

# PURE HERBS, LTD.

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FEBRUARY/MARCH 2003

Volume XII, Issue 1

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## NEW PRODUCT ANNOUNCEMENT W.L-S (Weight Loss – Solomon Wickey)

	<u>Distributor Price</u>	<u>Suggested Retail Price</u>
<u>W.L.-S. CAPSULES</u> ( 600 mg 9.0 grains)	\$18.00 100 capsules	\$23.00 100 capsules

**Contents:** Chickweed, Blue Vervain, Greasewood, Bladderwrack, Capsicum and Dandelion Root.

## THE CENTER FOR BUILDING BETTER HEALTH ANNOUNCES ITS NEW

**WEBSITE:** [www.buildingbetterhealthnaturally.com](http://www.buildingbetterhealthnaturally.com). This site offers herbal information on Pure Herbs, Ltd. products and the historical uses of herbs. It also allows you to order information to help you find the answers to your herbal questions. You can now order the Herbal Extract Books, Research Volumes and the Herbal Extract Books on CD-Rom by using the web-site. **CD-ROM SAVINGS:** Due to a large production run of the CD-ROM we can now pass the savings on to you. The price is now \$12.95 + \$5.00 shipping and handling.

## NEW DIRECTORS FOR NOVEMBER/ DECEMBER 2002

Mary Ann Yoder  
Thomas Tirro  
Barbara Tanner

**Congratulations!**



**HAPPY  
VALENTINE'S  
DAY!**

**IMPORTANT UPS  
RATE CHANGES,  
PLEASE SEE  
PAGE SIX.**

## OLD PHILOSOPHER'S CORNER

“People are pretty important  
and this includes you.”

1 February 2003  
Dr. Eugene C. Watkins

## CONGRATULATIONS CONVENTION QUALIFIERS “2002”

Joseph & LuAnne Troyer  
Solomon & Anna Mae Wickey  
Betty Harbour & Rhonda Williams  
Jake & Elizabeth Schwartz  
Dr.'s Frank & Irene Miesse  
Joseph & Veronique Desrosiers  
Tom & Diane Slider  
Dr.'s William & Mildred Horosh  
Arkady & Bella Vladimirovsky  
Doug & Teresa McCurry  
Bonjue & Sun Kim  
Richard & Carol Dicks  
Jon-Lynn Yaden  
Lon & Sherry Slider  
Paul Hilty  
Sam Schwartz  
Irene & Kathy Gauthier  
Jo Ann & J.D. Riggs  
Caletta Oakley

Valentine Byler  
Calvin & Margaret Taylor  
Larry & Doreen Harris  
Ralph & Carolyn Reed  
Jim & Marion Jones  
Lowell & Carolyn Jess  
Rady & Ella Faye Holder  
James & Thelma Krutz  
Geneva Gile  
Miles & Georgeanna Autrey  
Ron & Glenda Nichols  
Don & Pat Geiger  
Maxine Murray

**Congratulations!!!**

# WELCOME NEW DISTRIBUTORS TO OUR PURE HERBS FAMILY



18,917  
THRU  
19,250

You may now call us at  
**(800)860-HERB** and place  
your order directly. **Shipping**  
is as follows:

\$ 99.99 and under	\$ 5.00
\$100.00- \$249.99	\$ 6.00
\$250.00 -\$499.99	\$ 7.50
\$500.00 and up	\$ 10.00

Please note: Because 1-oz and 4-oz bottles must be shipped separately in UPS approved containers, each is a separate order. So, if you place a 1-oz and a 4-oz order at the same time they each have to be shipped as separate orders with separate shipping charges. capsules, tablets and/or cream can be put in either a 1-oz or 4-oz box, or shipped by themselves if you do not need any liquid herbs. Capsules, tablets and/or cream shipped without 1-oz or 4-oz bottles are at the same rate as above.

**C.O.D. FEE IS \$7.00  
ADDITIONAL.**

## RETURN POLICY

Due to F.D.A. regulations regarding food products, Pure Herbs, Ltd. has a no return policy. The exceptions are breakage and manufacturing defects. To return a product, you must receive prior approval. In the case of shipping errors, returned bottles must be as shipped (free of store pricing labels) and returned in a timely manner (with current lot numbers). All items returned with non-current lot numbers, distributor labeling, or two weeks after receipt, will be charged to your account. This policy is necessary as the returned product must be destroyed due to F.D.A. regulations.



**HAPPY BIRTHDAY!**

**PAT—MARCH 17**

**NO ADD-ON POLICY:**

**Please be aware that the NO ADD-ON POLICY is being strictly enforced. Thank you for your cooperation in this matter.**

**PLEASE CHECK YOUR ORDER RIGHT AWAY!**

Please look over your product order as soon as you receive it. Some people are waiting a month or two before looking over their orders and finding a broken bottle or incorrect bottle. Pure Herbs needs to know right away if there is a problem with your order.

**HOW TO QUALIFY FOR CONVENTION**

1. You need \$40,000.00, using your personal sales plus your zero downline (this means you and all the people that you sign up directly under you with combined sales of \$40,000.00) to qualify you and a companion, but you will be required to pay for your companion's transportation. You can also count each 1st Level Director as \$1,000.00 P.V. providing those 1st Level Directors remain Directors July 1st through December 31st, of the qualifying year. To qualify for two you need \$45,000.00.

**EXAMPLES:**

Your personal sales	\$20,000.00	
Your zero downline	<u>\$20,000.00</u>	
	\$40,000.00	You're going to Convention with transportation for one.

**OR**

Your personal sales	\$20,000.00	
Your zero downline	\$22,000.00	
3 First Level Directors (Who were Directors July 1st through December 31st of the qualifying year)	<u>\$3,000.00</u>	
<b>TOTAL</b>	\$45,000.00	You're going to Convention with transportation for two.

**Here is a list of some of the exciting places our convention qualifiers have been to:**

Cape Cod, MA	Disney World, Orlando, FL
Gatlinburg, TN	The River Walk in San Antonio, TX
Big Cedar Lodge in Ridgedale, MO	The River Queen along the Ohio River

**And this year we will be going back to the all time favorite: Big Cedar Lodge!**



**IN CHARGE OF PRODUCTION**

**TOP 20 4-OZ PRODUCTS**

- |                       |                   |                       |
|-----------------------|-------------------|-----------------------|
| 1. O.C.M.             | 8. C.C.E.-W       | 15. SANICLE           |
| 2. T.-W               | 9. S.D.-R         | 16. HERBAL ADJUSTMENT |
| 3. CAN-SOL            | 10. SIA.-R        | 17. OIL OF CAJEPUT    |
| 4. A.C.S.             | 11. SI.-W         | 18. OLIVE LEAF        |
| 5. RED CLOVER BLENDED | 12. N.-W          | 19. BLADDERWRACK      |
| 6. H.T. COMB          | 13. WHOLE APRICOT | 20. W.-W              |
| 7. CA.-W              | 14. OL' NUMBER 11 |                       |

1 February 2003 — I.C.O.P. (In Charge Of Production) Al Pfund

## SEMINAR INFORMATION

We list all Seminars at no cost to the Distributor as long as it is a Pure Herbs, Ltd. Seminar, and our product is being endorsed. Our Newsletter goes out to thousands of Distributors and is a great way to let people know what you're doing.



### TEXAS—McALLEN

For anyone interested, Bella Vladimirsy of Advanced Holistic Health Services will come speak in your town on HERBS & NUTRITION for a one day seminar. Bella has a degree in Biology and Chemistry, is a Health Practitioner and Nutritional Consultant, and is also certified in Iridology by Dr. Bernard Jensen and Dr. Eugene C. Watkins. She works with diets, herbs and metabolic balancing and conducts Herbology seminars across the U.S. Bella is a Certified Clinical Nutritionist by the American Association of Nutritional Consultants, Advanced Holistic Health Institute and Bio-Ion Institute. For further information, please call Advanced Holistic Health Services at 956-631-3772.

### INDIANA—LAWRENCEBURG

Jean Kinnett, Master Herbalist, Iridologist, Massage therapist and Doctor of Naturopathy is available for herbal or iridology seminars. She is willing to travel to your area. For further information, please call 812-537-5457.

### NORTH CAROLINA—MANTEO

Patsy Reynolds, Certified Natural Health Professional and Doctor of Naturopathy is available for herbal seminars/classes. Will travel to your area in North Carolina, Virginia and South Carolina. For further information, please call 252-473-6060. For monthly meetings please call three days prior to meeting to reserve a seat.

**DATE:** 1st Wednesday, each month

**TIME:** 7:00 p.m.

**PLACE:** A Natural Health Center, 1378 US Highway 64, Manteo, NC 27954

### MICHIGAN—STERLING HEIGHTS

Joan Thompson, Herbal practitioner and Medical Intuitive Therapist is available for herbal lectures. Joan specializes in Herbs and Herbal Blends, Flower Essences (Perelandra and Bach and the New Bach Flower Body Mapping, Chi-intrasonic 8 - using effective frequency bands to relieve pain and promote healing, trauma and pain relief. Joan is also an Aroma Therapist who works with Essential Oils and a Body and Energy worker. Joan has worked in the health care field for over 20 years as a Registered Respiratory Therapist and has developed a number of herbal remedies for Pure Herbs, Ltd. For further information, call Joan at 586-412-3449.

## OFFICE HOURS

Pure Herbs, Ltd. is open Monday-Friday 9:00 a.m. till 5:30 p.m. E.D.T. At 5:30 p.m. we start our end of day computer clean-up; so, we do lock our doors promptly at 5:30 p.m. and activate our voice mail system for your phone calls. If you need to place an order, and it is not during business hours, please call 800-860-4372 and you will automatically be transferred to our voice mail system. Our voice mail system has many options to choose from; make your selection and then leave a detailed message. Always leave your last name, a phone number, method of payment (we accept Visa, Discover, MasterCard, and American Express, or you can pay by C.O.D., check or money order only) and a Distributor number. Please specify if 1-oz or 4-oz bottles, capsules, tablets or cream. If you have a rotary phone, stay on the line and you will have the opportunity to leave a message at the end. Also, please be aware that when all of our lines are busy you will automatically be transferred to our voice mail system.

### ALL DIRECTORS:

All orders and P.V.T. (Purchase Volume Transfers, which refers to products that were ordered by Distributors that you did not sponsor) **MUST** be called in, faxed in, or received by mail before 5:30 p.m. E.D.T., on the last business day of the month, which would be Monday-Friday, ie: if the 30th is a Saturday, the last business day would then be Friday the 29th.

All orders and P.V.T. called in after 5:30 p.m. E.D.T. will automatically go on the next month. Legal holidays are not considered business days. This could be very important to you or your downline, as it is your responsibility, and it will be your responsibility, to correct any problems in your downline, should you fail to adhere to these rules. There are no exceptions. Also, keep in mind that during holidays the mail service will probably take a little longer.

## PURE HERBS, LTD. SUCCESS TESTIMONIALS USING PURE HERBS PRODUCTS

"My daughter, Shannon, miscarried a baby in 2001 at 20 weeks gestation. She became pregnant again a few month later and began to have slight cramping (contractions) almost every 30 minutes at about 10 weeks. Her OB/GYN advised her to stay on complete bed rest, but the contractions continued anyway and he predicted she would miscarry again. I prayed with all my heart that I would find a way to help my daughter. Then, after researching through my HRG (Herbal Research Group) Volumes, I called Pure Herbs and asked for the Crampbark and False Unicorn formula to be overnighted to me. I began my daughter on the formula and she felt her contractions subside within 20 minutes of taking it. She took the Crampbark and False Unicorn 40 drops every four to six hours and it would control the irritability of the uterus and calm the cramps. She never had to set a clock to remember to take it because the cramps would come back about the time the formula was due to be taken. We added Red Raspberry Leaf 40 drops twice a day and P.N.-W 40 drops twice a day also. Each week, we thanked God as we made a new milestone in the pregnancy. She was able to make it to full-term, thanks to our Good Lord, and to Pure Herbs for providing the formulas that saved my grandbaby's life. Joseph was born on October 29th, 2002, at 38 weeks gestation, weighting 6 lbs. 11oz., healthy and happy! By the way, my daughter's labor was very light and lasted just four hours, thanks to L.6W the last month and Blue Cohosh for the last two weeks. She took the Blue Cohosh during her labor and afterwards. She delivered without any type of anesthesia or pain medicine. She had no episiotomy either. Two hours after delivering the baby, she commented that she felt as if she hadn't even had a baby. Shannon is a size zero or two. She handled this delivery with confidence and calmness. Our family has so much to be thankful for....Joseph is now 2 months old, breastfeeding well and weighting about 12 pounds!....Shannon has now switched to several other Pure Herbs formulas to ensure a good supply of breast milk (Blessed Thistle) and plenty of nutrition and stamina herbs (Three Bees, A.C.S., Rice Bran, Bilberry and others)....And we are fortunate to be associated with a company named Pure Herbs that allows itself to be a true instrument of God, reaching out to those who need His healing herbs. Thank you, Dr. Watkins for your personal commitment to helping others and thanks to all of you that help make Pure Herbs possible....thank you, Bella Vladimirsky, for introducing me to this awesome company....words seem so inadequate to express my gratitude to all of you. May God bless and protect you today and always!"

—Patti Felici, McAllen, TX

956-971-0040

"After reading the testimonials regarding RST-C from Peggy Ames and Lon and Sherry Slider in the Dec 2001/Jan 2002 newsletter, I wanted to give RST-C a try! I had been experiencing discomfort in the lower bowel and pelvic area due to prior C-sections as well as scar tissue and a prolapsed bowel from an amoebae infection. My 15 year old daughter was also still having pain from her 1997 appendectomy. We began by applying RST-C topically as well as taking 40 drops internally. My daughter also took 40 drops of Mayapple three times per day. Within a week, my daughter's pain was gone and within two weeks, I passed a mass of tissue through the bowel and was also pain free! One month later I severely burned my arm french pressing coffee so I applied RST-C to the burn area, soaked in gauze, and changed the dressing twice a day. Now there is no scar or sign of anything! My arm completely healed. Because of these amazing results, I decided to add 40 drops of RST-C to my daily facial wash, as well as my face and body lotion. After about two months what a difference it made in my complexion! Scars and wrinkle lines are disappearing and my face has a healthy glow. And no blemishes! At least a dozen people at church have started asking me what I'm doing. They all say I am looking much younger! I also added 40 drops of RST-C to my daughter's facial wash and astringent and her blemishes are disappearing too! As a teenager, you can imagine how thrilled she is! Thanks, Pure Herbs!"

—Roxanne Rodriguez, McAllen, TX

956-682-8174

**More testimonials continued on next page!**

## WE ENJOY YOUR TESTIMONIALS, PLEASE SEND THEM IN!

### IMPORTANT NOTE:

When sending in a testimonial, please be sure to include which herbs you have used to help you. We have received many testimonials which do not give this information and then we have our Distributors calling, wondering which herbs were used.

If you would like to send in your success testimonials, address them to: Pure Herbs, Ltd.  
33410 Sterling Ponds Blvd.  
Sterling Heights, MI 48312

Please let us know if we can publish them in our bi-monthly Newsletter. Also, let us know if you would like your name and phone number used. We would love to hear from you! **When your testimonial is published you will receive a free 4 ounce bottle of your choice.** Some testimonials have been edited for space and clarification.

**TESTIMONIALS CONTINUED**

“I had to contact you folks and thank you. My grandmother was the center of our very large family and one of the things she swore by was Gold Thread! To us, it was the thing to use for mouth sores, etc. But, when Grandma died in 1984, the secret of where to get Gold Thread was lost and I never thought I’d see it again. I’ve seen references to it on different herb web sites, but I’ve never found anyone who actually sold it, so when I found your site and saw that you had it for sale it was actually a very poignant experience for me (as strange as that may sound!). So, I just wanted to thank you. My order has been placed and I can’t wait for my little package to arrive. In a way it seems a little silly, but that little package will mean a great deal to me!”  
 —Carolee Rose

“I have arthritis in my shoulders and my one hip. I could not lift my one arm first thing in the morning. In the beginning of December 2002 I started taking Devil’s Claw. In a little over three weeks when I wake up in the morning I no longer have the aches and pains I used to have. My knees are also feeling better. I can now stoop down and get up with no problem thanks to Devil’s Claw. I take two droppers full 2x/day.”  
 —Barbara Hastey  
 Dover, NJ

“I have had a terrible problem with acid-reflux for several years. My chiropractor says I have a hiatal hernia. About every two to three months she (my chiropractor) has had to pull the hernia down. When she does this procedure it hurts like crazy, but the end result is I don’t have the reflux problem for a month or two. Last year my chiropractor was away for three weeks and I was suffering terribly. I couldn’t even sleep well at night because of the reflux. So I pulled out all of my herb books and researched like crazy to find something that could possibly help my situation. What I found was by using Papaya Mints and Formula Twelve 40-80 drops before meals I don’t suffer from the reflux problem. It is truly amazing! I wish I would have found this solution years ago. Since using these two herbs together, I have not had to have my chiropractor pull the hernia down and endure that pain. I’m very grateful and fortunate to have the herbs at my fingertips.”  
 —Kim @ Pure Herbs, Ltd

**RENEWALS**

We have a number of people re-signing up because their Distributorship went past the 90 day grace period. We want to let you all know that you can renew for more than one year. We have some Distributors that renew for five or ten years. Also, we do send out a reminder notice the month before you need to renew, but it is still your responsibility to keep track of your renewal in the event that you do not get your renewal postcard.

**UPS PRICE HIKE**

Effective Jan. 6, 2003 UPS again raised its shipping rates. Rates for Next Day Air, Next Day Air Saver, Second Day Air and Three Day Select have all gone up across the board. **COD** charges have gone up to \$7.00 and **Saturday Delivery** has gone up to \$12.50 plus the next day air charge. The charges for address corrections have also gone up. What this means is that if you give us an incorrect or incomplete address, we will pass those charges on to you. Correction of address on an **air delivery** package will cost you \$10.00 and address correction on a **ground** package will cost you \$5.00. Address correction charges will be added to the price total of you next order. **Please remember:** we try to process orders within minutes of when you phone them in, and they are packed just as quickly. If you need a package to go to a different address, give us that information at the time you phone in your order, not after the order has already been processed and packed. **Also,** the telephone can distort the sound of certain letters (such as: p & t, f & s, etc.) so please be prepared to spell out names, streets and cities. That would make our jobs of getting the correct addresses that much easier.

With kindest regards,

With best wishes,

Dr. Eugene C. Watkins  
 President

Gisela Watkins  
 Vice President





**THE CENTER FOR BUILDING BETTER HEALTH NATURALLY, INC.  
HERBAL RESEARCH GROUP**

**Director Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.**  
 29451 Greenfield, Suite #102, Southfield, MI 48076  
 FAX (586)446-8218 PHONE (586)323-6631

Ship to: \_\_\_\_\_

Street: \_\_\_\_\_

City/State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

**The material offered here shows a person how to put herbal programs together for a multitude of different conditions commonly encountered when practicing with herbs. It lets you look over the shoulder of an N.D., Naturopathic Doctor, (Doctor of Natural Medicine).**

<b>HERBAL PRACTICE LIBRARY MATERIALS</b> Author Dr. A. B. Howard	<b>Number of copies ordered</b>	<b>Price</b>
HERBAL RESEARCH GROUP VOLUME 1 (*DELUXE EDITION)		\$21.95
HERBAL RESEARCH GROUP VOLUME 2 (**working edition)		\$15.00
HERBAL RESEARCH GROUP VOLUME 3 (**working edition)		\$15.00
HERBAL RESEARCH GROUP VOLUME 4 (**working edition)		\$15.00
HERBAL RESEARCH GROUP SUPPLEMENTAL VOLUME (**working edition)		\$10.00
<u>HERBAL EXTRACTS</u> —BUILD BETTER HEALTH WITH LIQUID HERBS		\$9.95
<b>UPDATED</b> SUPPLEMENT TO THE COPYRIGHTED WORK <u>HERBAL EXTRACTS</u> —BUILD BETTER HEALTH WITH LIQUID HERBS		\$12.95
Shipping and handling for <b>each</b> Volume and each book is \$3.00. If ordering 10 or more of these works per order, shipping is free.	<b>TOTAL COPIES ORDERED</b> x \$3.00 = \$ (if 10 or more shipping is free)	

***** <b>HERBAL EXTRACT CD-ROM</b> ***** <b>Contents:</b> <u>HERBAL EXTRACTS</u> —BUILD BETTER HEALTH WITH LIQUID HERBS & <b>UPDATED</b> SUPPLEMENT TO THE COPYRIGHTED WORK <u>HERBAL EXTRACTS</u> —BUILD BETTER HEALTH WITH LIQUID HERBS.	\$12.95 + \$5.00 Shipping & Handling Per CD-ROM. Also include taxes where applicable per your STATE LAW.	<b>Total \$</b>
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**Methods of Payment:**

CHECK     MONEY ORDER     MASTERCARD     VISA     AMERICAN EXPRESS

**CREDIT CARD NUMBER WITH EXPIRATION DATE:** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ **EXP:** \_\_\_\_\_

Please make check or money orders payable to: T.C.F.B.B.H.N., Inc (The Center For Building Better Health Naturally, Inc.)  
 Please note that we cannot ship to a P.O. Box.

**Send with payment to: T.C.F.B.B.H.N., Inc.**  
 29451 Greenfield, Suite 102  
 Southfield, MI 48076

\*DELUXE means: edited and proof read.  
 \*\*working edition means: unedited practice copies.

