calcium for absorption in the body and lowers the female hormone, estrogen. Our dogs and cats fall prey to this aluminum contamination as well. Manufacturers of pet food, especially the dry type in bits, commonly use aluminum to keep it dry. Interestingly enough, despite all the piles of scientific evidence from animal hair and skin analyses, our Food and Drug Administration and the National Institute for Health have shown no interest in investigating this situation. If you notice that your pet has dry lusterless hair, is listless, has no energy, chewing wallboards and such and attempting to catch unseen things in the air, suspect aluminum poisoning. Their blood tests quite often show, along with aluminum, pancreas, liver and kidney damage. Home-made dog foods can help a lot. For people and pets, the use of sea vegetables, especially one known as Bladderwrack, does wonders for flushing aluminum out of the body. This can be added to one’s diet rather easily. For a person, 10 to 40 drops of a type of algae, liquid Bladderwrack (known as an extract) or one to four capsules per meal. And for a pet, depending on size, one to ten drops per meal or one to four capsules per day. While you are detoxifying dangerous metals, it may also be wise to keep in mind using still another type of algae. Chlorella can be used to detoxify heavy metals such as mercury or lead. Where you find one type of metal poisoning, you often find others. Chlorella can be taken in the same amounts as Bladderwrack. Please be patient. It may take awhile, even months, but at least it is comforting to know you are on the right road. Is it any wonder that our bodies have become polluted as we have polluted the earth with our modern drive for profit and better living through chemistry? Thank the Creator that herbal remedies have been provided for the relief of maladies of our own making!” —Dr. Watkins

Excerpted from copyrighted material from The Center For Building Better Health Naturally, Inc.

WHY WE APPLY SOME LIQUID HERBS EXTERNALLY

All parts of the body do not absorb nutrients at the same rate. Some body parts need a little extra help. They may be weak, damaged or congested. For instance, the lymph glands may be stuffed with dead cells and poisons they just can’t eliminate. The liver may be stunned with the residues from harmful medications and the chemical poisons sprayed on our vegetables and fruits to kill bugs. The bone marrow may be congested with chemically altered and artificial trans-fats. You run into a kind of toxic waste dump in those parts of the body. These areas may need some special help. Take the herbs internally and also put them directly over the organs or glands that are in trouble, two or three times per day. In this manner you nourish, clean, oxygenate, erase electrical upset to the nerves and repair body parts much easier. This is, of course, the great flexibility you have with high quality liquid herbs that are easily absorbed and straight from nature the way the Creator made them.

ABOVE INFORMATION IS OBTAINED FROM THE CENTER FOR BUILDING BETTER HEALTH NATURALLY AND HAS NOT BEEN REVIEWED OR APPROVED BY THE AMERICAN MEDICAN ASSOCIATION OR THE FOOD & DRUG ADMINISTRATION.

PURE HERBS, LTD. SUCCESS TESTIMONIALS USING PURE HERBS PRODUCTS

June 12, 2009 "I adopted a bull mastiff dog, Sampson, that was rescued from being put down. Sampson was very mistreated by the previous owner. The Vet said when he started to lift his leg and started to limp more, he would have to put him sleep. Sampson had three visual tumors on his leg and a tumor in his paw. I was advised to give Sampson **Red Clover Blended** and **A.M.F.-W**. I gave Sampson both products internally two droppers full twice per day. I also applied Red Clover Blended to the tumors on his leg and paw twice per day. I did this for three and a half weeks and then went back to the Vet and he tested negative for cancer. It no longer existed! Sampson was completely healthy and energetic. The tumors shrank away to dead skin!! The Vet cried and Sampson was given a clean bill of health! Thank you Pure Herbs!" —Kim Shrum, Warren, MI

Nov. 25, 2009 "In the past I had a lot of sinus infections that would send me to my doctor for antibiotics. But now that I found **SLA.-R** those days are gone! I take the **SLA.-R** at the first sign of trouble and it takes it away like magic! Thank you Pure Herbs!" —Bonnie Reiber, Royal Oak, MI

March 9, 2010 "I am writing to say thank you! My five year old daughter fell off the bed while jumping on it with her brother. She broke her arm. It was broken in a place where they could not cast it. All I could do was wrap her arm against her body with an ace bandage. A friend of mine, who was always telling me about **Cajeput** and Pure Herbs, gave me some **Arnica** and **Big Five plus Two**. Every day I put both on her arm, after bathing her, and then wrapped the arm. She liked them and said they made her arm feel better! When I took her back to the doctor they said her arm had healed completely! I am so thankful to the Lord, my friend who gave me the herbs and Pure Herbs! I would also like to share my experience with **Big Five plus Two**. I have a back problem and my chiropractor said that he would like to pop my neck to help improve my back. I was afraid so I told him next time we can try it. For two weeks I put the **Big Five plus Two** on my neck and when I went back to my chiropractor he popped my neck. It was not painful and he said it was very easy to pop! Again thanks! One more thing I would like to comment on is the **Oil of Cajeput**. My same friend that I mentioned above, told me about and sold me some **Oil of Cajeput**. My four children, myself and my husband were all sick with a bad cold. I put **Oil of Cajeput** on our feet, chest, back, throat and nose. That same night no one woke up coughing or unable to breathe! Now, I use **Oil of Cajeput** all of the time for all sorts of problems. I also recommend and give **Oil of Cajeput** to people in my family and at my church. I am currently involved with another herb company and because of that I did not want to join Pure Herbs. However, I was and still am not completely satisfied with the results I receive with the other herb company. I have only tried three products from Pure Herbs and all three have went above and beyond my expectations. So, I have now joined Pure Herbs and I am so excited to try and see how all the products they offer work! Also, I would like to thank Pat in Texas! My dad had a kidney stone and was in terrible pain. She was so smart and kind and helped me to help him through it. Thank you!" —Love in Christ, M.S., Westminster, CO

June 28, 2010 "To my great friends at Pure Herbs I have a great testimony on the **T.G. & P.-W**. Last May I was told by my dentist that I might have to have a root canal on my two front teeth. I was told that I had an abscess and tooth decay in my gums. I decided I wasn't taking that for granted and I started looking in my herb book and found the **T.G. & P.-W** and started using it like the book said to. To my surprise I went back to my dentist a year later for my cleaning and check-up and she said I didn't have an abscess and I didn't need to have a root canal. My gums have totally healed and I give God the glory and praise for giving me the wisdom to look in my herb book for the right herb; And I give Pure Herbs the praise for making all natural and wonderful healing products. Keep up the good work. God Bless." —E.J.W., Bowling Green, KY

Nov. 8, 2010 "Being a Distributor of Pure Herbs for a few year now, I'd like to thank the employees I've had contact with. Whether I'm placing an order by phone or in person, everyone is so nice. My orders are ready for pick up or shipping so quickly. I'm very satisfied with my association with Pure Herbs. I'd also like to give a testimonial on some of the herbs I've been taking to improve my health. My first introduction to the herbs was through an Amish Herbalist who helped me with my problem with double vision. He suggested I rub **Wood Betony** around my eyes. He also suggested I take **S.I.A.-R** to clear up my sinuses and **A.E.A.-B** to control my chronic bronchitis. Within a few weeks of taking the above named herbs, my double vision, sinus and bronchial problems cleared up. The medical Doctor I was being treated by for the problems said, 'Whatever you're doing, continue with it, as anything I could have done for the double vision wouldn't have worked so quickly.' I would like to share another testimonial with you. Last year I had a double bout with a urinary tract infection and the medical Doctor overloaded my system with antibiotics. Needless to say, the drugs blew out my immune system. It has taken more then a few months to get back in shape and I'm now on a maintenance program of **Three Bees** and recently I added **S.A.-4**. I don't feel as fatigued as I use to. I am 75 years old and I can understand that I will have some fatigue, but the combination of Three Bees and **S.A.-4** has definitely helped me to do my routine housework, attend the Senior's exercise classes and even enjoy my weekly painting classes again. Thank you Pure Herbs, keep up the good work. God has blessed you to provide." —S.O., Hendersonville, TN

Sept. 27, 2010 "My daughter had very bad depression problems and was on medication from the Doctor. She is now off the medication and taking **TRQ.-RH**, **Universal E.R.** and **B. & N. C.-W**. We mix the three together and they do a good job. Thanks to Pure Herbs." —L.E., Geneva, IN

WE ENJOY YOUR TESTIMONIALS, PLEASE SEND THEM IN!

IMPORTANT NOTE:

When sending in a testimonial, please be sure to include which herbs you have used to help you. We have received many testimonials which do not give this information and then we have our Distributors calling, wondering which herbs were used. Also, be sure to sign your testimonial. If you would like to send in your success testimonials, address them to: Pure Herbs, Ltd. — 33410 Sterling Ponds Blvd., Sterling Heights, MI 48312

Please let us know if we can publish them in our bi-monthly Newsletter and put them on our website. Also, let us know if you would like your name and phone number used. If you would only like the initials of your name to be used, please specify that. We would love to hear from you! **When your testimonial is published you will receive a free 4 ounce bottle of your choice (it is your responsibility to call us) with free shipping. Please note some testimonials have been edited for space, clarification, syntax & grammar.**

Nov. 30, 2010 "I started having trouble back in the Spring with pain in my right foot, especially the toes. I was drinking a lot of orange juice and was told that my PH level was too acidic. It was so bad that my foot was bright red and looked infected. Even though I don't eat sweets, drink colas or eat greasy foods, it would not go away. Walking was very painful. I tried cherries and Primrose Oil, which helped somewhat, but did not get rid of it. I decided to try **K.I.D.-W.** and it dissolved the uric acid! I applied the **KID-W** to the toes and foot and also took one dropperful internally. Within 20 minutes the pain was 80% gone! A week later all redness disappeared and I was able to walk fine! Before I tried the **KID-W** I could not walk in the house without socks. I am so thankful!" —B.R., Gamaliel, KY

Sept. 23, 2010 "I had my teeth cleaned a week ago and the Hygienist was so impressed. There was less depth in the 'pocket' of the one tooth that a partial hooks on to...and also how much tighter the tooth felt and the tissue around the gums were so healthy! I said, 'And I know WHY' and told her I'd been using **T.G. & P.-W** (teeth, gums & plaque) from Pure Herbs, Ltd....and had only been using it for 2 1/2 weeks!!! I bought the 1 oz. size....well, needless to say my next order will be the 4 oz. size. I have also used **T.G. & P.-W** in the past for an abscess and for healing a canker sore. Fantastic product to keep on hand for any tooth problem! I forgot to mention that the dentist always checks after the Hygienist finishes the cleaning and when the Hygienist told the dentist what I'd used he was also pleased with the results." —B.B., Traverse City, MI

July 10, 2010 "Just a testimonial note to share God's miracle of healing and encourage others. Fifteen years ago I was diagnosed with Stage Two Melanoma. The tumor was cut out and the dermatologist scheduled me for body mapping and lymph node removal. While waiting, God put Jethro Kloss' *Back To Eden* in my path. Meanwhile, a green spot resurfaced in the surgical scar. I followed Kloss' instructions for blood cleansing through fasting, raw juices, **Myrrh** and **Golden Seal & Echinacea**. Over the course of a month, the green spot shrank and finally completely disappeared. I canceled the surgery. Last year, an angry red spot appeared between my left cheek and the bridge of my nose. It would halfway heal, recede, then come back again. It was starting to burn. I didn't need a doctor to tell me this was some kind of skin cancer. I followed the instructions in the Pure Herbs manuals and put **Vitamin E** oil (from the gel capsules) on the spot, followed by **Oil of Cajeput**, then **Herbal Adjustment**. Once a day for two week I rubbed these on with a cotton swab, soaking all three on a gauze pad, plus one dropperful of **P.C.-C**. I then held the pad on the spot for about 20 minutes. Over the course of a few days, the skin turned brown, puckered and then finally peeled off. This scared me at first, until I realized what was happening. The **Vitamin E** prepared and protected the skin, the **Oil of Cajeput** and **Herbal Adjustment** opened the layers and the **P.C.-C** killed the bad cells. The whole process was mildly uncomfortable, but not painful. It has been over a month and the red spot has completely disappeared and has not resurfaced. The skin is smooth and normal. I praise God for this miracle. There's not much skin in that area for a surgeon to cut. They might have had to take off part of my nose. Thank you Dr. Watkins and Pure Herbs. Thank you Lord." —JL Godwin, Heltonville, IN

Nov. 16, 2010 "I have been a customer of Pure Herbs for about 11 or 12 years. During that time I have composed many letters (in my mind) to you expounding the miracles I've experienced. Here is the real letter! About 40 years ago I had extensive surgery on my gums for Periodontal disease. There after the surgery, I went to my Peridontist once or twice a year for deep cleaning and scaling of my teeth. My at home care was a water pic, flossing and brushing. Each time I went to have this procedure done I would have 'pockets' and my gums would bleed. The first part of April 2010, I went for a cleaning and I was very upset at the number of pockets I had and shortly after Pure Herbs **T.G. & P.-W** came to the rescue. I used **T.G. & P.-W** and I did nothing different in my daily care other than put **T.G. & P.-W** on my gums and swish it around and swallow. In October 2010, I went for a check up and didn't have a single deep pocket and I didn't have any bleeding during the cleaning. The question was, 'What are your doing?' I told the Doctor and his assistant about **T.G. & P.-W** and they said, 'Keep up the good work'. My gums are no longer receding and they are in fact re-growing and reattaching to my teeth. The color of my gums is a healthy pink. NATURE HAS THE ANSWERS, WE NEED TO LISTEN! Thanks Pure Herbs!" —B.D., North Fort Myers, FL

Feb. 13, 2011 "My daughter's dog had issues with her gums. She has big gobs of gum tissue in two areas of her mouth and gums covering her teeth and gums coming thru her teeth. I bought **T.G. & P.-W** from my Herbalist, upon his suggestion, along with **A.M.F.-W**. After using these two combinations for awhile I got a phone call from my daughter. She said, 'Mom, you know the big clumps of gums in Grady's mouth? Well, they are gone!' Next time I went to my daughter's house she showed me the dogs mouth. Thank you Pure Herbs for superior products!" —A happy customer

Nov. 2, 2009 "I want to say thank you for an error made on my last shipment in October. I ordered a 4 oz. **Astragalus** and received a 4 oz. **Ashwagandha**. When I received my order my first thought was the names don't sound the same, why did this happen. I reached for the phone and something in my inner Spirit said, 'Read your manual'. **Ashwagandha** is for a chronic condition. My husband has arthritis and I have migraines so I kept the product. My husband has been in chronic pain from his arthritis and upon taking **Ashwagandha** he forgets he has arthritis. He knows when he misses taking **Ashwagandha** because the pain returns." —B.R., Oak Park, MI

With kindest regards,

With best wishes,

Best wishes,

Dr. Eugene C. Watkins
President

Gisela Watkins
Vice President

Aaron Watkins
Operations

OLD PHILOSOPHER'S CORNER

"When it comes to herbs and getting a body well, you may need more than a five minute 'quick fix' of something to remedy years or a lifetime of neglect and abuse to the body."

Dr. Eugene C. Watkins
1 April 2011

**THE CENTER FOR BUILDING BETTER HEALTH NATURALLY, INC.
HERBAL RESEARCH GROUP**

Director Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.

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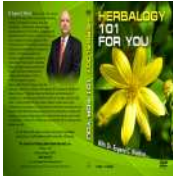





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