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Dec. 2011/Jan. 2012
Volume XX Issue 6



**HAPPY HOLIDAYS FROM ALL OF
US AT PURE HERBS, LTD.**



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**DECEMBER HOLIDAY SPECIAL!**

For the month of December get 5% off of any Pure Herbs, Ltd. product order placed (excluding spray bottles), plus full P.V. (Purchase Volume). The special will begin on Tuesday, December 1st, 2011, and end promptly at 5:30 p.m. Eastern Time on Friday, December 30th, 2011. Any orders left on the voice mail, fax, or received in the mail after 5:30 p.m. December 30th, 2011, will count for the next month. Pure Herbs, Ltd. will pay full P.V. (Purchase Volume) on all of your special discounted orders. The 5% discount will be on product only (excluding spray bottles). Once again, no shipping, renewal fees or application fees will be discounted. **Product only (excluding spray bottles)!** This Holiday discount is our way of saying thank you to all of our wonderful Pure Herbs, Ltd. Distributors. We appreciate each and every one of you! We wish everyone a safe and joyful Holiday season.

God bless you and your family!

NOTE: THE MONTHLY SPECIALS ARE ONLY VALID DURING THE MONTH OF THE SPECIAL.

SEE PAGE 9 FOR EXCITING NEWS FROM THE HERBAL RESEARCH GROUP RE: THE HERBAL RESEARCH GROUP VOLUMES. SEE PAGE 13 FOR THE ORDER FORM.

DROP SHIPS

There seems to be some confusion as to what constitutes a drop ship. A drop ship is any order that is shipped to an address that is not yours. To that end, effective immediately (Dec. 1, 2011), we will be charging the \$5.00 drop ship fee on **ALL** orders that do not ship to your permanent, on-file shipping address. This should erase any future confusion about what a drop ship is.

UPS HOLIDAY SHIPPING SCHEDULE**Friday, Dec. 23, 2011**

Normal pickup & delivery service for air & ground packages. UPS Next Day Air packages picked up today will be delivered Tues., Dec. 27 (except those labeled for delivery on Sat., Dec. 24). UPS 2nd Day Air packages picked up today will be delivered Wed., Dec. 28.

Mon., Dec. 26, 2011 (Pure Herbs is closed)

No UPS pickup or delivery service.

Fri., Dec. 30, 2011

Normal pickup & delivery service for air & ground packages. UPS Next Day Air packages picked up today will be delivered Tues., Jan. 3 (except those labeled for delivery on Sat., Dec. 31). UPS 2nd Day Air packages picked up today will be delivered Wed., Jan. 4.

Mon., Jan. 2, 2012 (Pure Herbs is closed)

No UPS pickup or delivery service.

Time-in-transit notes: On UPS holidays – Nov. 24, Dec. 26 & Jan. 2 – there is no movement of any packages tendered to UPS.

SEE NEW PRODUCT WRITE-UPS ON PAGES 5 & 6 & NEW PRODUCT TESTIMONIALS ON PAGE 7.



**NEW PRODUCT ANNOUNCEMENTS:
A.T.B.T.
&
HONEY CASHEW
&
CHOCOLATE HONEY CASHEW
ENERGY BARS**

**HIGH FIVE JANUARY 2012 SPECIALS**

Purchase three bottles (must all be the same product and the same size) of the following **HIGH FIVE PRODUCTS** and receive the 4th bottle free. To take advantage of the special, the three purchased bottles and the FREE bottle must be the same product and purchased at the same time from the list below only. Example: Purchase three bottles of N.-W and receive a fourth bottle of N.-W free. No Purchase Volume will be paid on any free bottles.

- ◆ **KID.-W** —Helps to repair severe kidney problems.
- ◆ **N.-W** —Calming of the nerves & Nerve repair. Stabilize nerves & dissolve tension. Promotes better coordination & also makes emotional tension impossible to hold on to.
- ◆ **BEE POLLEN** —Longevity, energy, build immunity, stress and also use as a source of protein.
- ◆ **SANICLE** —Herbal bulldozer and builder. Skin disorders, tumors & prolapsis of the uterus.
- ◆ **OL' NUMBER 11** — Used to repair any type of brain, nerve, tissue, flesh, cartilage, muscle injury or weakness.

PURE HERBS, LTD. OFFERS MONTHLY SPECIALS. BE SURE TO ASK ABOUT THEM WHEN YOU CALL YOUR ORDER IN OR CHECK OUR WEB-SITE AT: WWW.PUREHERBS.COM



Bee Pollen

NEW DIRECTORS FOR SEPT/OCT 2011

Yvonna Arnold
Sherry Thompson
Alean Lewis
Denise Heckman
Gladys Torres
Deborah Schaefer
Johnella May

CONGRATULATIONS TO ALL OF YOU!

HAPPY BIRTH-DAY
PURE HERBS
EMPLOYEES:
JOANNE—DEC. 10
MIKE B.—DEC. 15
SUSIE—DEC. 16
BARB—DEC. 23
KIM—DEC. 30
JIM—JAN 3

ATTENTION WALK-IN CUSTOMERS

Please **call your orders in** ahead of time. Also, keep in mind that we are not permitted to give out advice, so please refer to your books or call your upline with your herbal questions **before** coming in to pick up your order. Thank you for your consideration. Also, all orders must be picked up or paid for before 5:30 p.m. the last business day of the month; otherwise; the order **WILL NOT BE COUNTED FOR THAT MONTH**. This may be important to you and your business. This is your responsibility. Thank you.

Please try to have your Distributor number ready when calling an order in. Also, please have your order ready to place and your credit card number handy.

THANK YOU!

WELCOME NEW DISTRIBUTORS 37,371 THRU 37,798

You may call us at:
(800)860-HERB (4372) and
 place your order directly.

Shipping rates are as follows:

\$ 99.99 and under. \$ 9.50
\$100.00 – \$249.99. \$12.50
\$250.00 – \$499.99. \$15.00
\$500.00 – \$1199.99. \$18.00
\$1,200.00 and up. \$20.00

C.O.D. FEE IS \$10.50

Please note: 1/2 oz. bottles and 1 oz. bottles are shipped separately from the 4 oz. bottles because they must be shipped in UPS approved boxes. So, if you place a 1/2 oz. & 1 oz. order AND a 4 oz. order at the same time; they each will be shipped as separate orders with separate shipping charges. Capsules, tablets and/or creams/lotions and plastic spray bottles can be put in either a 1 oz. or 4 oz. box, or shipped by themselves if you do not need any liquid herbs. Capsules, tablets and/or creams/lotions and plastic spray bottles shipped without 1/2 oz., 1 oz. or 4 oz. bottles are at the same rate as above.

Also please note: If you are **shipping to another address**, other than the one we have on file for you, there will be an **additional fee of \$5.00** (drop-ship fee).

RETURN POLICY

Due to F.D.A. regulations regarding food products, Pure Herbs, Ltd. has a **NO RETURN POLICY. The exceptions are breakage and manufacturing defects. To return a product, you must receive prior approval. In the case of shipping errors, returned bottles must be as shipped (free of store pricing labels) and returned in a timely manner (with current lot numbers). All items returned with non-current lot numbers, distributor labeling, or two weeks after receipt, will be charged to your account. This policy is necessary as the returned product must be destroyed due to F.D.A. regulations.**

OFFICE HOURS

Pure Herbs, Ltd. is open Monday-Friday 9:00 a.m. till 5:30 p.m. eastern time (E.T.). At 5:30 p.m. we start our end of day computer clean-up; so, we do lock our doors promptly at 5:30 p.m. and activate our voice mail system for your phone calls. If you need to place an order, and it is not during business hours, please call 800-860-4372 and you will automatically be transferred to our voice mail system. Our voice mail system has many options to choose from so make your selection and then leave a detailed message. Leave your last name, Distributor Number, a phone number and method of payment (we accept Visa, Discover, MasterCard, and American Express, or you can pay C.O.D. by check or money order only). Please specify if 1 oz. or 4 oz. bottles, capsules, tablets or cream/lotion. If you have a rotary phone, stay on the line and you will have the opportunity to leave a message at the end. Also, please be aware that during business hours when all of our lines are busy you will automatically be transferred to our voice mail system.

NOTE TO ALL DIRECTORS:

All orders and P.V.T. (Purchase Volume Transfers, which refer to products that were ordered by Distributors that you did not sponsor) **MUST** be called in, faxed in, or received by mail before 5:30 p.m. E.T., on the last business day of the month, which would be Monday–Friday, i.e.: if the 30th is a Saturday, the last business day would then be Friday the 29th.

All orders and P.V.T. called in after 5:30 p.m. E.T. will automatically go on the next month. Legal holidays are not considered business days. This could be very important to you or your downline. It is your responsibility; and it will be your responsibility to correct any problems in your downline, should you fail to adhere to these rules. There are no exceptions. Also, keep in mind that during holidays the mail service will probably take a little longer.

Please stop waiting for the last day, last hour, last minute to place your orders. Take responsibility for your business.



***We will be closed Monday, Dec. 26, 2011 and Mon. Jan. 2, 2012.**

BEE POLLEN— ON SPECIAL IN JANUARY 2012

BEE POLLEN - (*Apis mellifica*) Plant sperm from male portion of flowers, collected by choosy female experts known as bees. Promotes longevity, quick energy, stabilizes and corrects low blood sugar, contains all the elements for new life such as genetic materials named R.N.A. and D.N.A., rejuvenation, excellent antibiotic, and can be used for internal and external dressings of wounds. If painful sore throat, soak cheese cloth or absorbent gauze with Bee Pollen Extract and wrap around throat, cover with plastic wrap and a final layer of cloth on top of this to hold all in place. Change morning and night. Repeat until well. To restore the stamina of youth even under severe stress, one to three tablespoons per day. Start with one tablespoon per day. Persist even if it takes months. There is a "nasty rumor" going around, which says a man with a vacuum cleaner can collect pollen from flowers cleaner and riper than choosy female bees. The rumor also states that Bee Pollen is hard to digest. In an extract form, however, the contents of the pollen grains have been removed and are free of the cellulose (wooden) pollen husks. This makes the Bee Pollen Extract very digestible. The proof of this is that Bee Pollen extract works and it works beautifully. I sincerely hope that you will squelch this "nasty rumor" about Bee Pollen extract and bees when you hear it. Leave it to the bees, the real specialists! Bee Pollen extract from ripe selected pollen is so good that it is used to counteract allergies — even those caused by wild, unripe, air-born pollen.

DOSE: Ten to 40 drops once a day for energy or as desired. 40 to 80 drops per meal as a correction and prevention for allergies. For rejuvenation, longevity, rebuilding stamina and for all other internal uses one teaspoon to one tablespoon three times per day.

PROMOTIONAL INFORMATION *READ ON FOR GREAT WAYS TO BUILD YOUR BUSINESS . . .*

POWER POINT PRESENTATION available from the **Vladimirsky's in McAllen, TX**

Build your business, promote **Pure Herbs** products, and **have fun** with PowerPoint Presentation: "Colon & Your Health" presented at the 2010 Pure Herbs convention. Available from: **Arkady & Bella Vladimirsky 956-631-3772**

PROMOTIONAL PAMPHLETS IN ENGLISH AND SPANISH: For promotional pamphlets in English and Spanish from very successful Distributors, please contact: **Arkady or Bella Vladimirsky at: 956-631-3772.**

GREEN HERBAL BOOKLETS FULL OF HERBAL PRODUCT INFORMATION (Super Business Builder):

For those of you wanting to order more of those wonderful green booklets full of herbal product information, please contact: **Miesse's Herbs at: 937-325-2173.** The cost of these booklets is 75 cents each or if you purchase 50 or more the cost is only 70 cents each. If you would like to contact Miesse's Herbs by mail, the address is: **2525 Springfield-Xenia Rd., Springfield, OH 45506**

TESTIMONIAL BOOKLETS: Purchase and distribute everywhere the Success Testimonials booklet. Make sure to put your name, address, phone number and/or e-mail address on the back of each one and then just sit back and the people will come to you. Most people want to get healthy and when they read how, from real success testimonials, they will want to try it on themselves and let others try it too. In other words, they will call you and order from you! What a great way to build your business, don't you think!?! Call Pure Herbs at: **1-800-860-4372** to place your order today. **See page 13 for order details.**

HERBAL HANDBOOK FOR PRACTITIONERS: This handbook contains information on: Bowel Management Program; Cold, Flu or Worse; Green Drink; Bad Cells; The Importance of Protein and Suggested Sources; Gall Bladder and Liver Flush; Full Nervous System Application and Vaginal Suppository. Call Pure Herbs at: **1-800-860-4372** to place your order today! **See page 13 for order details.**

HERBALOGY 101 FOR YOU: This is a two day live class experience featuring Dr. Eugene Watkins on DVD. You will learn how to regain your health, maintain your present health and improve your health. Over 130 single herbs are discussed in a familiar and understanding manner so you can use herbs too. Eleven hours of information are provided. **See page 13 for order details.**

A NOTE RE: INVOICES & TAX TIME

The end of the year is approaching fast and with that we would like to remind you to save all of your invoices in the new year for when tax time comes along. This will help you to be more prepared when you or your tax preparer get ready to file your taxes. Also, keep in mind if you have any tax questions you need to direct them to an accountant.

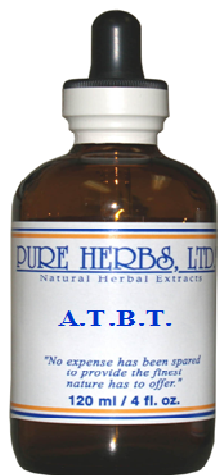
A NOTE ABOUT THE PURE HERBS CALENDAR WHICH IS INCLUDED WITH THIS MAILING:

There is a place on each page to put your Distributor number so that it is in a handy place when calling your order in to Pure Herbs. We would appreciate it if you could have your number ready when placing your orders. Thank you so much!

IN CHARGE OF PRODUCTION SAYS:

“The first time I tried the new energy bars, I felt energized right away from the high content of protein they contain. I also felt full, like I had just eaten a meal. I have tried a lot of health food bars and found that most of them taste like cardboard. These do not! Those cardboard tasting bars are always being promoted in very popular health magazines. I know Pure Herbs' new energy bars should be promoted in those magazines too — for tasting so great and being so high in protein!”

1 December 2011 Al Pfund “Uncle Al”, I.C.O.P. (In Charge Of Production)



A.T.B.T.

(AID TO BLOOD THINNING)



Sassafras

57 million (57,000,000) people die each year from aspirin use world-wide according to CHRISTIAN REHAB. Bayer Aspirin claims 70 to 100 deaths occur world-wide each year due to aspirin use. I guess the correct figure all depends on who you ask and who you trust. This much is for certain: we take cargo ships full of aspirin each year. The problem this causes is so serious, many enlightened and concerned physicians are calling it “the silent epidemic.” Why is it called “silent?” When is the last time you recall seeing aspirin listed as the cause of death in the newspaper where deaths are reported? It is also certain that circulatory problems and strokes are the third leading cause of death in the U.S. It is true, people in danger of having a stroke or heart attack often need a blood thinner. While aspirin and other blood thinners can thin the blood, the trouble is, they also thin the walls of the blood vessels and weaken them. Internal hemorrhaging and blood clots can occur. In extreme cases, these people often have bruises all over them when this occurs. You also have the makings of a stroke or heart attack in progress. Is this widely known? Yes! A government food and drug man was once asked, many years ago, why nothing was done about this. His answer was, “Well, if aspirin came up for approval today it probably would not pass.” But what are we to do about this in the here and now for all the millions who do need a blood thinner? Our Lord hath provided. In nature He has created many beautiful answers and without dangerous side effects. One of the gentlest of these are the flowers from clover, both red and white clover. Don’t you wonder why animals in the wild eating their natural diets don’t have strokes? They eat grasses and flowers. Yes, even the lions and bears eat flowers and grasses. Are there other natural plant blood thinners? Yes! The Arabs bathed their prized horses in Chestnut Leaf tea to prevent and dissolve blood clots. In Missouri, Sassafras tea with its friendly root beer flavor was taken to thin the thick winter blood and get you ready for Summer. The American Indians gave us Willow Bark as a natural aspirin and from Europe we have the Meadowsweet herb as a natural aspirin. From South America the Indians have given us Guaco (gwak’o) and Guacatonga (gwak’-ah-tong’-uh). Both keep the blood from deadly clotting after poisonous snake bites. Why couldn’t someone put all of them together? We have, and they work wonderfully. We also included some digest aids to digest out junk from the blood vessels and soothe them. We call it A.T.B.T. (Aid To Blood Thinning). You can feel it working when you take it.

Combination: Sassafras, Meadowsweet, Willow, Horse Chestnut Leaf, Red Clover Flowers, Guaco, Guacatonga, Gentian, Marshmallow, Gravel Root and Knitbone.

Dosage: How much to take? 10 to 20 drops as needed. The relief is quick. Yes, it can be taken when a stroke is in progress to prevent its severity and its adverse effects.

DIST. COST: 1 oz. \$10.00 4 oz. \$30.00 SUGG. RETAIL COST: 1 oz. \$13.50 4 oz. \$40.50

TESTIMONIALS

“My Medical Doctor suggested I take the drug Plavix to thin my blood. I did, but was not happy about it! When Pure Herbs came out with a product to help thin blood naturally, I decided to give it a try and wean off the Plavix slowly. I have been taking A.T.B.T. for about three months now. I feel good using this blood thinning product! Before I started using the A.T.B.T, if I bumped my self or shaved wrong, I would get bruised or bleed to the point that it was almost impossible to stop. It is very scary to get off blood thinners, but if you can possibly get off them, I suggest trying the A.T.B.T. What a great product!” —A.P., Bay City

“Almost 8 weeks ago, I had a heart attack with severe damage. In and of itself, it was a shock to my system but the emotional fall-out was intense. I was in the hospital for almost 5 days on heavy medication. I have been using herbs and other supplements for 15 years without so much as an aspirin. As you can imagine, my body rebelled with the medications. Over the past several weeks, I found answers to help move over to the natural medicines my body knows and accepts. First, though, I would like to mention that after a few days of immediate side effects after taking the meds prescribed, I decided to take P.A.-K to see if it would neutralize the negative effects. It did - within 5-10 minutes! The blood thinners I was put on caused immediate bruising all over my entire body within the first week. I also had a dull pounding headache that just would not go away. It was a struggle getting a handle on what to do - especially after reading the side effects of the drugs prescribed. God answers prayer in the most wonderful way! Four weeks after my heart attack, I received my huge Pure Herbs order and in it was the flyer announcing the newest product, A.T.B.T. (Aid To Blood Thinner). My husband and I decided to order it immediately. Two days later it arrived at 11 am and I took a dose immediately. I woke up around midnight and my headache was gone - it has not returned since! I was constantly feeling hot and suffering from hot flashes from my neck up - wringing wet - that previously I thought was menopause. I do not think that now. No more hot flashes and my body actually gets cold or warm in the appropriate conditions. For me, A.T.B.T. is an absolute Godsend to help my body heal in the way nature intended. I am so grateful to Pure Herbs and our Creator for bringing this relief to all of us. (This is not intended to diagnose or prescribe in any way for others, it is my personal experience.)” —C.A. in New York

ENERGY BAR (YOU WANNA MEAL) HONEY CASHEW & CHOCOLATE HONEY CASHEW

Treat yourself to a protein energy lift today. It's your choice: Honey Cashew or Chocolate Honey Cashew. Each bar contains 18 grams of protein! This is the same amount of protein you get in an Egg McMuffin or a three-egg omelet and you won't have to wait in line. When you want a fast, quick meal or snack without worry, think YOU WANNA MEAL. Protein stabilizes blood sugar to keep energy flowing throughout the day. YOU WANNA MEAL is made fresh right here in the U.S.A. It is not a soy bean bar that was made who-knows-when in China. It does not taste like an old rubber tire or slightly flavored patching paste. Enjoy the flavor of cashews and honey or cashews and honey plus chocolate. That's about as good as it gets if you want a protein bar meal that is actually good for you. YOU WANNA MEAL qualifies as low carbohydrate, low sugar and low sodium if you are diabetic. Body builders add muscle weight and strength. Add protein to your diet and keep your immune system strong, keep your body looking younger and feeling great.

CHOCOLATE HONEY CASHEW INGREDIENTS: Organic Cashews, Whey Protein Isolate, Organic Clover Honey, Perky's Crunchy Rice Cereal (Rice Flour, Rice Bran, Raisin Juice Concentrate, Honey, Salt), Pecan Oil, Cocoa.

CONTAINS: MILK, NUTS

May Contain Traces of Milk, Eggs, Soy, Wheat, Tree Nuts & Peanuts.

Nutrition Facts

Serving size 55g (55g) Serving Per Cont. 1

Calories 240

Fat. Cal. 120

<u>Amount/Serving</u>	<u>%DV*</u>	<u>Amount/Serving</u>	<u>%DV*</u>
Total Fat 13g	20%	Total Carb. 16g	5%
Sat. Fat 2.5g	12%	Fiber 1g	6%
Trans Fat 0g		Sugars 7g	
Cholest. 5mg	1%	Protein 18g	
Sodium 10mg	0%		

Vitamin A 0% Vitamin C 0% Calcium 80% Iron 15%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

HONEY CASHEW INGREDIENTS: Organic Cashews, Whey Protein Isolate, Organic Clover Honey, Perky's Crunchy Rice Cereal (Rice Flour, Rice Bran, Raisin Juice Concentrate, Honey, Salt), Pecan Oil.

CONTAINS: MILK, NUTS

May Contain Traces of Milk, Eggs, Soy, Wheat, Tree Nuts & Peanuts.

Nutrition Facts

Serving size 55g (55g) Serving Per Cont. 1

Calories 250

Fat. Cal. 120

<u>Amount/Serving</u>	<u>%DV*</u>	<u>Amount/Serving</u>	<u>%DV*</u>
Total Fat 14g	21%	Total Carb. 16g	5%
Sat. Fat 2.5g	12%	Fiber 1g	3%
Trans Fat 0g		Sugars 7g	
Cholest. 5mg	1%	Protein 18g	
Sodium 10mg	0%		

Vitamin A 0% Vitamin C 0% Calcium 80% Iron 15%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

This information is about historical observations and historical information relating to herbs. This information is not intended to be a substitute for medical advice by licensed physicians. A person should consult a physician regularly in all matters relating to medical problems, especially in matters of diagnosing, treating or curing diseases or other physical or mental conditions. This information has not been verified by the American Medical Association or the Food and Drug Administration.



DIST. COST:
\$35.40 PER CASE

SUGG. RETAIL COST:
\$47.40 PER CASE



DIST. COST:
\$35.40 PER CASE

SUGG. RETAIL COST:
\$47.40 PER CASE

TESTIMONIALS ON HONEY CASHEW & CHOCOLATE HONEY CASHEW ENERGY BARS

Sept. 30, 2011 “WOW! WOW! WOW! YUM! YUM! YUM! CONGRATULATIONS PURE HERBS!!!!!!!!!!!!!! The PROTEIN ENERGY BARS are great. My favorite is the Honey Cashew! The Bonus is it tastes delicious and there is no lingering aftertaste!” —Pat in TX

Sept. 30, 2011 “We enjoy both of the new protein energy bars, Honey Cashew and the Chocolate Honey Cashew! After lunch, for our dessert, my wife and I divide a bar between us! Thank you Pure Herbs for giving us this treat!” —JC, TX

Oct. 5, 2011 “My wife and I both love the new Chocolate Honey Cashew Energy bars that we got to try at the Pure Herbs Convention. We have three secretaries at our store that tried the energy bars too. They love them! Two of them like the Chocolate and one of them likes the Honey Cashew!” —Lon, Covington, IN

Oct. 7, 2011 “I love the new energy bars! They taste delicious, and I really feel a difference in my energy level after eating one. In addition, one bar satisfied my hunger and suppressed my appetite on a day when my hectic schedule prevented me from preparing a proper meal in the kitchen. I can't decide which flavor I like best. Thank you, Dr. Watkins and Pure Herbs. These products are the best!” —D.L., Detroit, MI

Oct. 10, 2011 “We were introduced to the ‘You Wanna Meal’ Energy Bars at the Pure Herbs Round Table Discussion during the middle of September. I tried both the Honey Cashew and Chocolate Honey Cashew bars and I fell in love with them right away. I ordered several boxes and not only do they taste great, but they also fill me up and are packed with plenty of nutritious ingredients. I eat them in the evenings and they satisfy my hunger. I like them so much that I find myself having cravings for them throughout the day. I highly recommend everybody try these and introduce them to your friends and family. They are great snacks for your kids and grandchildren.” —Bella, McAllen, TX

Oct. 10, 2011 “Wow! Pure Herbs, have we got a testimonial for you! We got our first shipment of bars in today and my wife got the bright idea of seeing our UPS driver's reaction to the bars. We quickly opened the box, (because you know how rushed the drivers are) and pulled out one of each, Cashew Honey and Chocolate Honey Cashew bars. ‘This is good! he exclaimed! I am looking for healthy things to eat when I am on the road.’ When I told him our cost he said that was a good price! ‘You pay a lot more than that at a health food store!’ he added. ‘You pay \$1.50 now for a candy bar and it is just full of harmful ingredients.’ He then asked, ‘Will you sell these to me, I would like to become a regular customer.’ He asked for our phone number and he said he would call when he was in the area or would buy them when he came to deliver our shipments. My wife was so excited I almost had to tie her down to keep her from floating away.” —Name Withheld for the protection of the innocent.

Oct. 21, 2011 “I love the new energy bars! They are both absolutely delicious! I prefer the Honey Cashew, but really, I love them both! So yummy and filling too! Try them! They make a great meal replacement when on-the-go! Thank you Pure Herbs for making these tasty energy bars which I think are better than a candy bar! I now reach for the energy bar instead of the candy bar. That is how yummy they are!” —Kim, Sterling Hgts, MI

Oct. 24, 2011 “I was pleasantly surprised when I heard about the new Pure Herbs health/nutrition bars as I am not generally one to like the flavor of run-of-the-mill health bars you'll find at health food stores; nor am I overly fond of the super sweet (and super unhealthy) candy bars. I thought to myself “**if Pure Herbs is selling it, it's gotta be good!**” and was really looking forward to trying them! I was not disappointed! Being someone who dearly loves cashews (and certain chocolate in moderation) it was a real treat! Both bars have a great taste and texture (though I do strongly favor the honey cashew one) and I am doubly pleased that, one: since they are not loaded with artificial sweeteners, chemicals and other ingredients that are not good for you, I do not feel ‘guilty’ eating them; and two: they do not react adversely with my mouth as do other bars of any kind. With both these bars I get to “have-my-cake-and-eat-it-too” so to speak! I am a happy camper! Thank you Pure Herbs for another wonderful (yummy!!)product!” —T.G. in Texas

Oct. 24, 2011 “After trying (and totally loving) the new Pure Herbs nutrition bars I was anxious to let my husband try them because he is a ‘hardcore’ candy bar person and I've never seen him eat a health/nutrition bar since I've known him. He is not particularly fond of cashews so I was a little apprehensive as to how he would respond. He tried the one with cocoa first and nodded saying “hmm, that's pretty good”. Then he tried the honey cashew one, and I was dismayed when he frowned and said ‘ew, that's disgusting’! I put out my hand because I thought he'd give me the rest of the bar back but he didn't, instead he looked like he was taking another bite! I told him if he really didn't like it then to let me have it since it's my favorite! I didn't want to waste it! His response was “well I'll just try it again”, so after the second bite he looked mildly surprised and said “oh, well that's not so bad after all”. I must admit, I couldn't quite tell if I was pleased or not. After all, now I have competition! Haha! Incidentally, the very next day he had one of each for lunch. There go my exclusive rights to those bars, haha! Thanks Pure Herbs for a tasty and healthful product! Keep ‘em coming!” —A satisfied customer.

Oct. 7, 2011 “I just want to let everyone know how GREAT the PURE HERBS Protein Bars are. They are just what's needed for that afternoon lag. You know—that time around 3:00 or 3:30 p.m. when you just want to close your eyes and take that little snooze...and you CAN'T because you're at work; and it's not your break time. Well, I have found that this energy bar is exactly what works for me. I take 1/2 bar—and without filling me up—it really gives me that little boost to get me through the rest of the day. I've tried them both; and they are both excellent. However, I do prefer the Honey Cashew. These bars are not too sweet, and the texture is just right—not too dry like some protein bars—or not too chewy like some others that just seem to stick to the inside of your mouth. I really think that of all the bars I have tried in the past, these truly ARE THE BEST!” —J.K, Sterling Hts, MI

HERBALOGY 101 FOR YOU

This is a two day live class experience with the herbs. HERBALOGY 101 FOR YOU is a two day live experience with an herbalist and students in words you can understand. Learn how to regain your health, maintain your present health and improve your health. Learn what you can do for what. Be better informed about herbs and nutrition and their benefits. The herbalist you visit with is the well known Doctor of Natural Medicine, Dr. Eugene C. Watkins, B.S.ed., M.S., N.D. You can learn in your own living room, hold a group meeting or just put the recorded disc in a DVD player, your computer or your television screen DVD player.

- ◆ Hold a meeting and invite your friends, prospective new customers or distributors to learn right along with you.
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- ◆ Here is an abundance of herbal wealth waiting for you.
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OVER 11 HOURS

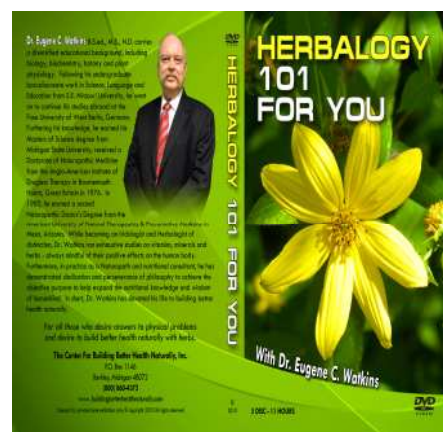
COST: \$79.95/DVD set plus shipping. We ship U.S. Priority Mail. The cost is \$6.85 for shipping and handling for the first DVD set. More than one set will be billed the actual postal rate.

TESTIMONIALS

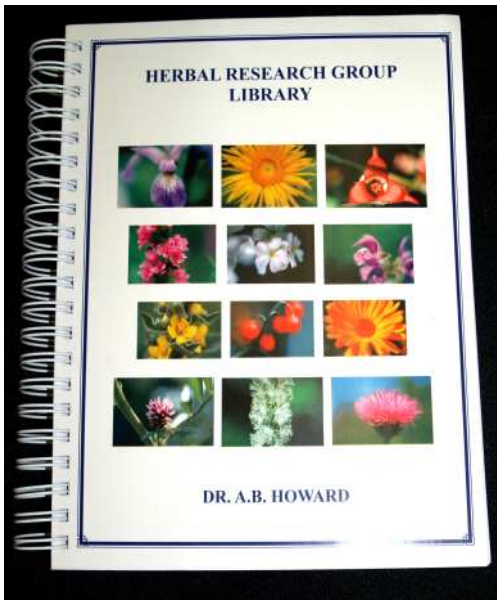
“I bought the Herbal DVDs in July and immediately wanted to share them with my clients and down line! Having been a Naturopath and Herbalist for 10+ years, I was greatly impressed with the quality and intensity of the knowledge Dr. Watkins shared. I continue to learn from these every time I watch them. So, in August 2010, I started weekly sessions with some of my folks watching and discussing these DVDs. What a great way to learn about the vast healing potential every herb offers! When you do group sessions like this, so much more is shared and learned. It took us a while to get through the DVDs, but we did; and I think we could watch them over and over and still learn something new. I plan on offering these DVD sharing sessions on a regular basis. I do recommend having index cards on hand to jot notes while watching as Dr. Watkins gives so much more than the average teacher. If you are a business builder, I think you will be pleased with the results in orders after these classes! One of my clients called the other day and said she has asked her family to simply order the DVDs for her Christmas gift. Talk about a gift that will keep on giving for years while helping you to improve your health and the health of others you know and love.” —C.A., ND - West Valley, NY

“There is an old saying: ‘Knowledge is Power’. Now you can get a lot of knowledge about herbs and their healing properties from DVDs featuring Dr. Eugene Watkins. Dr. Watkins has always been my best and favorite teacher. For the last 16 years I have learned a lot from him, but these DVDs significantly refreshed my knowledge. Dr. Watkins is not just a wonderful teacher but also experienced health practitioner and creator of numerous herbal formulas. His teaching comes not just from the books, but mostly from his tremendous experience and big heart. I highly recommend this DVD set to everybody as a wonderful learning and business-building tool.” —Bella, McAllen, TX

“A friend of mine and her mother were visiting for a few days. I had just ordered and received the DVD series of Dr. Watkins **Herbs For You**. After supper we began to watch the DVD on the colon. My friend’s mother was fascinated by the information and we got into a discussion on diet, nutrition and cleansing. The mother lived on a mostly meat diet, very little vegetables or fruit. My friend’s mother adopted some of the ideas on the DVD’s, altered her diet and did some cleansing. Overall, better health occurred. Because of the **Herbs For You** DVD’S she became interested in taking care of her body. The information on the set of DVD’s were very inspiring for her. Thanks Dr. Watkins.” —Thankful in KY



THE HERBAL RESEARCH GROUP IS HAPPY TO ANNOUNCE THE COMBINED HERBAL RESEARCH GROUP LIBRARY FOR 2012



The information in this library has been assembled over a lifetime of practice to find what worked and what didn't. It grew out of sheer necessity and searching for ways to solve problems and relieve unnecessary suffering. These recovery programs were all written at different times as the need arose. There are root causes that occur again and again regardless of the "dis-ease" or distress. Learn to deal with these situations and move on. There are not really that many different "dis-eases," but there is a host of different ways they can show up in a person depending on what that person's weaknesses are. Enjoy the fact that there are answers to every physical problem, and all is not hopeless. The Master promised "Let not your hearts be troubled" and "fear not for I am with thee always, even unto the ends of the Earth."

HERBAL RESEARCH GROUP LIBRARY is for those who want more herbal knowledge and want to know what an herbal practitioner does when faced with more difficult cases. These works cover a wide range of conditions and solutions to a diverse spectrum of human suffering with complete herbal programs. These works are derived from decades of practical

herbal experience and observation. This is the "body shop" and it is the "how to analyze, fix and repair manual."

*****Over 385 programs and write ups*****

New programs and write ups have been added. Cross reference to make things easier. Over 460 pages.

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*Alopecia (Women's Baldness) *Alzheimer Type Problems *Bacteria: E. Coli *"Bad Cells" *Carpal Tunnel
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*Fibromyalgia *Gout *Heel Spurs *Impotence *Internal Bleeding *Lupus *Pneumonia
*Radiation Poisoning *Tendonitis *Thrush *Thyroid Gland *Tremors *Urinary Tract Infections
*Tuberculosis

ALL THIS AND MUCH, MUCH MORE!

These works allow you to look over the shoulder of a Naturopathic Doctor and gain his knowledge.

WE HAVE PUT ALL THIS IN ONE SPIRAL BINDER.

In the **past** these works were divided into **five separate volumes**. These older versions will be available only for a short time and only while supplies last. If you should need **VOLUMES I, II, III, IV and SUPPLEMENT VOLUME, WORKING EDITION**, you must place your order before **January 30, 2012**. They will no longer be available after this date.

KNOWLEDGE IS WEALTH!

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SEMINAR & PROMOTIONAL INFORMATION

We list all Seminars at no cost to the Directors as long as it is a Pure Herbs, Ltd. Seminar, Course or Advanced Courses with specific dates and our product is being endorsed. Our Newsletter goes out to thousands of Distributors and is a great way to let people know what you're doing.



MICHIGAN—DETROIT

Dawud Abdur-Rahmaan, D.H.S., Master Herbalist of the Michigan Institute of Natural Health, is offering Herbal Extract classes. Become certified as an Herbal Extracts Specialist. Learn usages of natural herbs and their healing properties. Correspondence courses are also being offered. Learn to manage your own health by using Pure Herbs extracts. "If you don't pay attention to your health now, your health will get your attention later." Also learn how to eat for optimum health with a special RAW food presentation and sampling at each class. Khadija Abdur-Rahmaan will be your RAW food instructor.

DATE: Every Mon., Jan. 16, 2012 thru Mon., April 2, 2012

TIME: 7:00 p.m. till 9:00 p.m.

COST: \$400

PLACE: 1128 Atkinson, Detroit, MI 48202

-OR-

DATE: Every Wed, Jan. 18, 2012 thru Wed., April 4, 2012

TIME: 7:00 p.m. till 9:00 p.m.

COST: \$400

PLACE: 1128 Atkinson, Detroit, MI 48202

For further information or reservations: 313-865-0018 or 313-820-6388.

MICHIGAN—SOUTHFIELD

Irene's Myomassology Institute is offering a class in basic Herbology. This is a two day seminar. **The presentation speaker will be Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.**

DATE: Sat., March 10, 2012 thru Sun., March 11, 2012

TIME: 9:30 a.m. till 5:30 p.m. both days

COST: \$328 (non-student fee)

PLACE: 26061 Franklin Rd, Southfield, MI 48034

For further information or reservations, please contact Irene's Myomassology Institute at: 248-350-1400.

MICHIGAN—DETROIT

Prof. Diane M. Lockett, B.A. Bus. ed., M.S.ed, C.N.H.P., Master Herbalist of the Divine Institute of Natural Health, is offering an in-depth study of natural Pure Herbs extracts and their healing properties. Become certified as an Herbal Extract Specialist, in eight sessions, and get on track for the new year!

HES, Section 1

DATES: Mondays, Jan. 23, 2012 thru March 26, 2012

TIME: 6:00 p.m. till 8:00 p.m. (No class on 2/27 & 3/5)

COST: \$300

PLACE: 19649 Yonka Street, Detroit, MI 48234

- OR -

HES, Section 2

DATES: Thursdays, Jan. 26, 2012 thru March 29, 2012

TIME: 11:00 a.m. till 1:00 p.m. (No class on 3/1 & 3/8)

COST: \$300

PLACE: 19649 Yonka Street, Detroit, MI 48234

For more information, or to register, please contact Professor Lockett at: (313) 580-4121

MICHIGAN—DETROIT

HERBAL/NUTRITIONAL HEALTH COACH TRAINING

A comprehensive health coach certificate program combining the healing properties of Pure Herbs with the Nutritional properties of living food to prevent, heal & reverse "dis-ease". LaKeta McCauley, Certified Natural Health Practitioner, Nutritional Consultant, Certified Herbalist, and Author of the book, "Taking Every BITE Seriously" will be your instructor. McCauley reversed a breast cancer diagnosis through diet & nutritional therapies that included herbs and organic, raw, vegan food. Studies from around the world suggest that a plant based diet is necessary to reverse disease and promote optimal health. Together herbs and the nutritional properties of a plant based diet provide a complete healing experience. Learn the healing properties of specific foods and herbs to coach yourself, family & friends to optimal health. Topics covered include nutritional planning, food and herbs for diabetes, high blood pressure, weight loss and other degenerative conditions; also learn how to set up your own Health Coach Practice. Correspondence courses are available. The "Taking Every BITE Seriously" book is included in your course fee.

DATE: Every Saturday December 10, 2011 thru February 25, 2012

TIME: 9:00 a.m. till 11 a.m.

COST: \$400

PLACE: RAW Cafe-Detroit, 4160 Woodward Ave. First Floor Detroit, MI 48201

To register or for information on speaking engagements in your city, contact 248-790-6111.

MICHIGAN—DETROIT

Let's get a good jumpstart for the new year! Learn how to build a better business using effective marketing, management and tax strategies for increased sales and profits, develop self-confidence, set goals and achieve them. Prof. Diane M. Lockett, B.A. Bus. ed., M.S.ed, C.N.H.P., Master Herbalist of the Divine Institute of Natural Health, will be your instructor.

DATE: Saturday, January 14, 2012

TIME: 9:00 a.m. till 12:00 p.m.

COST: \$40

PLACE: 19649 Yonka Street, Detroit, MI 48234

For more information, or to register, please contact Professor Lockett at: 313-580-4121

PURE HERBS, LTD. SUCCESS TESTIMONIALS USING PURE HERBS PRODUCTS

Sept. 30, 2011 “With winter fast approaching I decided I needed to share this testimony with my fellow snow birds. If I feel a cold or flu coming on, I immediately grab my bottle of **Bee Pollen**. I take it hourly and nip it in the bud! The best part of taking **Bee Pollen** is that it tastes good. What a great herb to have on hand! Give it a try!” —B.J., Sterling Hgts, MI

Oct. 24, 2011 “My husband has been using **Turmeric** and he says his digestion has improved. He likes the taste of **Turmeric** and says he has a general feeling of well being from using **Turmeric**! He has one big bottle by his computer and the other with his daily herb program. He loves the **Turmeric**.” —TX

May 24, 2011 “My son and I got really sick with a viral infection. The symptoms were: high fever, dry cough, achiness and fatigue. My son went to the emergency room and the doctor said there was nothing they could give him because it was a virus and antibiotics wouldn't touch it. I went to the doctor twice and was told the same thing. My son and I both decided to try taking **Sutherlandia** extract. What a great herb! Within a couple of days we were feeling a lot better and from now on will take it throughout the winter months to ward off any type of viruses.” —M. F., Newport, VT

Oct. 24, 2011 “My gums became inflamed after a dental appointment so I said “Since **Turmeric** is suppose to kill bacteria, and acts like an anti-septic, I decided to rinse my mouth with it a couple of times. I put about 80 drops in one ounce of good water and swished it around in my mouth for about two minutes and spit it out. It began working immediately! I did that for several more times through the next two days. So now, any time I need an anti-septic I use the **Turmeric**.” —TX

Oct. 31, 2011 “I put my 17 year old poodle, Joey, on **Chestnut Leaf** five years ago, after his stroke. He could not use his hind legs at all. The Vet said he might recover about 70%. Well, to the Vet Doctor's amazement, three months later, he had a 90% recovery. I truly believe that the **Chestnut Leaf** was the remedy for him. I give him four drops daily with his food. I intend to continue giving him Chestnut Leaf.” —S.R., McAllen TX

Oct. 26, 2011 “About 20 years ago I had a man come to me for help. He said he was facing kidney dialyses and asked what herbs could he use. No matter what the ailment they might be experiencing I always tell them they have to take **A.C.S.** (All Cells Salts) and **C.C.E.-W** (Cleansing Corrective Extract). I then suggested **KID.-W** (kidney food), **UR.-W** (urinary tract cleansing) and **OI' Number 11** (for repair of the tissue). I had him take all five herbs by mouth and apply the **KID.-W** and **OI' Number 11** on the lower back, over the kidney area for the healing of the kidneys He did everything suggested and in a couple of months the improvement of his kidneys were awesome. As far as I know he never had to go on dialyses. Thanks for your excellent quality products.” —EPC

Aug. 1, 2011 “The gum around one of my teeth became sore. I remembered that **Turmeric** Extract acted as an anti-bacterial, so I swished about 20 drops around in my mouth with a little swallow of water. That was in the afternoon and I did it again that night; and by the next morning, it was back to normal. What was neat was that the pain was almost gone after one application! I like this anti-inflammatory herb! I like the taste of Pure Herbs **Turmeric** Extract too! Pure Herbs is the only company that has **Turmeric** Extract! There is nothing like a good quality product!” —AB in Texas where the Beautiful Bluebonnets grow!

March 30, 2011 “I am amazed at the results I am getting with **Celandine** for my blood pressure. In the past, with trying different herbs for blood pressure, the lowest I could get it to was 152/99. I was talking to another Pure Herbs Director, Richard about this issue and he suggested I try **Celandine** and apply it topically. When I got the **Celandine** I applied it topically to the back and side of my neck and also on each wrist. Since I had just taken my blood pressure I decided to wait 20-30 minutes before taking it again. Within 30 minutes **Celandine** brought my blood pressure down to 114/65. WOW is I could say! Immediately I called Richard to thank him for this information. I now apply **Celandine** three to four times per day and at night I apply it to the soles of my feet to control my blood pressure, which now stays at 120/80. The numbers might vary a little, but nothing like it was before. Thank you Pure Herbs for great products and thank you to Richard for sharing your information.” —Jean, Dillsboro, IN

March 18, 2011 “For quite some time I have had an unexplained issue with water retention. I decided to try using **Celery Seed** and **Alfalfa** daily, at a rate of three droppers full of **Celery Seed** twice daily and two to four capsules of **Alfalfa** per day. When taking daily, I have NO water retention at all! How nice it is to drop all the extra weight and discomfort of all that extra water retention! Thank you Pure Herbs for these wonderful herbs!” —K.S., Warren, MI

July 18, 2011 “I've been taking **Astragalus** because I have an immune system disorder with frequent sinus and urinary tract infections. I'm on my second 4-oz. bottle of **Astragalus** and it has cleared up all sinus and urinary tract infections I had. I'm a believer!” —M.C., New Smyrna Beach, FL

WE ENJOY YOUR TESTIMONIALS, PLEASE SEND THEM IN!

IMPORTANT NOTE:

When sending in a testimonial, please be sure to include which herbs you have used to help you. We have received many testimonials which do not give this information and then we have our Distributors calling, wondering which herbs were used. Also, be sure to sign your testimonial. If you would like to send in your success testimonials, address them to: Pure Herbs, Ltd. — 33410 Sterling Ponds Blvd., Sterling Heights, MI 48312

Please let us know if we can publish them in our bi-monthly Newsletter and put them on our website. Also, let us know if you would like your name and phone number used. If you would only like the initials of your name to be used, please specify that. We would love to hear from you! **When your testimonial is published you will receive a free 4 ounce bottle of your choice (it is your responsibility to call us) with free shipping. Please note some testimonials have been edited for space, clarification, syntax & grammar.**

Oct. 26, 2011 "In 1987 I learned that I had a degenerative cell condition. Since my mother died from that same condition in 1966, I guess I unconsciously believed the same fate could happen to me. Doc encouraged me to choose life instead of death. I began a program of using the herbs for 'bad cells' and zeroed in on my kidneys and prostate. For insurance, I still take **KID.-W** to keep my kidneys in good working order and **P.-W** for my prostate maintenance. I will always take these two herbal formulas because they are a great way to keep my kidneys and prostate functioning in tip top shape! Try it, you might find the same success." —J.L., North Texas

Nov. 1, 2011 "I have a friend who has had Diabetes for about five or six years. For two weeks her blood sugar was 188 before breakfast. After walking it would spike to 259. Her doctor told her she would have to go on insulin. My friend also had protein that was leaking into her urine. She is on a very strict diet. She began rubbing **Arnica & KID.-W** on her lower back over the kidney area three times a day. She took 40 drops of **Culver's Root, KID.-W, & DB.8-W** internally three times a day. Her blood sugar the next day was 122. It has been as low as 108 & 87. For two weeks it has been 122. Her doctor told her to keep doing what she is doing. He is willing to help her get off her meds. Praise the Lord for what He has done." —JT in TN

Oct. 25, 2011 "My Pure Herbs Director was telling me how **Turmeric** Extract had helped her teeth and gums. I decided I would try it for my swollen gums (I think it was an abscess around one of my jaw teeth). I took about ten drops straight into my mouth. I put it straight onto the tooth and then swallowed it. I had some relief from the pain immediately! I continued taking it and within less than two days the pain was completely gone and hardly any swelling was left!" —EC, TX

Oct. 3, 2008 "My dog had a tumor and I had one on my liver. We both took one large bottle of **CST.-M** and we are both tumor free. I also worked with a girl who was told she had an unusual parasite in her liver which I knew must have been a fluke. I had her take one large bottle of Cloves and she doesn't have any trace of a fluke anymore. I also want to tell you that I have several people who rely on the **I.V.Y.-D** formula for the flu. It is also a very wonderful product. Thank you so much for your Pure Herbs products. What a Godsend." —S.W., IN

May 2, 2011 "I was going through menopause and it was very bad. I was crying a lot, had a bad attitude and was very emotional. My friend who is a Pure Herbs distributor told me I should try a product call **MPS.-I** and so I did. My life hasn't been the same since. I am much better now. When the crying spells do come I can handle them a lot better. I thank God for Pure Herbs." —A.W., MI

June 27, 2011 "I wanted to write to you a testimony regarding my use of **Llyod's Formula**. I came in contact with a parasite/insect/bug of some sort in a hotel room on April 23, 2011. It's now June 24, 2011 and I'm still dealing with this problem. This contact has created a very stressful time for me. I have been to several medical doctors and had several visits to the emergency room, but the medical profession could not diagnose my problem or tell me what the name of the pestilence was. I had been a member of Pure Herbs many years ago and remembered your company to call and ask for help. It was around this time, a new formula had been released called, **Lloyd's Formula**. Just in time for me! **Lloyd's Formula** has been a life saver! When I took it for the first time and I cannot even describe to you the 'kill action' I felt go through my body all the way from my head to my feet. I won't describe this parasite/insect, but I will say it was running scared when I took the first dose of **Llyod's Formula**. Honestly, I don't know where I would be today mentally or emotionally without this herbal supplement. If you are in a critical situation and need help with your body and blood stream right away, this product will save your life! It has saved mine! Thank you Pure Herbs!" —J.R., Grandview, MO

July 11, 2011 "My testimony for **R.S.T.-C**...Doctors told me that I had developed Pulmonary hypertension/Pulmonary fibrosis (scaring on the lungs). I started taking the **R.S.T.-C** along with the medicine given to me by the medical Doctors. These doctors told me that there was no way for the scarring to get any better that it would only keep getting worse. I am a strong believer in the word of God the creator of this earth. I quoted to the doctors that "God's words say that the weapon my form but shall not prosper Isaiah 54:17 and this too shall pass. I began to ask God to help me with any unbelief Mark 9:24 because I truly believe every word that proceed out of the mouth of God. A year later, I insisted that I get retested to see if there had been any changes, because I felt like there had been. Sure enough, the scaring was no longer there (Pulmonary fibrosis scaring). After reviewing the test only one doctor told me that this was a miracle. Doctors do not have the final words! Thanks God and the herbal healer that helped me." —Jennifer, Rowlett, TX

July 25, 2011 "I had a deep sore on my leg that was open and infected. After using hydrogen peroxide for a couple of days it still had not improved. One morning I decided to open up a Pure Herbs capsule of **Vitamin E with Selenium** and apply it topically on the sore and then put a bandage on the sore. Later that evening I took off the bandage and was amazed at the results. The infected area was completely gone and almost completely healed over. It was no longer sore either. By the next day it was 95% better. I have used many brands of **Vitamin E** in the past and NEVER experienced such rapid relief. This product is superb!" —B.R., KY

With kindest regards,

With best wishes,

Best wishes,

Dr. Eugene C. Watkins
President

Gisela Watkins
Vice President

Aaron Watkins
Operations

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"HAPPY NEW YEAR !!!

Dr. Eugene C. Watkins
1 December 2011



**THE CENTER FOR BUILDING BETTER HEALTH NATURALLY, INC.
HERBAL RESEARCH GROUP**

Director Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.
P.O. BOX 1146 Berkley, MI 48312 FAX (586)446-8218 PHONE (800)860-4372



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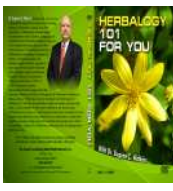



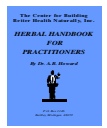

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HERBAL PRACTICE LIBRARY MATERIALS	PRICE	QUANTITY
 <p>2009 Color Edition “Herbs For You Build Better Health Naturally” Whether you use liquids, tablets or capsules, this book gives you the information you need. It contains 248 Single Herbs & their usage/dosage. It also includes the Historical uses & programs reference guide (45 pgs) of which herb to use for what condition.</p>	\$21.95 each	
 <p>“NEWLY UPDATED 2011 Color Edition Supplement to the copyrighted work “Herbs For You Build Better Health Naturally” over 20 new products recently added, 160 combination herbs, capsules, tablets, skin lotions & roll-on: usage & dosage.</p>	\$17.95 each	
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