

# PURE HERBS, LTD.

33410 Sterling Ponds Blvd., Sterling Heights, MI 48312  
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 WEB SITE ADDRESS: www.pureherbs.com

FEBRUARY/MARCH 2008

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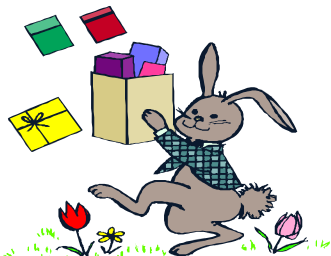
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**NEW DIRECTORS FOR NOV/DEC 2007**

RUBY LAWLER  
 MARGIE LUNDIEN  
 MARILYN RABEN  
 MAY MORGAN  
 EDWARD SKINNER  
 JIMMY KEMP  
 EDWIN RICHMOND  
 MARY BYLER  
 VIKKI LOCKHART  
 KEVIN MARSHALL  
 MARVIN SANDERS

CONGRATULATIONS!



**\*\*\*\*\*FEBRUARY 2008 SPECIALS\*\*\*\*\***

**Purchase three bottles (must all be the same product) of the HEART formulas below and receive the 4th bottle free. To take advantage of the special, the three purchased bottles and the FREE bottle must be the same product and purchased at the same time from the list below. Example: purchase three bottles of Hawthorne and receive a fourth bottle of Hawthorne free.**

**No Purchase Volume will be paid on any free bottles.**

- ◆ **O.C.M.** — Safely cleans veins and arteries and keeps them clean. Dissolves undesirable congesting fats, cholesterol, high triglycerides and plaque (a “concrete“ rock like material which hardens arteries).
- ◆ **Lily-of-the-Valley & Blessed Thistle** — Relieves heart pains and corrects fluid retention. Also, repairs heart, heart valves and varicose veins. Helps with hiatal hernia or “stomach” hernia relief.
- ◆ **Hawthorne** — Heart regulation and repair.
- ◆ **H.T. Comb** — Heart herbs that nourish the heart and repair valves, reduce swelling, restore feeble heart action, open congested heart blood vessels that are clogged (very slowly) so that the congestive debris is liquefied and flushed harmlessly from the body. Also use to maintain a healthy heart.
- ◆ **Heart Tonic Combo Capsules** — Same as above.

PURE HERBS, LTD. OFFERS MONTHLY SPECIALS. BE SURE TO ASK ABOUT IT WHEN YOU CALL YOUR ORDER IN! ABOVE INFORMATION IS OBTAINED FROM THE CENTER FOR BUILDING BETTER HEALTH NATURALLY AND HAS NOT BEEN REVIEWED OR APPROVED BY THE FOOD & DRUG ADMINISTRATION.

**NEW PRODUCT ANNOUNCEMENTS!!!**

**LECITHIN (225 capsules/bottle):**

<u>DISTRIBUTOR PRICE:</u>	<u>SUGGESTED RETAIL PRICE:</u>
\$14.95	\$19.50

SEE PAGE 5 FOR LECITHIN PRODUCT INFORMATION.

**M.Y.O.-C:**

<u>DISTRIBUTOR PRICE:</u>		<u>SUGGESTED RETAIL PRICE:</u>	
1-OZ.	4-OZ.	1-OZ.	4-OZ.
\$10.00	\$30.00	\$13.50	\$40.50

SEE PAGE 6 FOR M.Y.O.-C PRODUCT INFORMATION & PAGE 8 FOR TESTIMONIALS ON M.Y.O.-C.

**SEE PAGE 3 FOR AN IMPORTANT ANNOUNCEMENT ABOUT VIRGINIA SNAKE ROOT.**

**WELCOME NEW DISTRIBUTORS  
TO OUR PURE HERBS FAMILY**

**28,338 THRU 28,695**



**OFFICE HOURS**

Pure Herbs, Ltd. is open Monday-Friday 9:00 a.m. till 5:30 p.m. eastern time (E.T.)\* At 5:30 p.m. we start our end of day computer clean-up; so, we do lock our doors promptly at 5:30 p.m. and activate our voice mail system for your phone calls. If you need to place an order, and it is not during business hours, please call 800-860-4372 and you will automatically be transferred to our voice mail system. Our voice mail system has many options to choose from; make your selection and then leave a detailed message. Always leave your last name, a phone number, method of payment (we accept Visa, Discover, MasterCard, and American Express, or you can pay by C.O.D., check or money order only) and a Distributor number. Please specify if 1-oz. or 4-oz. bottles, capsules, tablets or cream/lotion. If you have a rotary phone, stay on the line and you will have the opportunity to leave a message at the end. Also, please be aware that when all of our lines are busy you will automatically be transferred to our voice mail system.

**NOTE TO ALL DIRECTORS:**

All orders and P.V.T. (Purchase Volume Transfers, which refer to products that were ordered by Distributors that you did not sponsor) **MUST** be called in, faxed in, or received by mail before 5:30 p.m. E.T., on the last business day of the month, which would be Monday-Friday, i.e.: if the 30th is a Saturday, the last business day would then be Friday the 29th.

All orders and P.V.T. called in after 5:30 p.m. E.T. will automatically go on the next month. Legal holidays are not considered business days. This could be very important to you or your downline, as it is your responsibility; and it will be your responsibility, to correct any problems in your downline, should you fail to adhere to these rules. There are no exceptions. Also, keep in mind that during holidays the mail service will probably take a little longer.

You may now call us at:  
**(800)860-HERB** and place your order directly.

**Shipping rates are as follows:**

\$ 99.99 and under	\$ 6.00
\$100.00- \$249.99	\$ 7.00
\$250.00 -\$499.99	\$ 8.00
\$500.00 – \$1199.99	\$ 10.00
\$1,200.00 and up	\$ 15.00

**C.O.D. FEE IS \$9.00**

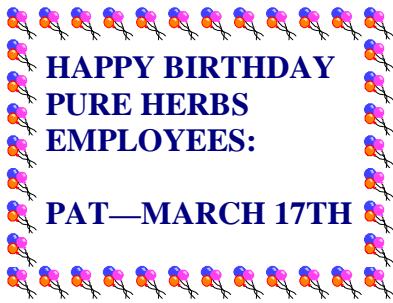
Please note: Because 1-oz. and 4-oz. bottles must be shipped separately in UPS approved containers, each is a separate order. So, if you place a 1-oz. and a 4-oz. order at the same time, they each have to be shipped as separate orders with separate shipping charges.

Capsules, tablets and/or cream/lotion and plastic spray bottles can be put in either a 1-oz. or 4-oz. box, or shipped by themselves if you do not need any liquid herbs.

Capsules, tablets and/or cream/lotion shipped without 1-oz. or 4-oz. bottles are at the same rate as above.

**RETURN POLICY**

**Due to F.D.A. regulations regarding food products, Pure Herbs, Ltd. has a no return policy. The exceptions are breakage and manufacturing defects. To return a product, you must receive prior approval. In the case of shipping errors, returned bottles must be as shipped (free of store pricing labels) and returned in a timely manner (with current lot numbers). All items returned with non-current lot numbers, distributor labeling, or two weeks after receipt, will be charged to your account. This policy is necessary as the returned product must be destroyed due to F.D.A. regulations.**



**HAPPY BIRTHDAY  
PURE HERBS  
EMPLOYEES:**

**PAT—MARCH 17TH**

**HOW TO CHECK YOUR P.V. ON-LINE**

**YOU CAN NOW CHECK YOUR P.V. (PURCHASE VOLUME) ON-LINE IF YOU HAVE ACCESS TO A COMPUTER AND INTERNET USAGE.** All you need to do is call Pure Herbs with a password and a user I.D. (ten or less characters or numbers or a combination of both), wait about one hour , go to: [www.pureherbs.com](http://www.pureherbs.com), scroll down to the bottom and you will see a link to click on to check your P.V. Please know that if you are checking your P.V. on-line and one of your Distributors put in an order at the same time as you are in the P.V. screen you will need to go out of the screen and back in to update the new amount.

**ANNOUNCEMENT ABOUT VIRGINIA SNAKE ROOT:**

Over ten years ago we bought a large amount of Virginia Snake Root at an excellent price, turned it into liquid and gave you an excellent price on it all these years. The price of Virginia Snake Root was always expensive in comparison with other herbs. The reason is that you have to hunt for it and when you do find it, it is very labor intensive to harvest. Now we are told, “Nobody wants to work like that anymore.” So here it is the year 2008 and we have to replace our stock. The price we now have to pay is about four times what it used to be. In addition to that, the question is, “Can we get it in quantity?” We are between a rock and a hard place, so to speak, and that is why we are forced to raise the price of Virginia Snake Root and all combinations that contain Virginia Snake Root. We ask you for your continued understanding and support.

**PRICE INCREASES EFFECTIVE FEBRUARY 1, 2008 ON VIRGINIA SNAKE ROOT AND COMBINATIONS WITH VIRGINIA SNAKE ROOT ARE AS FOLLOWS:**

	<u>NEW DISTRIBUTOR PRICE</u>		<u>NEW SUGGESTED RETAIL PRICE</u>	
	<u>1-OZ.</u>	<u>4-OZ.</u>	<u>1-OZ.</u>	<u>4-OZ.</u>
<b>T.L.-C</b>	\$10.50	\$31.50	\$14.00	\$42.00
<b>SUTHERLANDIA COMBO</b>	\$10.50	\$31.50	\$14.00	\$42.00
<b>P.A.K.</b>	\$12.00	\$36.00	\$15.50	\$46.50
<b>VIRGINIA SNAKE ROOT</b>	\$14.00	Not Available	\$16.25	Not Available

**CONGRATULATIONS CONVENTION QUALIFIERS 2007**

- |                                 |                           |                               |                 |
|---------------------------------|---------------------------|-------------------------------|-----------------|
| Catalina Distributors, Inc.     | Jim & Pat Courter         | Arkady & Bella Vladimirsky    | Rosemary Foster |
| Solomon & Anna Mae Wickey       | Paul & Mary Ann Hilty     | Valentine & Elizabeth Byler   | Pat Geiger      |
| Dr.s Frank & Irene Miesse       | Greg & Erin Taylor        | Dawud & Khadija Abdur-Rahmaan | Iris Sylvia     |
| Jake & Elizabeth Schwartz       | Jon–Lynn Yaden            | Emanuel & Cora Schlabach      | Kayla Evan      |
| Joseph & Veronique Desrosiers   | Jean Archer               | Rochanel & Renee Charles      | Pat Castro      |
| Betty Harbour & Rhonda Williams | Carolyn Reed              | Calvin & Margaret Taylor      | Peggy Ford      |
| Richard & Carol Dicks           | James Krutz               | Ron & Glenda Nichols          | Tom Slider      |
| Lowell & Carolyn Jess           | Thomas Anstett            | Tammy Williams                | Geneva Gile     |
| Lon & Sherry Slider             | Jo Ann & J.D. Riggs       | Rady & Ella Faye Holder       | Ladonna Gantz   |
| Sam & Anna Mae Schwartz         | Randall Goodman           | Miles & Georgeanna Autrey     | Donna Perkinson |
| Irene & Kathy Gauthier          | Maxine Murray             | Rosika Mahony                 | Gena Swihart    |
| Dr.s William & Mildred Horosh   | Jim & Marion Jones        | Rose Ann Miesse               |                 |
| John & Ruth Zehr                | Peggy Handerson           | Kathy & Ruben Huamani         |                 |
| Teresa & Doug McCurry           | Dr’s Chad & Fayth Silveus |                               |                 |

**IN CHARGE OF PRODUCTION SAYS:**

“We enjoyed keeping up with your growing needs last year. Want to try and push us this year?  
We are ready for you!”

Al Pfund, I.C.O.P. (In Charge Of Production) 1 February 2008

## SEMINAR INFORMATION

**We list all Seminars at no cost to the Distributor as long as it is a Pure Herbs, Ltd. Seminar, and our product is being endorsed. Our Newsletter goes out to thousands of Distributors and is a great way to let people know what you're doing.**

### MICHIGAN—DETROIT

Dawud Abdur-Rahmaan, Herbal Specialist, of the Michigan Institute of Natural Health, is offering Herbal Extract classes. Become certified as an Herbal Extracts Specialist. Learn usage of natural herbs and their healing properties. Correspondence courses are also being offered. Learn to manage your own health by using Pure Herbs extracts. "If you don't pay attention to your health now, your health will get your attention later."

**DATE:** Every Thursday, March 13, 2008 thru  
Thursday, June 12, 2008

**TIME:** 7:00 p.m. till 9:00 p.m.

**PLACE:** 1128 Atkinson, Detroit, MI 48202

**COST:** \$250.00 plus book fee of \$65.00

For further information or reservations, please contact Dawud at: 313-865-0018 or 313-820-6388.

### OHIO—SPRINGFIELD

Miesse's Herbs & Healing Arts is having an Advanced Iridology with Anatomy "Using Dr. Jensen's Fundamental Techniques" class. The teacher will be Dr. Frank Miesse, Ph.D.

**DATE:** Friday, April 4, 2008

**TIME:** 9:00 a.m. till 4:00 p.m.

**PLACE:** Miesse's Herbs  
2525 Springfield-Xenia Rd  
Springfield, OH 45506

**COST:** \$50.00 (\$55.00 if register after March 28, 2008)  
Limited Seating

For further information or reservations, please call 937-325-2173.

### OHIO—SPRINGFIELD

Miesse's Herbs & Healing Arts is having An Old Fashioned Herb Meetin'. Whose gonna do the talkin'? Doc Eugene Watkins, B.S.ed., M.S., N.D., founder of Pure Herbs, Ltd. Other people that are gonna interrupt him while he's a talkin' are: Doc Frank Miesse, Brent Miesse and Bonnie Robbins.

**DATE:** Saturday, April 5, 2008

**TIME:** 9:00 a.m. till 4 p.m.

**PLACE:** Holiday Inn  
383 E. Leffel Ln.  
Springfield, OH

**COST:** \$20.00 or \$25.00 after March 28, 2008

To register for the conference at Miesse's Herbs call: 937-325-2173.

For hotel information please call the Holiday Inn at: 937-323-8631. Rooms are available until March 20, 2008 at the rate of \$74.00 for four people.

**SAM SCHWARTZ IS LOOKING FOR SOME HARD TO GET HERBS. IF YOU THINK YOU CAN HELP HIM PLEASE WRITE HIM AT: 15931 RUPERT RD GRABILL, IN 46741**

### TEXAS—McALLEN

For anyone interested, Bella Vladimirsky of Advanced Holistic Health Services will come speak in your town on HERBS & NUTRITION for a one day seminar. Bella has a degree in Biology and Chemistry, is a Health Practitioner and Nutritional Consultant, and is also certified in Iridology by Dr. Bernard Jensen and Dr. Eugene C. Watkins. She works with diets, herbs and metabolic balancing and conducts Herbology seminars across the U.S. Bella is a Certified Clinical Nutritionist by the American Association of Nutritional Consultants, Advanced Holistic Health Institute and Bio-Ion Institute. For further information, please call Advanced Holistic Health Services at:

### INDIANA—WARSAW

Christian Health Ministry is a not for profit Church/Ministry that educates and ordains Christian Health Ministers. Our goal is to spread "God's Plan For Perfect Health". Classes are offered via correspondence. Subjects include: Herbalism, Nutrition, Fasting and various Biblical Studies. The cost of Christian Health Ministry classes is \$299. After completing courses at your own pace, Christian Health Ministry will ordain and/or license you as a Christian Health Minister. Continuing education and contact will be offered on an annual basis. Seminars and classes are also available in person. Seminars can be held at churches, businesses, schools and homes. For further information, please contact Rev. Dr. Chad Silveus, N.D., D.N.M., C.N.H.P. and/or Rev. Dr. Fayth Silveus, N.D., D.N.M., C.N.H.P. Phone: 574-527-9944  
Web site: [www.christianhealthministry.org](http://www.christianhealthministry.org)

### NORTH CAROLINA—MANTEO

Patsy Reynolds, C.N.H.P. and Doctor of Naturopathy is available for herbal seminars/classes. Will travel to your area in North Carolina, Virginia and South Carolina. For further information, please call 252-473-6060. For monthly meetings please call three days prior to meeting to reserve a seat.  
**DATE:** 1st Wednesday, each month **TIME:** 7:00 p.m.  
**PLACE:** A Natural Health Center  
1378 US Hwy 64, Manteo, NC

### MICHIGAN—SOUTHFIELD

Irene's Myomassology Institute is offering Herbology classes. The presentation speaker will be Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.

**DATES:** Saturday, March 29, 2008 thru  
Sunday, March 30, 2008 &  
Saturday, June 28, 2008 thru Sunday, June 29, 2008

**TIME:** 9:30 a.m. till 5:30 p.m. both days

**COST:** \$288 (non-student fee)

**PLACE:** 26061 Franklin Rd, Southfield, MI 48034

For further information or reservations, please contact Irene's Myomassology Institute at: 248-350-1400.

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## LECITHIN

LECITHIN (less'-uh-thin) is needed so the body can work. A healthy normal liver with a good diet naturally makes LECITHIN. Lecithin is a sticky yet slippery liquid that looks and feels like a cross between a medium heavy oil and a non-sweet syrup. LECITHIN dissolves fat into very tiny drops. It also dissolves cholesterol into very tiny drops. Then the body uses the fat and cholesterol as food and to make hormones. Yes, LECITHIN also dissolves cholesterol into very tiny droplets. This is wonderful because then the cholesterol does not build up into harmful, clogging deposits in the arteries and veins and other areas. Put simply, if you have no LECITHIN, no usable cholesterol and no digestible fats then you have no hormones. People must not have enough LECITHIN these days because so many people have too much undissolved cholesterol and run out of hormones far too soon. Either their liver is not working right or their diet is lacking in enough digestible Vitamin B complex vitamins, or both things are happening. LECITHIN is not dangerous. It is a nutrient made by the liver from basically two of the B complex vitamins and other very common ingredients. LECITHIN is also vital to coat and insulate the nerves and brain and keep them from "shorting out". Lecithin is the basis for a fluid that helps the brain and nerve cells to talk to each other. LECITHIN is needed by every tiny living cell in the body as part of the covering around the cell. It keeps the cell coverings (membranes) soft and able to use fats and cholesterol. The liver and gall bladder demand LECITHIN. It keeps them from being congested and it decongests them. The reproductive fluids of the body are made up of LECITHIN to a great extent. The filters in our kidneys use LECITHIN as a coating to prevent irritation and stay in good repair. It's probably safe to say, science will one day discover many other vital functions which LECITHIN performs.

**Dosage:** Two or more capsules of LECITHIN, derived from soybeans, per day or as advised by your doctor or natural health care provider as a dietary supplement.

**Child Dosage:** One or more capsules of LECITHIN, derived from soybeans, per day or as advised by your doctor or natural health care provider as a dietary supplement.

### SUPPLEMENT FACTS:

#### Serving Size Two Capsules

#### Amount Per Two Capsules % Daily Value

Lecithin (from soybeans) 1040 mg\*

\*Daily Value not yet established.

**OTHER INGREDIENTS:** Gelatin, glycerin and water.

(225 capsules/bottle)

#### DISTRIBUTOR PRICE      SUGGESTED RETAIL PRICE

\$14.95

\$19.50

*This information was provided by the Center for Building Better Health Naturally, Inc. It is about historical observations and historical information relating to herbs. This information is not intended to be a substitute for medical advice by licensed physicians. A person should consult a physician regularly in all matters relating to medical problems, especially in matters of diagnosing, treating or curing diseases or other physical or mental conditions.*

*This information has not been verified by the American Medical Association or the Food and Drug Administration.*

## **M.Y.O.-C (Muscles Young and Old: by Pat Courter)**

**Healthy muscles** are **Vital** for good **bone alignment** and can **protect delicate organs!**

“**Sagging muscles** equals sagging hearts and a depressed spirit. **Vibrant** muscles can lift the spirit and the body **glows** with **health!**”

M.Y.O.-C is not a substitute for exercise. To make M.Y.O.-C most effective, also do a small amount of exercise. Nothing takes the place of exercise, nothing!

In massage, a **passive exercise**, it is best to apply Arnica before applying the M.Y.O.-C onto the skin.

**Suggested Amount:** 90 drops three times a day for solid, quicker results; 60-90 drops two to three times per day for maintenance.

**Best if taken:** Early morning, noon and early evening. One may become too energized if M.Y.O.-C is taken too late at night.

**External use:** Use any Pure Herbs extract containing Arnica for shock or trauma, before applying the M.Y.O.-C.

**Drink plenty of good water!** Remember muscles are 75% water.

**INGREDIENTS:** Broad Beans, Saw Palmetto, Barley, Peppermint Leaf, Sarsaparilla, Sesame Seed, Papaya, Horsetail, Flax, Mugwort, Black Walnut Meats and Oriental Mustard.

### **DISTRIBUTOR COST:**

<b>1-OZ.</b>	<b>4-OZ.</b>
\$10.00	\$30.00

### **SUGGESTED RETAIL COST:**

<b>1-OZ.</b>	<b>4-OZ.</b>
\$13.50	\$40.50

## **PROMOTIONAL INFORMATION** *READ ON FOR GREAT WAYS TO BUILD YOUR BUSINESS . . .*

### **PROMOTIONAL PAMPHLETS IN ENGLISH AND SPANISH:**

For promotional pamphlets in English and Spanish from very successful Distributors, please contact:  
**Arkady or Bella Vladimirsky at 956-631-3772.**

### **GREEN HERBAL BOOKLETS FULL OF HERBAL PRODUCT INFORMATION:**

For those of you wanting to order more of those wonderful green booklets full of herbal product information, please contact:

**Frank or Irene Miesse at 937-325-2173.** The cost of these booklets is 75 cents each or if you purchase 50 or more the cost is only 60 cents each. If you would like to contact Frank & Irene by mail the address is:  
2525 Springfield-Xenia Rd., Springfield, OH 45506

### **TESTIMONIAL BOOKLETS**

Purchase and distribute everywhere the Success Testimonials booklet. Make sure to put your name, address, phone number and/or e-mail address on the back of each one and then just sit back and the people will come to you. Most people want to get healthy and when they read how to, from real success testimonials, they will want to try it on themselves and let others try it too. In other words, they will call you and order from you! What a great way to build your business, don't you think!?!

### **HERBAL HANDBOOK FOR PRACTITIONERS:**

This handbook contains information on: BOWEL MANAGEMENT PROGRAM, COLD, FLU OR WORSE, GREEN DRINK, BAD CELLS, THE IMPORTANCE OF PROTEIN AND SUGGESTED SOURCES, GALL BLADDER AND LIVER FLUSH, FULL NERVOUS SYSTEM APPLICATION AND VAGINAL SUPPOSITORY.

## PURE HERBS, LTD. SUCCESS TESTIMONIALS USING PURE HERBS PRODUCTS

February 16, 2007

"I was having heart palpitations when I was in bed at night trying to sleep. I think they were due to stress or menopause. I spoke with my sponsor and she recommended I try Hawthorne for my heart. It didn't take long, about three or four weeks, before I noticed that my heart had become stronger and I was able to breathe deeper and relax more. Thanks Pure Herbs for giving me back a strong heart." —Julie, Cary, NC

February 28, 2007

"I have had amazing results with Herbal Adjustment. I was involved in a car accident about a year ago and had to go through Physical Therapy which only relieved some of the pain in my neck, shoulder and back. I decided to rub Herbal Adjustment on those areas and to my amazement the pain is completely gone! I feel like a brand new person!" —Kim Shrum, Warren, MI

May 10, 2007

"After having a sleep over with my two granddaughters, ages four and six, I found that I shouldn't sleep with one on each arm. I woke up the next morning with a sore neck. I couldn't turn my head and I didn't think I would be able to work. After rubbing on the Sports Cream Plus (extra strength) two times over a 15 minute period of time my pain was completely gone. I have never had anything work this fast. I continued using it for two more days just to make sure the pain didn't come back and it never did! I love the pleasant warmth and smell of this product. I will never be without it or the many other herbs I keep on hand. Thank you Pure Herbs for once again keeping me healthy and happy." —A.H., Sterling Hgts, MI

June 12, 2007

"We recently became Distributors of Pure Herbs after a visit from our Natural Practitioner. The Bio Feedback session indicated two potential problems: an active kidney infection and vascular distress. Both of these conditions were either previously known or suspected by me. Our Natural Practitioner recommended the Cornsilk Combination for the kidney infection and V.V.H.-W to restore the vascular system. Since beginning this therapy approximately one month ago I have not yet had a follow up visit to indicate its success, however we have noticed an unexpected, but pleasant side effect of a very enhanced sexual performance which I can only suspect is due to improvement of my vascular system. The idea of using herbal supplements and the use of herbal remedies is not new to us, however Pure Herbs provided a quality product along with some very insightful direction through their publications and other users of its products. We will continue to use your products for a long time to come! Thank you!" —P.S., Sterling Hgts, MI

August 16, 2007

"I am so excited to share with you my experience. At first I thought the rash on my neck was due to a yeast type infection. Through Experimentation, that was ruled out. I found a ring like, itchy rash growing in a circular pattern, which spread, but eventually stopped at the end of my shaving area of the neck. This alerted me that whatever the cause, it lived in my thick hair shaft follicles. This immediately prompted me to Mugwort and Wormseed. Not wanting to mess around, I rubbed it only on one side of my neck to determine the effect (the scientific guy that I am). After several days my left side cleared up, while my right side did not. After that I then consumed it liberally to cleanse the invaders from the inside. Once again proof that, indeed, the Pure Herbs did their intended job! This won't stop me from eating Sushi, since now I know that I have 'natural defenses' on my side! Thank you for sticking to purity and potency in your herbs." —Dr. John Saab, W. Bloomfield, MI

## WE ENJOY YOUR TESTIMONIALS, PLEASE SEND THEM IN!

### IMPORTANT NOTE:

When sending in a testimonial, please be sure to include which herbs you have used to help you. We have received many testimonials which do not give this information and then we have our Distributors calling, wondering which herbs were used.

If you would like to send in your success testimonials, address them to: Pure Herbs, Ltd.  
33410 Sterling Ponds Blvd.  
Sterling Heights, MI 48312

Please let us know if we can publish them in our bi-monthly Newsletter and put them on our website Also, let us know if you would like your name and phone number used. If you would only like the initials of your name to be used, please specify that. We would love to hear from you! **When your testimonial is published you will receive a free 4 ounce bottle of your choice (it is your responsibility to call us) with free shipping. Please note some testimonials have been edited for space, clarification, syntax & grammar.**

**SUCCESS TESTIMONIALS CONTINUED:**

August 27, 2008

“I am writing to share my experiences regarding END.-J. It has been a Godsend to me. It has totally alleviated the painful cramps and bowel movement that I would experience the first three days of menstruation. I have tried other endometriosis treatments without success. Every woman on my father’s mother’s side of the family had to have a hysterectomy due to painful, heavy periods. I didn’t want to meet the same fate. I am eternally grateful and now pain-free! Thanks for your wonderful herbs.” —Susan Delich, Dyer, IN

August 20, 2008

“I had hives this summer and the only thing that gave me any relief was Ol’ Number 11. I used a Q-tip and dotted each area with the Ol’ Number 11 and applied it twice. By the next day it was 2/3 better. After three days most areas dried up. New little bumps would appear occasionally because of the terrible heat in humid Kentucky. But, again with each spot I applied the Ol’ Number 11 and it would help clear it up quickly. I also used Red Clover Blended internally, which I think helped clean and purify my blood. Thank you for such a great product.” —B. R., Gamaliel, KY

**SUCCESS TESTIMONIALS ON M.Y.O.-C**

“A 17 year old, after 4 hours of cheerleading, was sore and exhausted. “My friend applied the Big 5+2 formula (it has Arnica in it for shock) lightly on my legs then generously applied the M.Y.O.-C. Ten minutes later, my muscle **pain** and **tiredness** were **gone!** I slept deeply until 5:30 am. The next morning I applied M.Y.O.-C and did a full day of competition. I was **energized** all day. I was a bit sore, so that PM, I applied more of the marvelous stuff!” —R. M., Washington

A 57 year old lady says, “I really like what M.Y.O.-C has done for me! I feel years younger! I now have **real muscles!** I’m told that I have a **vibrant glow!** My face and skin have **tightened.** My **muscle tone** is great! I have less sagging. I feel energized. A friend even said I would be ‘hot’ on the beach this summer. Ooo! That did it, now my husband is on M.Y.O.-C! **Exercise** is now **rewarding** for me!”

“I’m pleased with M.Y.O.-C. I have **less pain** and more **strength.** I have no pain after working hard in my garden. My knee pain from an old injury is almost gone. The build up of muscle tissue seems to support and protect my knee so the stress is less.” —M. L., FL

“A man, almost 60 years old, was weakened by pneumonia, drastic weight loss, nerve starvation and other serious complications. He took 90 drops, 3 times a day of M.Y.O.-C; in just 3 days, he felt better and had more **energy.** By day 7 he was **sleeping all night,** and the feeling was coming back into his legs. Day 10 he was **strong** enough to lift boxes into his car and his new **endurance** helped him take a long road trip. Day 30 **muscle mass** is beginning to form and he is more active. He’s added a good nutrition plan to support and encourage full body healing.” —Mr. M, Texas

“I have been taking M.Y.O.-C for two months and I love it! I know it’s for muscles, but I like the extra energy and life it gives me. Working at a computer the majority of the day, I’m exhausted when I get home. Now instead of crashing, I do my evening chores with ease. About 80 drops at a time of M.Y.O.-C gives me the energy and good feeling I need to manage two teenagers and a disabled husband. It still amazes me at how great Pure Herbs extracts work! I am new to the herbs and I am thrilled at what I am learning and experiencing.” —L.B., mom with teenagers in Texas

“For over five years I have exercised 30 minutes a day (usually in the morning). I seemed to be more agile, but had no muscle mass and didn’t feel strong. Now, I have taken M.Y.O.-C for five months and my muscles are in great shape! My Doctor of Osteopathy, who gives adjustments mainly working with the muscles, told me how healthy my muscles were after taking M.Y.O.-C for four months. After five months of taking M.Y.O.-C, a visiting doctor noticed how healthy my muscles were. I asked him how old he thought I was and he studied me for a bit and said 43! When I told him I was almost 60 he was shocked and said, ‘You have the muscles of a 40 year old! I know many 40 year olds whose muscles are not as healthy as yours are! You are glowing with health!’ He also remarked on my good range of motion. I was taking 60-90 drops three times a day at 7:00 a.m., noon, and 5:00 p.m. Thanks, Pure Herbs!!!” —P. E. C, North, TX

**With kindest regards,**

**Dr. Eugene C. Watkins  
President**

**With best wishes,**

**Gisela Watkins  
Vice President**

**Best wishes,**

**Aaron Watkins  
Operations**

**OLD  
PHILOSOPHER'S  
CORNER**

“Tis better to have loved  
and WON\* than never to have  
loved at all.”

—Alfred Lord Tennyson,  
Corrected (\*lost)

Dr. Eugene C. Watkins  
1 February 2008



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