

# PURE HERBS, LTD.

33410 Sterling Ponds Blvd. Sterling Heights, MI 48312  
PHONE: (800)860-4372 FAX: (586)446-8218  
WEB SITE ADDRESS: www.pureherbs.com

AUGUST/SEPTEMBER 2010

Volume XVIII, Issue 4

## INSIDE THIS ISSUE:

NEW DIRECTORS, EMPLOYEE B-DAYS, NEW DISTRIBUTORS, NOTE TO OUR WALK-IN CUSTOMERS, SHIPPING PRICES, RETURN POLICY, C.O.D. FEE & OFFICE HOURS.	PG 2
A.C.S. WRITE UP, OL' NUMBER 11 WRITE UP AND IN CHARGE OF PRODUCTION.	PG 3
NEW PRODUCT ANNOUNCEMENT: S.A.-4 (SOUTH AMERICAN FOUR).	PG 4
S.A.-4 TESTIMONIALS.	PG 5
HERBALOGY 101 FOR YOU (DVD).	PG 6
SEMINAR INFORMATION.	PG 7
PROMOTIONAL INFORMATION.	PG 8
TESTIMONIALS.	PG 9
TESTIMONIALS CONT'D. & OLD PHILOSOPHER'S CORNER.	PG 10
HERBAL RESEARCH GROUP BOOK ORDER FORM.	PG 11

## HOW TO CHECK YOUR P.V. (PURCHASE VOLUME) ON-LINE

IF YOU HAVE ACCESS TO A COMPUTER AND YOU HAVE INTERNET ACCESS.

All you need to do is call Pure Herbs with a password and a user I.D. (ten or less characters or numbers or a combination of both), wait about one hour, go to: [www.pureherbs.com](http://www.pureherbs.com), scroll down to the bottom and you will see a link to click on to check your P.V. Please know that the P.V. amount starts updating each evening and updates up until 10:00 a.m. the following day (Eastern Time).

### IMPORTANT P.V. NOTE!

It is your responsibility to make sure you have reached your P.V. (Purchase Volume) quota for the month. If you only need \$100 in P.V., please make sure your total is \$100 **before shipping**. Same goes if you need \$1000 in P.V.

Reminder: shipping went up March 1st.



Motherwort

## HIGH FIVE AUGUST SPECIALS

Purchase three bottles (must all be the same product and the same size) of the following HIGH FIVE PRODUCTS and receive the 4th bottle free. To take advantage of the special, the three purchased bottles and the FREE bottle must be the same product and purchased at the same time from the list below. Example: purchase three bottles of S.I.-W and receive a fourth bottle of S.I.-W free.

No Purchase Volume will be paid on any free bottles.

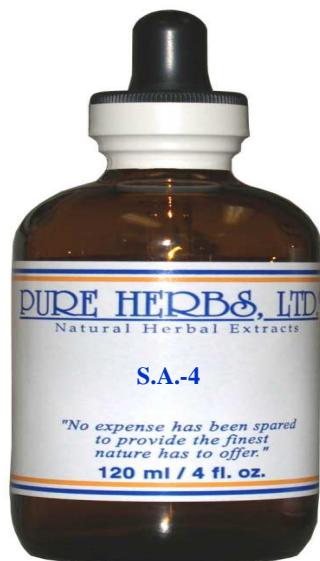
- ♦ **S.I.-W**—Sinus congestion, prevent sinus attacks, rapidly opens breathing passages & restores breathing.
- ♦ **H.T. COMBO LIQUID ONLY**—Heart herbs that nourish the heart and repair valves, reduce swelling, restore feeble heart action, open congested heart blood vessels that are clogged (very slowly) so that the congestive debris is liquefied and flushed harmlessly from the body. Also use to maintain a healthy heart.
- ♦ **RED CLOVER BLENDED**—Bad cells, blood cleanser, tumors, lymphatic, skin disorders, kidneys & endometriosis type problems.
- ♦ **OL' NUMBER 11**—Repair or strengthen any type of bone, nerve, flesh, cartilage, muscle injury or weakness.
- ♦ **A.C.S. LIQUID ONLY**—Complete multi-mineral supplement & all vegetable source.

PURE HERBS, LTD. OFFERS MONTHLY SPECIALS. BE SURE TO ASK ABOUT IT WHEN YOU CALL YOUR ORDER IN!

THIS INFORMATION IS OBTAINED FROM THE CENTER FOR BUILDING BETTER HEALTH NATURALLY, INC. AND HAS NOT BEEN REVIEWED OR APPROVED BY THE AMERICAN MEDICAL ASSOCIATION OR THE FOOD & DRUG ADMINISTRATION.

NOTE: THE MONTHLY SPECIALS ARE ONLY VALID DURING THE MONTH OF THE SPECIAL.

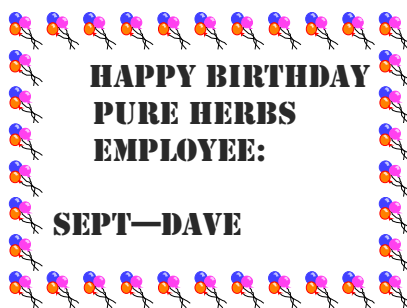
## NEW PRODUCT ANNOUNCEMENT: S.A.-4 (SOUTH AMERICAN FOUR)



SEE NEW PRODUCT WRITE-UP ON PAGE 4.

**NEW DIRECTORS FOR MAY/JUNE 2010**

JONAS DELAGRANGE  
 JOE VANDERGRIFT  
 CONNIE GROSSO-RAHN  
 LINDA ELUM  
 DANYELLE LOGAN  
 CARL MUHAMMAD  
 LACHANA SEYDI  
 SUZETTE ROBINSON  
 MELVIN GRABER  
 KAREN HANNIGAN  
 SAMUEL EICHER

**CONGRATULATIONS!**

**HAPPY BIRTHDAY  
 PURE HERBS  
 EMPLOYEE:**

**SEPT—DAVE**

**Please try to have your  
 Distributor number ready  
 when calling an order in.  
 Also, please have your order  
 ready to place and your  
 credit card number handy.**

**THANK YOU!****ATTENTION WALK-IN CUSTOMERS**

Please call your orders in ahead of time. Also, keep in mind that we are not permitted to give out advice, so please refer to your books or call your upline with your herbal questions **before** coming in to pick up your order. Thank you for your consideration.

**OFFICE HOURS**

Pure Herbs, Ltd. is open Monday-Friday 9:00 a.m. till 5:30 p.m. eastern time (E.T.). \* At 5:30 p.m. we start our end of day computer clean-up; so, we do lock our doors promptly at 5:30 p.m. and activate our voice mail system for your phone calls. If you need to place an order, and it is not during business hours, please call 800-860-4372 and you will automatically be transferred to our voice mail system. Our voice mail system has many options to choose from; make your selection and then leave a detailed message. Always leave your last name, Distributor Number, a phone number and method of payment (we accept Visa, Discover, MasterCard, and American Express, or you can pay C.O.D. by check or money order only). Please specify if 1 oz. or 4 oz. bottles, capsules, tablets or cream/lotion. If you have a rotary phone, stay on the line and you will have the opportunity to leave a message at the end. Also, please be aware that during business hours when all of our lines are busy you will automatically be transferred to our voice mail system.

**NOTE TO ALL DIRECTORS:**

All orders and P.V.T. (Purchase Volume Transfers, which refer to products that were ordered by Distributors that you did not sponsor) **MUST** be called in, faxed in, or received by mail before 5:30 p.m. E.T., on the last business day of the month, which would be Monday-Friday, i.e.: if the 30th is a Saturday, the last business day would then be Friday the 29th.

All orders and P.V.T. called in after 5:30 p.m. E.T. will automatically go on the next month. Legal holidays are not considered business days. This could be very important to you or your downline, as it is your responsibility; and it will be your responsibility to correct any problems in your downline, should you fail to adhere to these rules. There are no exceptions. Also, keep in mind that during holidays the mail service will probably take a little longer.

**\*We will be closed Monday, September 6, 2010 to celebrate the Labor Day holiday.**

**WELCOME NEW DISTRIBUTORS  
 TO OUR PURE HERBS FAMILY**

**34,413 THRU 34,748**

You may call us at:  
**(800)860-HERB (4372)** and  
 place your order directly.

**Shipping rates are as follows:**

<b>\$ 99.99 and under</b>	<b>\$7.50</b>
<b>\$100.00- \$249.99</b>	<b>\$8.50</b>
<b>\$250.00 -\$499.99</b>	<b>\$10.00</b>
<b>\$500.00 – \$1199.99</b>	<b>\$12.50</b>
<b>\$1,200.00 and up</b>	<b>\$17.50</b>

**C.O.D. FEE IS \$10.00**

Please note: 1/2 oz. bottles and 1 oz. bottles are shipped separately from the 4 oz. bottles because they must be shipped in UPS approved boxes. So, if you place a 1/2 oz. & 1 oz. order AND a 4 oz. order at the same time, they each have to be shipped as separate orders with separate shipping charges. Capsules, tablets and/or creams/lotions and plastic spray bottles can be put in either a 1 oz. or 4 oz. box, or shipped by themselves if you do not need any liquid herbs. Capsules, tablets and/or creams/lotions shipped without 1/2 oz., 1 oz. or 4 oz. bottles are at the same rate as above.

**RETURN  
 POLICY**

**Due to F.D.A. regulations regarding food products, Pure Herbs, Ltd. has a no return policy. The exceptions are breakage and manufacturing defects. To return a product, you must receive prior approval. In the case of shipping errors, returned bottles must be as shipped (free of store pricing labels) and returned in a timely manner (with current lot numbers). All items returned with non-current lot numbers, distributor labeling, or two weeks after receipt, will be charged to your account. This policy is necessary as the returned product must be destroyed due to F.D.A. regulations.**

## **ALL CELLS SALTS (A.C.S.) — ON SPECIAL THIS MONTH**

This combination has a seafood taste and is most interesting because it has all 13 organic tissue salts, which are found in the body. Each different type of tissue in the body contains a different concentration of mineral salts and elements, which make up its construction and insure its proper function. This combination contains all of them. It is truly a source of food for every cell in the body. Organic minerals will replace inorganic mineral buildups in the body and this combination excels as a cleanser for that reason. The salts break up congestion in the cells and the fluid that surrounds them. This could be described as a type of “chelation therapy.” Not only is the cell-choking accumulation removed, the new minerals and elements are right there to replace worn out parts. This represents a tremendous advance for herbal science. As the wastes are flushed free from the cells, the urine often clouds up and smells strange as well as with the bowel. There may be strange tastes in the mouth as the sinuses clean. Be sure to drink five to six 12 ounce portions of spring water daily to complete the flushing process. Sometimes this process continues for months, but at a safe rate. When the urine is no longer cloudy and the stool no longer has strange smells, the flushing is complete. A clean body is now ready to survive for a very long time. A maintenance amount of 40 drops three times per day should keep the body clean. This combination is recommended for expectant mothers and also while they are breastfeeding. The high quality nutrients passed on to the child will help them to be calmer and quieter and have improved development.

**NOTE:** The appetite may decrease during this time and weight loss may occur due to the cleansing process, however, as this combination is also a food of the finest type, there is no need to worry and the increased energy is a blessing. All Cells Salts (minerals) can be used as a source of herbal calcium-magnesium.

**COMBINATION:** Bladderwrack, Atlantic Kelp, Arrow Root and Irish Moss.

**DOSAGE:** For general and all-purpose use for full spectrum mineral supplementation, 40 drops three times per day. For oral chelation start with 40 drops three to four times per day. Within the first three weeks of use, work up to 120 drops three to four times per day. It is okay to estimate the drops. A person learns to be quite accurate with this. Each time A.C.S. is taken, 16 ounces of water should be taken to flush away what has been dissolved. If pregnant or nursing, 40 drops three time per day.

## **OL' NUMBER 11—ON SPECIAL THIS MONTH**

Used to repair or strengthen any type of brain, nerve, flesh, cartilage, muscle injury or weakness. It has been known to repair bones in 1/3 the average time. Ol' Number 11 is very healing and provides the body with all the necessary elements for tissue repair. It can be used for bumps, bruises, sprains, breaks, deep tissue damage, severed nerves and to help with stroke damage or to repair the heart. Also use for maintenance and bodybuilding.

**COMBINATION:** White Oak Bark, Marshmallow, Mullein, Mugwort, Indian Tobacco, Scullcap, Knitbone, Black Walnut Hull and Gravel Root.

**DOSAGE:** If you cannot work on the area directly, then take Ol' Number 11 internally. 40 to 80 drops three times per day for repair or adding strength to the body. For severe injuries or heavy athletic training take one teaspoon to one tablespoon three to four times per day. Additionally, for serious injury, you can work on the area directly. One very successful procedure is as an overnight application. Apply the following things directly to the area externally. Apply the herb Arnica directly to the skin of the area or around the site to get the physical shock out of the area. In this way, the injury can heal rapidly. Next, apply Vitamin E from 100 or 400 i.u. capsules to improve the action of oxygen for repair and to prevent irritation if sensitive skin. At this point, apply externally, either Peppermint Oil or Oil of Cajeput and Herbal Adjustment. This relieves pain and improves the circulation in the area to be repaired. Next, soak a single layer of natural fiber cheesecloth or absorbent gauze with Ol' Number 11. Wrap this cloth, soaked with Ol' Number 11, around the injured area, cover it with plastic sandwich wrap and then wrap a cloth around all to hold in place overnight. The next morning remove and discard. Wash and dry the area. (Never reuse the application). Repeat the application for the daytime. Continue until well.

THIS INFORMATION IS OBTAINED FROM THE CENTER FOR BUILDING BETTER HEALTH NATURALLY, INC. AND HAS NOT BEEN REVIEWED OR APPROVED BY THE AMERICAN MEDICAL ASSOCIATION OR THE FOOD & DRUG ADMINISTRATION.



### **IN CHARGE OF PRODUCTION SAYS:**

**“Expect great things and look for new products to continue being added to the Pure Herbs product line.”**

**1 August 2010    Al Pfund “Uncle Al”, I.C.O.P. (In Charge Of Production)**



## S.A.-4 TESTIMONIALS

**Jan. 20, 2010** “I just wanted to touch base with you about my success with **S.A.-4**. Let me first give you some background information: My son, who is fourteen, became chronically ill when he was very young. When he was eight years old it became very clear to me that I had to seek out ‘alternatives’ for him. About two and a half years ago I came across a little herb shop that sells Pure Herbs products, an incredible Godsend! Fast forward to today. My son has made huge progress, in fact, he’s almost completely healed. There are two more viruses his body has yet to eradicate. That’s where the **S.A.-4** comes in. After starting him on it last fall he has made great progress. On just three (now two) drops a day I believe the viruses are almost completely gone. . .I’m positive they will be in the very near future. I’ve been able to cut back on some of his other herbs and supplements and his overall health is excellent! I intended to send in a letter to you last November, but didn’t put it in the mail because I wasn’t absolutely certain of the results. I am now! Incidentally, I wanted to tell you how great Jergon Sacha works as a single herb. When I put my son on that in the fall of ‘08 I think the results were just as (or maybe more) impressive. At the time, we were trying to eradicate parasites (I think some type of severe fungal infection) from his body. We had been using all sorts of things including Mugwort, Wormseed, Elecampane, Garlic, etc. . . for more than a year. After only two months of being on the Jergon Sacha (never more than four drops a day) the parasites were completely wiped out! It was absolutely amazing. I realize that these herbs are well known for being used as poison antidotes, but I am certain they can be used for many other things as well. I forgot to mention that one of the viruses is a type of herpes (mono) and I’m not exactly sure what the other one is. I also wanted to let you know that I have given a bottle of **S.A.-4** to a friend for her son. It has been about a month and he seems to be doing quite well on it too! He has similar infections/ infestation as my son had. Thank you so much for everything and Blessings to everyone at Pure Herbs!”  
-L.W., Dayton, OH

**July 13, 2010** “I really like **S.A.-4**. It has a lovely floral scent and tastes very pleasant. It is almost like a perfume it smells so good. It really tastes as good as it smells. When we were given samples of **S.A.-4** at the Pure Herbs Convention last year, I decided to apply it on my strained thumb and wrist. It relieved the pain quite nicely! I have even applied it topically on insect bites to relieve the sting and it also helps with healing. I really, really like it!” -E.C., TX

**July 16, 2010** “A little while ago, I was out and about and stopped to have a bite to eat. Immediately, I started to feel a bit uneasy. My stomach was becoming unsettled. By the time I arrived home, I was very uncomfortable. I went to my herbs to decide which would be best to address this issue. I decided to try the **S.A.-4**. I took one dropperful. After about 20 minutes I started to feel better. There was a noticeable change in my lower abdomen. The queasiness was starting to leave. After about an hour, I was up and out and about again!”  
-Dr. Dawud Abdur-Rahmaan, Detroit, MI

**Nov. 2009** “While at the Pure Herbs convention I became so ill that I thought I would have to start making funeral arrangements. I had an awful hard time trying to breath, especially at night. I was given a sample of **Guaco** by Dr. Watkins and my wife told me to give it a try in hopes that it would help me. I started taking it immediately (**Guaco** is one of the Ingredients of the **S.A.-4**). Dr. Watkins told me that **Guaco** can thin blood that is sludgy and mucky and restart the circulation. It also helps to get rid of poisons in the body. Within three days of using **Guaco** straight, I was able to cancel making funeral arrangements!!! I felt human again! Praise be! I still use the **Guaco**, but only once in a while when I feel like it is hard to breath.” -Lon Slider, Covington, IN

**June 2009** “We have a client who has a problem with ringing in the ear and pain in the ear. I was thinking it might be some kind of poison that was causing it. I had the client take 1/2 teaspoon of **S.A.-4** one time per day. We gave him a 1-oz. bottle to try since that is what we were given to use for samples. The clients ear is much better. The problem is not completely gone, but it is not happening as often. Maybe once he uses a whole 4 oz bottle or more the problem will be resolved.”  
-Lon & Sherry Slider, Covington, IN

## HERBALOGY 101 FOR YOU

This is a two day live class experience with the herbs. HERBALOGY 101 FOR YOU is a two day live experience with an herbalist and students in words you can understand. Learn how to regain your health, maintain your present health and improve your health. Learn what you can do for what. Be better informed about herbs and nutrition and their benefits. The herbalist you visit with is the well known Doctor of Natural Medicine, Dr. Eugene C. Watkins, B.S.ed., M.S., N.D. You can learn in your own living room, hold a group meeting or just put the recorded disc in a DVD player, your computer or your television screen DVD player.

- ◆ Hold a meeting and invite your friends, prospective new customers or distributors to learn right along with you.
- ◆ Meet on a chosen week night or each week and coast your way through this absorbing, informative and entertaining visit with the herbs and herbalist.
- ◆ Great promotional tool for your herb business.
- ◆ Hold your own two day Herbal Seminar.
- ◆ A really pleasant way to absorb the herbs and what they do.
- ◆ Over 130 single herbs are discussed in a familiar and understanding manner so you can use herbs too. There are many Herbal Programs for internal and external use.
- ◆ Know what every herbalist can and cannot say.
- ◆ Enjoy the Nutritional Information everyone should be familiar with.
- ◆ Use the richly color illustrated book, “HERBS FOR YOU”, by Dr. A. B. Howard and follow along with this presentation. Take written information and color herb pictures along with you for quick reference.
- ◆ Here is an abundance of herbal wealth waiting for you.
- ◆ Knowledge is wealth. Share it.

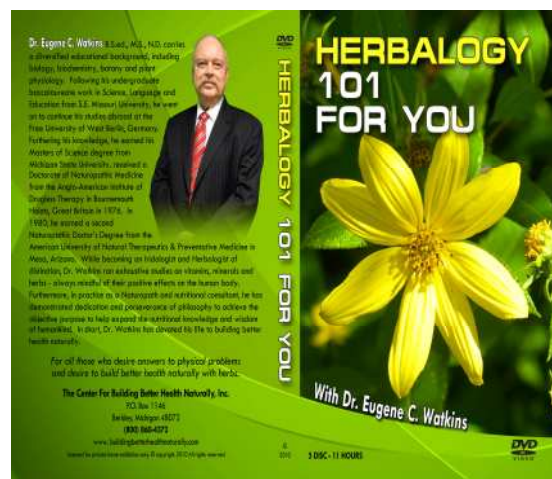
OVER 11 HOURS

**COST: \$79.95/DVD set plus shipping.** We ship U.S. Priority Mail. The cost is \$6.85 for shipping and handling for the first DVD set. More than one set will be billed the actual postal rate.

### TESTIMONIAL

“When I read about Herbalogy 101 For You, in my June/July Pure Herbs Newsletter, I was ecstatic! For almost 30 years my husband and I have been wishing, watching and waiting for Doc to professionally videotape his seminars and/or lectures. FINALLY IT IS HERE! Hurray! ‘Praise the Lord and pass the ammunition!’ Get a bunch, bag or box full! Share them with those you love! This is just **Great!** It is downright **AWESOME!** **You have spoiled us! Do more DVD’S Please!**

Listen up all you ‘old timers’ like us out there! It is a great review for us also! It brings back good memories!! I even learned some new and exciting information in the DVD Herbalogy 101 For You! Order it already! Now! View it an hour segment at a time (if you can stop it after an hour), or watch one DVD at a time! For you super busy people, if all else fails at least **listen** to the information while you fold clothes or wash dishes, etc. It is quite education! I guarantee it is 100% better than the evening news! The DVD’s are truly inspirational! Thoroughly enjoyable! We are also impressed by the nice colors, artwork and design on the promotional material! Great job! Thanks Doc and the PHL staff!” -Jim & Pat Courter, TX



## SEMINAR INFORMATION

We list all Seminars at no cost to the Directors as long as it is a Pure Herbs, Ltd. Seminar, Course or Advanced Courses with specific dates and our product is being endorsed. Our Newsletter goes out to thousands of Distributors and is a great way to let people know what you're doing.

### MICHIGAN—DETROIT

Dawud Abdur-Rahmaan, D.H.S., Master Herbalist of the Michigan Institute of Natural Health, is offering Herbal Extract classes. Become certified as an Herbal Extracts Specialist. Learn usage of natural herbs and their healing properties. Correspondence courses are also being offered. Learn to manage your own health by using Pure Herbs extracts. "If you don't pay attention to your health now, your health will get your attention later."

**DATES:** Every Mon., Nov. 1, 2010 thru  
Mon., Jan. 17, 2011

OR

Every Wed., Oct 20, 2010 thru  
Wed., Jan. 5, 2011

**TIME:** 7:00 p.m. till 9:00 p.m.

**COST:** \$335 plus book fee of \$65

**PLACE:** 1128 Atkinson, Detroit, MI 48202

**For further information or reservations, please contact Dawud at: 313-865-0018 or 313-820-6388.**

### MICHIGAN—INKSTER

Doris Moton-Spruill, Master Herblaist, of Health and Wealth Management LLC is offering classes for the Michigan Institute of Natural Health. Become certified as an Herbal Extracts Specialist. Learn usage of natural herbs and their healing properties. Correspondence courses are also being offered. Learn to manage your own health by using Pure Herbs extracts. "If you don't pay attention to your health now, your health will get your attention later."

**DATES:** Every Tues., Sept. 7, 2010 thru  
Tues., Dec. 7, 2010

**TIME:** 7:00 p.m. till 9:00 p.m.

**COST:** \$335 plus book fee of \$65

**PLACE:** 310 Bert Lane, Inkster, MI 48141

**For further information or reservations, please contact Doris Moton-Spruill at: 734-895-7409**

### MICHIGAN—SOUTHFIELD

Irene's Myomassology Institute is offering a class in basic Herbology. This is a two day seminar. **The presentation speaker will be Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.**

**DATE:** Sat., Aug. 14, 2010 thru Sun., Aug. 15, 2010

**TIME:** 9:30 a.m. till 5:30 p.m. both days

**PLACE:** 26061 Franklin Rd, Southfield, MI 48034

**COST:** \$312 (non-student fee)

**For further information or reservations, please contact Irene's Myomassology Institute at: 248-350-1400.**

### OHIO—SPRINGFIELD

Frank and Irene Miesse will be having a Pure Herbs Conference. **The presentation speaker will be Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.**

**DATE:** Saturday, Oct. 23, 2010

**TIME:** 9:00 a.m. till 4:00 p.m.

**COST:** \$20 if you register before October 18, 2010  
after that date the fee will be \$25 (lunch on your own)

**PLACE:** Quality Inn (formerly Holiday Inn)  
383 East Leffel Lane  
Springfield, OH

**For further information or reservations, please call Miesse's Herbs at: 937-325-2173**

### INDIANA—INDIANAPOLIS

David Morgan, Consultant Practitioner and Master Herbalist of the Word and Herb Clinic Institute has spent years studying and is now revealing one of the most guarded and sought after techniques in this seminar and workshop. Come learn and experience the Health Benefits of using Pure Herbs products. Also, Lee Morgan, P.h.D. of Business Development and Master Teacher will talk on Tripling Your Volume With Proven Business Principals.

**DATE:** Sat., Sept. 4, 2010

**TIME:** 10:00 a.m. till 3:00 p.m. (lunch on your own)

**COST:** \$100

**PLACE:** Hilton North Hotel – "Ambassador Room"  
8181 Shadeland Ave.  
Indianapolis, IN 46250

**For further information or reservations, please contact Dr. David at: 317-313-0657. Seats are limited.**

### INDIANA—GRABILL

Paul Hilty is offering a beginning Iridology course. Learn the basics. Also, learn eye-body-herb relationship. **The presentation speaker will be Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.**

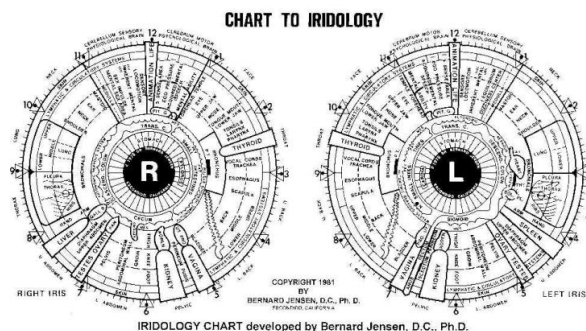
**DATE:** Sat., Oct. 9, 2010

**TIME:** 9:00 a.m. till 4:30 p.m.

**PLACE:** 12532 Notestine Rd  
Grabill, IN 46741

**COST:** \$50 if you pay in advance (non-refundable)  
\$60 if you pay at the door.  
(lunch will be on your own)

**For further information or reservations, please contact Paul at: 260-627-2458.**



## **PROMOTIONAL INFORMATION** *READ ON FOR GREAT WAYS TO BUILD YOUR BUSINESS . . .*

**PROMOTIONAL PAMPHLETS IN ENGLISH AND SPANISH:** For promotional pamphlets in English and Spanish from very successful Distributors, please contact: **Arkady or Bella Vladimirsky at: 956-631-3772.**

**GREEN HERBAL BOOKLETS FULL OF HERBAL PRODUCT INFORMATION (Super Business Builder):** For those of you wanting to order more of those wonderful green booklets full of herbal product information, please contact: **Frank or Irene Miesse at 937-325-2173.** The cost of these booklets is 75 cents each or if you purchase 50 or more the cost is only 70 cents each. If you would like to contact Frank & Irene by mail the address is: 2525 Springfield-Xenia Rd., Springfield, OH 45506

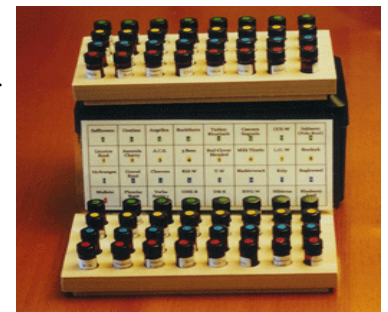
**TESTIMONIAL BOOKLETS:** Purchase and distribute everywhere the Success Testimonials booklet. Make sure to put your name, address, phone number and/or e-mail address on the back of each one and then just sit back and the people will come to you. Most people want to get healthy and when they read how to, from real success testimonials, they will want to try it on themselves and let others try it too. In other words, they will call you and order from you! What a great way to build your business, don't you think!?! Call Pure Herbs at: 1-800-860-4372 to place your order today. See page 11 for order details.

**HERBAL HANDBOOK FOR PRACTITIONERS:** This handbook contains information on: Bowel Management Program, Cold, Flu or Worse, Green Drink, Bad Cells, The Importance of Protein and Suggested Sources, Gall Bladder and Liver Flush, Full Nervous System Application and Vaginal Suppository. Call Pure Herbs at: 1-800-860-4372 to place your order today! See page 11 for order details.

**HERBALOGY 101 FOR YOU:** This is a two day live class experience featuring Dr. Eugene Watkins on DVD. You will learn how to regain your health, maintain your present health and improve your health. Over 130 single herbs are discussed in a familiar and understanding manner so you can use herbs too. Eleven hours of information are provided. See page 11 for order details.

## **Liquid Herb Test Kit Available from Natural Alternatives in Palm City, FL**

This kit contains 64 single and combination herbs from the Pure Herbs product line. The products come in 1/8 ounce amber glass bottles. They are labeled and organized by body systems. One layer does have an additional row of four empty bottles for you to customize and fill with your favorite product that might not be included in the kit. You will receive a carrying case, two wooden (poplar) shelves with hand drilled holes to hold the bottles, a laminated layout for each level, a list of all 64 herbs or combinations in alphabetical order with a brief description of historical uses, a page listing all organs and systems and suggested herbs to use in the kit. A cross-reference page listing the herbs which are highest in each vitamin and mineral is also included.



This liquid herbal test kit can help one to get started and learn more about the different herbs and at the same time stimulate business and sales. Muscle testing kits are ideal for customizing herbal programs and allowing someone starting out the availability to muscle test using many different herbs without having to initially buy a large inventory. It can be used anywhere, giving you the freedom to go to different locations and see more clients. Purchase the kits from NATURAL ALTERNATIVES. The kits are put together by Thomas Anstett, N.D., in Palm City, FL. The cost is **\$275.00 plus Shipping**. Thomas and his wife Fran, are independent Directors for Pure Herbs, Ltd. and personally manufacture and put these time-consuming kits together.

**Visit Natural Alternatives website to see what is in the kit: [www.naturalhealthbalance.com](http://www.naturalhealthbalance.com) or call: 772-220-8800 and ask for Fran or Tom.**

## PURE HERBS, LTD. SUCCESS TESTIMONIALS USING PURE HERBS PRODUCTS

**June 12, 2009** “Several years ago I had surgery to remove my entire large intestine due to an overwhelming amount of polyps. As a result, I have severe diarrhea and everything I eat evacuates within 3-5 minutes. The diarrhea has caused many other health issues too. Every medication I have been given to stop the diarrhea has failed to work. Recently I was introduced to **A.C.S.** (All Cells Salts) and since taking three capsules per day I have **NO MORE** diarrhea! Thanks Pure Herbs this is a prayer answered. I also use **A.C.S.** for the pain I experience in my neck and spine from a car accident I was involved in.” -K.S., Warren, MI

**Dec. 7, 2009** “It was June 2006 that my husband got real sick and was put in the hospital and his kidney went down to only working 20%. The kidney doctor told him he needed to have a fistula (port) put in his arm to have dialysis in the near future. Well after he got out of the hospital he started taking **KID-W** and **C.C.E.-W** three times a day. He had the fistula (port) done, but so far he is not on dialysis. He now has to take **KID-W** and **C.C.E.-W** only once a day and he feels great. He goes to work every day at the sawmill and his doctor said he is very happy with how he is doing and told him to keep on doing whatever it is he was doing. We feel blessed with this product and would recommend it to anyone that has kidney problems. What a great product!” -D.Y., Wyoming, DE

**Jan. 26, 2010** “I had experienced tremendous stress with a job I had been working on for about three weeks then we had a crisis with a neighbor. I got really sick and felt like I was going to have a stroke. For three weeks I teetered on the edge of almost not recovering. I tried numerous things, but the herbs that worked the best for me were **H.T. Comb.**, (an herbalist who checked me out said that it was actually my heart that was at risk), **O.C.M.**, **Scullcap** and **A.C.S.** I also took **C.C.E.-W** about three times. Before I took these herbs I would wake up with my heart racing and pounding and my blood pressure had been elevated for at least a month. I noticed that when I ate red peppers (opens the blood vessels) and turnip greens or collards I felt really good for several hours. The greens contain magnesium which helps the heart, so I’ve read. I also took calcium/magnesium supplements. My blood pressure is normal now and I don’t hear my heart pounding. My heart rate is normal and my face doesn’t have that haggard look that for weeks had me worried. Even my nerves are calm from the **TRQ-RH** that I added to my regimen. Thanks for such great products and to my herbalist, Pat for sharing her ideas with me.” -B.R. Gamaliel, KY

**April 26, 2010** “For about three months I had neuralgia (pain along a nerve) in my left eye. There were little sharp pains when I was stressed or nervous. I used **O.C.M.** and **Purple Loosestrife** both externally and internally, and it eased up. Occasionally it may start up again and when it does I soak a cotton ball with **O.C.M.** and apply over the eye area while lying down. I leave on for five to ten minutes and this regimen relieves it!” -B.R., Gamaliel, KY

**April 8, 2009** “I wanted to let you know that your products are amazing. Here is my story. I have had issues with osteoarthritis in the past and was taking over-the-counter and prescription meds. I also have had a problem with my liver in the past. Notice ‘Was’ and ‘Have Had’ in my sentences. I owe conquering my issues to Pure Herbs and my wonderful herbalist, Cathy. I recently went to Cathy because I was having issues with my arthritis and did not want to take any more drugs to do more damage to my liver. Cathy suggested taking liquid **Alfalfa**. Within three days I felt the difference. I am on my feet a lot at work walking and standing on concrete and going up and down ladders. Before I started taking **Alfalfa** I would dread going to work knowing I had to deal with the pain. Now people at work can not believe the way I am literally walking quickly to get to my tasks. I have been taking the **Alfalfa** now for approximately two weeks. Prior to taking it I would dread having to go grocery shopping, this past weekend my sister and I went shopping . . .when I say shopping I mean Mall shopping and wholesale club shopping as well as superstore shopping. My sister could not believe that I did all of this walking without complaining or having to sit down every half hour. We walked for a good four and half hours. Combined with the **Alfalfa** and the **A.C.S.** that Cathy has recommended for me I go non-stop now! Thank you Pure Herbs and Cathy for giving me my life back. I recommend your products to everyone! I am also taking **LG.-W** when I feel the need to take it for my liver. THANK YOU, THANK YOU & THANK YOU!!!” -Cheryl Werneiwski., West Valley, NY

**March 29, 2010** “My mother and her friend both had the same problem, plantar fasciitis, where it’s difficult and painful to walk because of strain and ligament tears in the arch of the foot. They both suffered for months and tried everything from new special sneaks to cortisone shots. Then I was introduced to Pure Herbs by a lovely lady and she told me to have my mother and her friend take **Vitamin A & D**, **Vitamin E** and **Ol’ Number 11** (approximately 60 drops 2/day). She also suggested they wrap their feet with a cotton cloth saturated with a mixture of **Ol’ Number 11**, **Herbal Adjustment** and **Arnica**. Each day they got better and within a week and a half they were walking pain free! If they had done the application continuously each day and night, I believe it would have healed even quicker. They now call these the ‘magic oils.’ Thanks so much for your products and books to help guide me!” -V.S., The Woodlands, TX

### WE ENJOY YOUR TESTIMONIALS, PLEASE SEND THEM IN!

#### IMPORTANT NOTE:

When sending in a testimonial, please be sure to include which herbs you have used to help you. We have received many testimonials which do not give this information and then we have our Distributors calling, wondering which herbs were used.

If you would like to send in your success testimonials, address them to: Pure Herbs, Ltd. — 33410 Sterling Ponds Blvd.,  
Sterling Heights, MI 48312

Please let us know if we can publish them in our bi-monthly Newsletter and put them on our website. Also, let us know if you would like your name and phone number used. If you would only like the initials of your name to be used, please specify that. We would love to hear from you! **When your testimonial is published you will receive a free 4 ounce bottle of your choice (it is your responsibility to call us) with free shipping. Please note some testimonials have been edited for space, clarification, syntax & grammar.**

**Dec. 31, 2009** "In February of 2009, as my wife took her first bite of lunch, she felt a sharp pain shoot through her left jaw joint. This was the beginning of a reoccurring TMJ problem, but at a whole new level. For six and a half months she experienced pain when eating/chewing and it was nearly impossible to bite. At night the pain was not only in the jaw joint, but also in the ear which made it very difficult to sleep. It was very painful for her to yawn. She heard a noise when moving her jaw and felt instability in the joint. Our dentist thought it may be bone on bone. We did not follow through on a TMJ specialist recommendation of an expensive work-up, not covered by our insurance. In August, while visiting my wife's sister, Lucille, she introduced us to Pure Herbs. My wife began to apply **Arnica**, then **Herbal Adjustment** and then **Ol' Number 11** to the area morning and before bed. It began to get better almost immediately. After 2 1/2 months she is pain free except for an occasional, very faint discomfort when she yawns. She continues to use these three herbs once a day before bed."

-J.W., Independence, MO

**Sept. 23, 2010** "I am finally writing the testimonial that should have been written long ago in order to help other people. Here is my story – When my son, Luke, was about three years old he became very sick, aching legs and joints, fevers, inability to heal and loss of appetite. Everyone knows how active a three year old can be but he was on the couch all day and had lost about four pounds (for a little fellow that's a lot!). The decline was steady over several months. I had tried several herbal combinations, but nothing was helping him out. He was so sick I believed I had no choice but to take him to a Medical Doctor, as I don't live near a good alternative doctor. He was so sick I believed I could at least receive a diagnosis and then be able to treat the problem myself. After a month of painful treating and the final test for leukemia came back negative, the doctor promptly told me (over the phone) that since he couldn't find anything he obviously was not sick! I packed up my children and drove seven hours to see an Amish Doctor. After 30 seconds of him looking in his eyes he told me that Luke was very sick. His spleen and liver were very enlarged and his immune system had shut down. We discussed the course of his illness and all of the symptoms. The conclusion was Lyme's disease. He recommended I give him **IM.S.-W** for his immune system and **Red Clover Blended** to clean his liver, spleen and blood. Within one week of taking herbs his appetite had returned and he was back up and running around. Within a month, all of the problems including the joint pain, fevers, etc were gone! Today he is ten years old. He has never had a problem with joint pain, etc. (common problems that people with Lyme's disease, especially severe cases, suffer from). I completely credit the Amish Doctor I took my son to see, God for creating the herbs and Pure Herbs for providing excellent products. Several years ago I stopped taking capsules and only take Pure Herbs liquid. It is far more superior. God Bless you. Anyone with Lyme's disease this program works so give it a try!" -Gretchen, Sainte Genevieve, MO

**July 6, 2010** "I had an infection in the root of my tooth. I used 1/2 cotton ball with two drops of Oil of **Cajeput** and six drops of **Bee Propolis** on it and placed it on the top of my gums between my teeth and mouth at the site of infection. I did this three times daily for 45 minutes at a time. Topically on my face I applied **Goldenseal**, 20 drops on a cotton ball, taped down during the night. In about 25 to 30 days the infection was gone. I saw the dentist and no root canal was needed!" -Tom Z, Warren, MI

**June 9, 2010** "**Herbs, the original medicine since the beginning of time.** . . I slipped and fell on the ice breaking both the Tibia and Fibula bones in my right leg. At the hospital, the surgeon put a 'nail' in the Tibia (big bone) and pins at the top and bottom. I was laid up (hospital and rehab) a total of 14 days. I was only allowed to 'toe touch' in rehab and after going home. During that time, I started taking **B.D.R.-C, CA.-W, M.Y.O.-C** and **Ol'Number 11** three time a day (120 drops of each per day). Since Osteoporosis runs in my family and I was two weeks away from my 50th birthday, I wanted to get as much calcium as possible in my system to counteract this disease. On the 17th of February, I went to the doctor to get the staples out. He said the bones still showed fracture and to come back in a month, but still could only toe touch. I told him at that time I was taking herbs and believed they were healing my leg. He was very skeptical and said that he was a believer in traditional medicine. When I went back on March 17th, the X-ray showed bone improvement. At that time he said I could start to do some weight bearing on the leg and to come back again in a month. When I went to the Orthopedic Doctor in April, he was in awe of what the X-ray showed. The bones were not only healed completely, he proceeded to show me all the density my bones now had! He released me with my final words being my slogan above. . . I told you that God with his **Herbs, the original medicine since the beginning of time**, would take care of this." -Elizabeth S., Jeffersonville, IN

**June 1, 2010** "If you have ever experienced food coming back up on you in the middle of the night or any other time, you know how awful it can be! Lack of sleep was really affecting me mentally and emotionally. This was happening to me for a very long time. I decided to go and have an EGD done to determine what the problem was. It turned out that I have a small hernia. Drugs were not an option for me. A friend told me about **ST.-W** so I decided I would try it. Wow, it works to stop the food from coming back up. I take it before meals, about two droppersful and before bedtime. I love, love, love this product!!! I keep one in my purse at all times. I also keep one next to my bed just in case I wake up with food coming up. I have a gluten intolerance too and **ST.-W** helps to settle my stomach when I have consumed a food that I am not supposed to have." -Kim, Sterling Hgts, MI

With kindest regards,

**Dr. Eugene C. Watkins**  
President

With best wishes,

**Gisela Watkins**  
Vice President

Best wishes,

**Aaron Watkins**  
Operations

**OLD  
PHILOSOPHER'S  
CORNER**

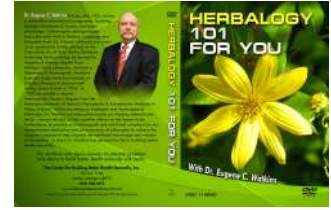
"You know what they say, 'All bad things must come to an end.'"

Dr. Eugene C. Watkins  
1 June 2010



**THE CENTER FOR BUILDING BETTER HEALTH NATURALLY, INC. / HERBAL RESEARCH GROUP**

Director Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.  
 P.O. Box 1146, Berkley, MI 48072  
 FAX (586)446-8218 PHONE (800)860-4372



Ship to: \_\_\_\_\_

Street: \_\_\_\_\_

City/State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

The material offered here shows a person how to put herbal programs together for a multitude of different conditions commonly encountered when practicing with herbs. It lets you look over the shoulder of an N.D., Naturopathic Doctor, (Doctor of Natural Medicine).

HERBAL PRACTICE LIBRARY MATERIALS Author Dr. A. B. Howard	Number of copies ordered	Price
UPDATED (2009) <u>HERBS FOR YOU— BUILD BETTER HEALTH NATURALLY</u>		\$21.95
UPDATED (2009) SUPPLEMENT TO THE COPYRIGHTED WORK <u>HERBS FOR YOU— BUILD BETTER HEALTH NATURALLY</u>		\$17.95
HERBAL RESEARCH GROUP VOLUME 1 (*DELUXE EDITION)		\$21.95
HERBAL RESEARCH GROUP VOLUME 2 (**working edition)		\$15.00
HERBAL RESEARCH GROUP VOLUME 3 (**working edition)		\$15.00
HERBAL RESEARCH GROUP VOLUME 4 (**working edition)		\$15.00
HERBAL RESEARCH GROUP SUPPLEMENTAL VOLUME (**working edition)		\$10.00
HERBALOGY 101 FOR YOU! FIVE DVD'S OF OVER 11 HOURS OF LIVE CLASS EXPERIENCE WITH DR. EUGENE C. WATKINS.		\$79.95/DVD set + \$6.85 for shipping
Shipping and handling for <u>each</u> Volume and each book is \$5.00. If ordering 10 or more of these works per order, shipping is free. The DVD shipping and handling is \$6.85 (no free shipping on the DVD).	TOTAL COPIES ORDERED _____ x 5.00 shipping of books and/or \$6.85 shipping of the DVD = \$ _____ (if 10 or more books shipping is free. No free shipping on the DVD)	TOTAL BOOK/DVD ORDER COST PLUS SHIPPING = \$ _____

**PURE HERBS, LTD TESTIMONIALS BOOKLET.**

1 – 9 booklets \$2.00/booklet.      10 – 24 booklets \$1.90/booklet.  
 25 – 49 booklets \$1.80/booklet.      50 – 99 booklets \$1.70/booklet.  
 100 or more \$1.60/booklet.

**MAILING/SHIPPING is as follows:**

1 book shipped by U.S. Mail at a flat rate of \$1.90. TWO books \$2.92.  
 3-4 books shipped by U.S. Mail at a flat rate of \$4.90.  
 5 or more books will be shipped via U.S.P.O. and you will be billed the actual U.S.P.O. shipping cost.

**HERBAL HANDBOOK FOR PRACTITIONERS**

Also available is the Herbal Handbook For Practitioners. The cost is 50 cents each plus shipping cost which will be billed to you.

Testimonial and/or Herbal Practitioners Handbook/s Total:

\$ \_\_\_\_\_

Methods of Payment:     CHECK     MONEY ORDER     MASTERCARD     VISA     DISCOVER     AMERICAN EXPRESS

CREDIT CARD NUMBER WITH EXPIRATION DATE: \_\_\_\_\_ EXP: \_\_\_\_\_ V-CODE:

Please make check or money orders payable to: T.C.F.B.B.H.N., Inc (The Center For Building Better Health Naturally Inc.)

Send with payment to: T.C.F.B.B.H.N., Inc. P.O. Box 1146  
 Berkley, MI 48072

\*DELUXE means: edited and proof read.  
 \*\*working edition means: unedited practice copies.