

PURE HERBS, LTD.

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PHONE: (800)860-4372 FAX: (586)446-8218
WEB SITE ADDRESS: www.pureherbs.com

AUGUST/SEPT 2006

Volume XV, Issue 4

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NEW DIRECTORS FOR MAY/JUNE 2006

Steve Fuhs
Marilyn Hooks
Helen Allen
Tammy Fleener
Sherry Smith
Roland Fleurizier
Linda Clifton
Amy Bridges
Amos Graber
Saundra Butler
Amos Troyer
Diane Shruntz
Emily McMillion
Lewis Lengacher
Melissa Nadine Wise
CONGRATULATIONS!

PURE HERBS MONTHLY SPECIALS ARE NOW POSTED ON THE PURE HERBS, LTD. WEBSITE!

Go to www.pureherbs.com on the 1st of the month. On the front page just below the products link icon there is a Specials link icon. Click on it and you will see the monthly Special/s.

AUGUST 2006 SPECIALS

Purchase three bottles of these adrenal/energy single herbs or combinations below and receive the 4th bottle free. To take advantage of the special, all three bottles must be the same product from the list below and purchased at the same time.

No Purchase Volume will be paid on any free bottles.

- ◆ **FORMULA THREE** (Stamina, strength and chronic fatigue).
- ◆ **THREE BEES** (Energy, chronic fatigue, antibiotic and invigorates the entire system).
- ◆ **HYG.-W** (Low blood sugar, adrenals, fatigue, stress and energy).
- ◆ **GO-W** (Adrenal exhaustion, fatigue, herbal stimulant and energy).
- ◆ **ASTRAGULUS** (Immune system builder).
- ◆ **AS AN ADDED AUGUST BONUS BUY ONE LARGE VITAMIN E & GET ONE FREE.*** We have had this special on the large Vitamin E now for several months because we overstocked it and it is going to expire in Sept. 2006. This is why you have been getting such a good deal. We would rather see you have this product at a great price rather than having to dispose of it. Keep it in your refrigerator to preserve its freshness after the expiration date. Good while supplies last.*

PURE HERBS, LTD. OFFERS MONTHLY SPECIALS. BE SURE TO ASK ABOUT IT WHEN YOU CALL YOUR ORDER IN!
ABOVE INFORMATION IS OBTAINED FROM THE CENTER FOR BUILDING BETTER HEALTH NATURALLY.

SPECIAL FOR NEW DISTRIBUTOR APPLICANTS THAT PLACE AN ORDER AT THE SAME TIME THE APPLICATION IS TURNED IN.

Beginning August 1st, 2006* when a new Pure Herbs Distributor Application is turned in and an order is placed at the same time, the new applicant will get a free large bottle of Vitamin E. The Vitamin E will be expiring in Sept 2006, but is still good well after that date, especially if refrigerated. This will preserve the freshness.

GOOD WHILE SUPPLIES LAST*. NO PURCHASE VOLUME WILL BE PAID ON THIS FREE BOTTLE OF VITAMIN E.

NEW PRODUCT ANNOUNCEMENT

	<u>Distributor Price</u>		<u>Suggested Retail Price</u>	
	<u>1-OZ</u>	<u>4-OZ</u>	<u>1-OZ</u>	<u>4-OZ</u>
EUCALYPTUS OIL	\$7.50	\$22.50	\$9.75	\$29.25

SEE PAGE 6 FOR WRITE-UP ON EUCALYPTUS OIL.

WELCOME NEW DISTRIBUTORS TO OUR PURE HERBS FAMILY



25,021
THRU
25,325

You may now call us at
(800)860-HERB and place
your order directly. Shipping
is as follows:

\$ 99.99 and under	\$ 5.00
\$100.00- \$249.99	\$ 6.00
\$250.00 -\$499.99	\$ 7.50
\$500.00 – \$1199.99	\$ 10.00
\$1,200.00 and up	\$ 15.00

Please note: Because 1-oz and 4-oz bottles must be shipped separately in UPS approved containers, each is a separate order. So, if you place a 1-oz and a 4-oz order at the same time they each have to be shipped as separate orders with separate shipping charges. Capsules, tablets and/or cream can be put in either a 1-oz or 4-oz box, or shipped by themselves if you do not need any liquid herbs. Capsules, tablets and/or cream shipped without 1-oz or 4-oz bottles are at the same rate as above.

C.O.D. FEE IS \$8.50

RETURN POLICY

Due to F.D.A. regulations regarding food products, Pure Herbs, Ltd. has a no return policy. The exceptions are breakage and manufacturing defects. To return a product, you must receive prior approval. In the case of shipping errors, returned bottles must be as shipped (free of store pricing labels) and returned in a timely manner (with current lot numbers). All items returned with non-current lot numbers, distributor labeling, or two weeks after receipt, will be charged to your account. This policy is necessary as the returned product must be destroyed due to F.D.A. regulations.

**HAPPY BIRTHDAY
PURE HERBS
EMPLOYEE:**

DAVE—SEPT 17

**GREEN HERBAL
BOOKLETS**

For those of you wanting to order more of those wonderful green booklets full of herbal product information, please contact:

Frank or Irene Miese at: 937-325-2173. The cost of these booklets is 75 cents each or if you purchase 50 or more the cost is only 60 cents each. If you would like to contact Frank & Irene by mail the address is:
2525 Springfield-Xenia Rd.,
Springfield, OH 45506

**FOR PROMOTIONAL
PAMPHLETS IN ENGLISH
AND SPANISH**

For promotional pamphlets in English and Spanish from very successful Distributors, please contact: **Arkady or Bella Vladimirsky at 956-631-3772.**

**WE NOW HAVE
SUNDEW
BACK IN STOCK!!!
SORRY FOR ANY
INCONVENIENCE THIS
MAY HAVE CAUSED
YOU OR YOUR
CUSTOMERS.**

CLARITY OF EXTRACTS

Some of our liquid herbal extract products are naturally “cloudy” in appearance due to the character of the herb or herbs dissolved or suspended in them. No matter how long they set, they will never appear completely clear. Note: these dissolved or suspended particles make the product do what it is supposed to. Occasionally there will be some settlement of the herb or herbs dissolved or suspended in the liquid around the sides of the bottle or on the pipette (eyedropper). The explanation for this is that, with some herbs or combinations of herbs, their particles float in the extract liquid during the filtering process and later settle some. Temperature and pressure changes can and do influence this occurrence during and after making an extract. Also, it should be noted that herbs and good herbal extracts contain some natural oils, and some of these oil droplets may appear on the surface of the herbal extract. Both the particles and natural oil droplets could be removed, but then the extract would not be as strong. This is part of your guarantee that we put as much herb or herbs as possible into your extracts. This same occurrence can also be observed in natural juices where some settlement occurs. Shaking the juice or herbal extract prepares it for use with its full taste and effect.

COLORS AND TASTE OF HERBAL EXTRACTS

Herbs come from nature, and just as no two apple crops from one year to the next or even any two apples from the same tree taste exactly the same, so it is with crops of herbs. This is part of the endless and wonderful variety which nature provides for you. You may, therefore, notice slight differences in color or taste from one year to the next. It’s something like your mother’s potato soup. She can use her recipe and the same ingredients two days in a row and the soup is always different, but always good. Rest assured, all of our herbal products do measure up to our known and established standards of quality and excellence before they are approved for use. This is so you can rely on them and have what you expect from them when you use them.

**A WARM WELCOME TO OUR NEWEST
PURE HERBS, LTD EMPLOYEE**

Welcome Ted Hess who joined us on June 22, 2006. Ted will be working full-time in our shipping department and helping in other areas when needed.

A NOTE RE: FAXED DISTRIBUTOR APPLICATIONS

If faxing an application, it must contain a credit card number for the application fee. Please check that the information is legible (PRINTED clearly or typed). The information also needs to be dark enough so that it comes through on our side of the fax and large enough so we can read it easily. ALL blocks of information we ask for are important and serve a purpose, please help ensure that we receive properly completed applications. Thank you!

IN CHARGE OF PRODUCTION SAYS:

“We want to let all of our wonderful Directors and Distributors know that our Acerola Cherry Extract is made with fresh 100% Acerola Cherries. Many other companies out there can only offer 25% Acerola in powder form, at best. Give this product a try and enjoy its taste and all of its wonderful benefits!

1 August 2006 — I.C.O.P. (In Charge Of Production) Al Pfund

SEMINAR INFORMATION

OFFICE HOURS

We list all Seminars at no cost to the Distributor as long as it is a Pure Herbs, Ltd. Seminar, and our product is being endorsed. Our Newsletter goes out to thousands of Distributors and is a great way to let people know what you're doing.

Pure Herbs, Ltd. is open Monday-Friday 9:00 a.m. till 5:30 p.m. E.D.T.* At 5:30 p.m. we start our end of day computer clean-up; so, we do lock our doors promptly at 5:30 p.m. and activate our voice mail system for your phone calls. If you need to place an order, and it is not during business hours, please call 800-860-4372 and you will automatically be transferred to our voice mail system. Our voice mail system has many options to choose from; make your selection and then leave a detailed message. Always leave your last name, a phone number, method of payment (we accept Visa, Discover, MasterCard, and American Express, or you can pay by C.O.D., check or money order only) and a Distributor number. Please specify if 1-oz or 4-oz bottles, capsules, tablets or cream. If you have a rotary phone, stay on the line and you will have the opportunity to leave a message at the end. Also, please be aware that when all of our lines are busy you will automatically be transferred to our voice mail system.

ALL DIRECTORS:

All orders and P.V.T. (Purchase Volume Transfers, which refer to products that were ordered by Distributors that you did not sponsor) **MUST** be called in, faxed in, or received by mail before 5:30 p.m. E.D.T., on the last business day of the month, which would be Monday-Friday, i.e.: if the 30th is a Saturday, the last business day would then be Friday the 29th. All orders and P.V.T. called in after 5:30 p.m. E.D.T. will automatically go on the next month. Legal holidays are not considered business days. This could be very important to you or your downline, as it is your responsibility, and it will be your responsibility, to correct any problems in your downline, should you fail to adhere to these rules. There are no exceptions. Also, keep in mind that during holidays the mail service will probably take a little longer.

***We will be closed on Monday, September 4, 2006 in observance of Labor Day.**

MICHIGAN—SOUTHFIELD

Irene's Myomassology Institute is offering an Herbology class. The presentation speaker will be Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.

DATE: Saturday, December 2, 2006 & Sunday December 3, 2006

TIME: 9:30 a.m. till 5:30 p.m. both days

COST: \$248 (non-student fee)

PLACE: 26061 Franklin Rd, Southfield, MI 48034

For further information or reservations, please contact Irene's Myomassology Institute at 248-350-1400.

MICHIGAN—DETROIT

Dawud Abdur-Rahmaan, Herbal Specialist, of the Michigan Institute of Natural Health, is offering Herbal Extract classes starting in August 2006. Become certified as an Herbal Extracts Specialist. Learn usage of natural herbs and their healing properties. Correspondence courses are also being offered. Learn to manage your own health by using Pure Herbs extracts. "If you don't pay attention to your health now, your health will get your attention later."

DATE: Every Monday August 14th, 2006 through November 20, 2006 (12 week course)

TIME: 7:00 p.m. till 9:00 p.m.

PLACE: 1128 Atkinson, Detroit, MI 48202

COST: \$250.00 plus book fee of \$65.00

For further information or reservations, please contact Dawud at 313-865-0018 or 313-820-6388.

NORTH CAROLINA—MANTEO

Patsy Reynolds, Certified Natural Health Professional and Doctor of Naturopathy is available for herbal seminars/classes. Will travel to your area in North Carolina, Virginia and South Carolina. For further information, please call 252-473-6060. For monthly meetings please call three days prior to meeting to reserve a seat.

DATE: 1st Wednesday, each month

TIME: 7:00 p.m.

PLACE: A Natural Health Center, 1378 US Highway 64, Manteo, NC

TEXAS—ATASCOCITA (HUMBLE)

Elaine Thomas, with A Gift of Health is offering classes in Iridology and Herbology in the Humble area. For further information, please contact:

Shelly Oerlemans at 281-540-4372 (Atascocita/Humble)

7940 FM 1960 East in Atascocita

TEXAS—McALLEN

For anyone interested, Bella Vladimirsky of Advanced Holistic Health Services will come speak in your town on HERBS & NUTRITION for a one day seminar. Bella has a degree in Biology and Chemistry, is a Health Practitioner and Nutritional Consultant, and is also certified in Iridology by Dr. Bernard Jensen and Dr. Eugene C. Watkins. She works with diets, herbs and metabolic balancing and conducts Herbology seminars across the U.S. Bella is a Certified Clinical Nutritionist by the American Association of Nutritional Consultants, Advanced Holistic Health Institute and Bio-Ion Institute. For further information, please call Advanced Holistic Health Services at 956-631-3772.

PURE HERBS, LTD. SUCCESS TESTIMONIALS USING PURE HERBS PRODUCTS

March 27, 2006

"Thank you Barb at Pure Herbs!!! You could tell I wasn't myself the day we talked on the phone and told me to give Formula Three a try. It worked great! It turned out that everyone in our office was stressed out. I finished the 1-oz bottle and I'm now into the 4-oz bottle! 'Blessings' show up when we least expect them. Thank you!!!" —Vanessa

May 10, 2006

"I wrote to you last month about my grandson's wife and their unborn baby who had been diagnosed with a number of birth defects . . . Some of which were Turner's Syndrome (Dwarfism), Cystic Hygroma, Down's Syndrome, and Congestive Heart Failure among other defects. The baby was not expected to live very long after that dire diagnosis. Well, I had good news in the last testimonial I sent in (posted in the July/August 2006 Pure Herbs Newsletter) about the baby and all that was left was a heart problem. Well, guess what? I put the mother on Formula 31, at a dosage of 40 drops three times per day and when she had a check-up with the specialist on Monday he said that all four chambers of the heart are functioning perfectly! The baby, a normal, healthy girl is expected October 1st and we are eagerly looking forward to that miracle child being here, after a grueling two months of waiting for this diagnosis. Thank you all for letting me once again share this heart-warming and encouraging testimonial! My very best to you all at Pure Herbs . . . Keep up the good work." —Jo Ann Gragg-Huffman, Chillicothe, OH

May 8, 2006

"My mother was in a nursing home some time ago. The head nurse called me and told me Mom had a stroke. I grabbed my O.C.M and went to see her. Her right eye was wide opened and her right arm had no control. I gave her a dropper full of O.C.M. every five minutes and in one hour she was singing, her arm was working and she was in control. Now, my husband, daughter and I use O.C.M. every day – six droppers a day." —Barbara Hastey, Dover NJ

July 5, 2006

"MY KNEES USED TO HURT!!! For some time now my knees hurt when I tried to bend them. They were hot and sore in places when I touched them. My knees hurt when I sat down, they hurt when I got up and they hurt when I walked. I had to keep my legs stiff when I walked to cut down on the pain. Then I found out about all the things FIVE OILS could do. I got a bottle of FIVE OILS and massaged the oils into my knees. I already knew HERBAL ADJ. (ADJUSTMENT) helped with pain so I put some of that on after the FIVE OILS. To my amazement it started to work at once to give me relief. I also learned that the herb HORSETAIL contains a lot of MSM for healthy cartilage. In my desperation I started taking a Tablespoon full of HORSETAIL every day by mouth instead of the few drops a day that I had been using. I have now been using the FIVE OILS and HERBAL ADJ. and HORSETAIL for about three weeks. Now I can bend my knees normally and use them all day. Here is the best part in the process of using these herbs . . . Not only did they take the pain away, but as far as I can tell they have also repaired my knees!!! I can tell you one definition of what happiness is. It is being able to walk, sit down and stand up again without pain! Thank you FIVE OILS, HERBAL ADJ. and HORSETAIL and thank you Pure Herbs, Ltd." —G.W., Sterling Hgts, MI

June 5, 2006

"About a month ago I noticed my horse scratching his neck, mane and tail area. Upon closer examination, I discovered he had fungus! I've been putting four droppers full twice a day of Oil of Cajeput in his pellets for the last two months and have seen LOTS less scratching. I also soaked his grooming utensils in a diluted solution of bleach and water for ten minutes then rinsed them to kill fungus on them. That way I won't reinfect him with the fungus. Thank you ever so much for your great products!" —C.J. Fulkner, Grover Beach, CA 805-440-0187

WE ENJOY YOUR TESTIMONIALS, PLEASE SEND THEM IN!

IMPORTANT NOTE:

When sending in a testimonial, please be sure to include which herbs you have used to help you. We have received many testimonials which do not give this information and then we have our Distributors calling, wondering which herbs were used.

If you would like to send in your success testimonials, address them to: Pure Herbs, Ltd.
33410 Sterling Ponds Blvd.
Sterling Heights, MI 48312

Please let us know if we can publish them in our bi-monthly Newsletter and put them on our website. Also, let us know if you would like your name and phone number used. If you would only like the initials of your name to be used, please specify that. We would love to hear from you! **When your testimonial is published you will receive a free 4 ounce bottle of your choice (it is your responsibility to call us) with free shipping. Please note some testimonials have been edited for space, clarification, syntax & grammar.**

FROM THE CENTER FOR BUILDING BETTER HEALTH NATURALLY EUCALYPTUS OIL WRITE-UP

Eucalyptus Oil is a gift from the leaves of trees from Australia and New Zealand. Eucalyptus leaves are the favorite food of koala bears. Eucalyptus Oil is a powerful antiseptic of specific value for boils, carbuncles, and skin ulcers. Eucalyptus has proved to be useful for wounds, cuts and scrapes. Infections may be avoided if Eucalyptus is applied externally instead of Iodine. Used externally Eucalyptus is a great help for decongestion of respiratory channels: colds, flu, sore throat and irritation. Brush a little on the back of the tongue for dryness of the mouth and to open breathing passages. Breathing its vapor is aromatherapy and will clean the nose and chest. It may be applied externally across the sinuses to relieve congestion and headache. Apply to the chest and back for bronchitis, asthma, fevers, and related disorders. Taken internally, (a few drops to a cup of water) it relieves the following conditions: croup, asthma, hemorrhoids, inflammation of reproductive and urinary organs, and fever disorders. Taken internally with Buchu, (add a few drops of Eucalyptus Oil and 80 drops of Buchu extract to a cup of water) the prolapsed (fallen) uterus is corrected and offensive odors are diminished. Can also be applied to aching joints.

DOSAGE: Brush a drop on the tongue as desired. Apply externally on cuts, scrapes and wounds to prevent infections and speed healing. Eucalyptus can be applied to chest and back for bronchitis, asthma and related disorders and to chase away fevers. It can also be applied to aching joints.

SUMMARY OF HISTORICAL USES:

*Antiseptic, Colds, Flu, Sore Throat, Asthma, Bronchitis, Cuts, Scrapes,
Fevers, Cuts Mucus, Breathe easier, Boils and Swelling.*

- Eucalyptus Oil is a powerful antiseptic and decongestant with pain relieving qualities. It has a cool and clean scent and goes to work immediately.
- Eucalyptus Oil goes to work more or less instantly. Eucalyptus Oil can be put on cuts and scrapes for its excellent antiseptic properties.
- Eucalyptus Oil has a swift penetrating, cooling and soothing effect when you need to breath again. Put a few drops on a handkerchief and breathe deeply if you have a cold, head congestion or the flu.
- Eucalyptus Oil can be applied on the throat and a drop can be brushed on the tongue for quick relief from congestion and throat discomfort so you can swallow better again.
- Eucalyptus Oil goes to work right away to cool and soothe swollen sinuses. Apply over swollen sinuses for quick relief.
- Eucalyptus Oil can be put on the chest to cut mucus and congestion so you can breathe easier again. Cover up warmly after application so it can do its best work and the person does not get a chill.
- Eucalyptus Oil can be rubbed into sore muscles and aching joints.
- Eucalyptus Oil - add a few drops to douche water for a cleansing antiseptic and deodorizing effect.
- Eucalyptus Oil can be applied to the temples and back of the neck to lower fevers.
- Eucalyptus Oil can be applied around or on swellings and boils to reduce swellings and relieve discomfort.

CAUTION: Do not put Eucalyptus Oil in eyes or undiluted in private areas. If accident, flush thoroughly with water.

With kindest regards,

Dr. Eugene C. Watkins
President

With best wishes,

Gisela Watkins
Vice President

OLD PHILOSOPHER'S CORNER

“Plants and seeds must be faith itself
to make it through the winter.”

1 August 2006
Dr. Eugene C. Watkins



THE CENTER FOR BUILDING BETTER HEALTH NATURALLY, INC.
HERBAL RESEARCH GROUP
 Director Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.
 29451 Greenfield, Suite #102, Southfield, MI 48076
 FAX (586)446-8218 PHONE (586)323-6631

Ship to: _____

Street: _____

City/State: _____ Zip Code: _____

The material offered here shows a person how to put herbal programs together for a multitude of different conditions commonly encountered when practicing with herbs. It lets you look over the shoulder of an N.D., Naturopathic Doctor, (Doctor of Natural Medicine).

HERBAL PRACTICE LIBRARY MATERIALS Author Dr. A. B. Howard	Number of copies ordered	Price
HERBAL RESEARCH GROUP VOLUME 1 (*DELUXE EDITION)		\$21.95
HERBAL RESEARCH GROUP VOLUME 2 (**working edition)		\$15.00
HERBAL RESEARCH GROUP VOLUME 3 (**working edition)		\$15.00
HERBAL RESEARCH GROUP VOLUME 4 (**working edition)		\$15.00
HERBAL RESEARCH GROUP SUPPLEMENTAL VOLUME (**working edition)		\$10.00
<u>UPDATED HERBAL EXTRACTS</u> —BUILD BETTER HEALTH WITH LIQUID HERBS		\$21.95
<u>UPDATED SUPPLEMENT TO THE COPYRIGHTED WORK HERBAL EXTRACTS</u> —BUILD BETTER HEALTH WITH LIQUID HERBS		\$14.95
Shipping and handling for <u>each</u> Volume and each book is \$4.00. If ordering 10 or more of these works per order, shipping is free.	TOTAL COPIES ORDERED x \$4.00 = (if 10 or more shipping is free)	\$

****HERBAL EXTRACTS CD-ROM**** (OLD BOOKS) Contents: <u>HERBAL EXTRACTS</u> —BUILD BETTER HEALTH WITH LIQUID HERBS & <u>SUPPLEMENT TO THE COPYRIGHTED WORK HERBAL EXTRACTS</u> —BUILD BETTER HEALTH WITH LIQUID HERBS.	\$12.95 + \$5.00 Shipping & Handling Per CD-ROM. Also include taxes where applicable per your STATE LAW.	CD-ROM Total \$
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Methods of Payment:

CHECK MONEY ORDER MASTERCARD VISA AMERICAN EXPRESS

CREDIT CARD NUMBER WITH EXPIRATION DATE: _____ / _____ / _____ **EXP:** _____

Please make check or money orders payable to: T.C.F.B.B.H.N., Inc (The Center For Building Better Health Naturally, Inc.)
 Please note that we cannot ship to a P.O. Box.

Send with payment to: T.C.F.B.B.H.N., Inc.
29451 Greenfield, Suite 102
Southfield, MI 48076

*DELUXE means: edited and proof read.
 **working edition means: unedited practice copies.

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