

PURE HERBS, LTD.

33410 Sterling Ponds Blvd., Sterling Heights, MI 48312
PHONE: (800)860-4372 FAX: (586)446-8218
WEB SITE ADDRESS: www.pureherbs.com

JUNE/JULY 2006

Volume XV, Issue 3

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NEW DIRECTORS FOR MARCH/APRIL 2006

NATALIA BROWN
BETTY LU ORR
WENDY CREEL
NORMAN GRABER
WILMER OTTO
MARIA FULLENKAMP
CAROLYN KNEPP
SCOTT CUTTER
JOYCE DIALS
GINA PERRY
FRITZ THERNIZE
CONGRATULATIONS!

JUNE SPECIALS

Purchase any 3 bottles of these mosquito/parasite/flea/lice remedies single herbs or combinations and receive the 4th bottle free.:

- ◆ **BLACK COHOSH** (Poison antidote & helps with allergic reactions to bug bites).
- ◆ **MUGWORT/WORMSEED** - (Kills parasites of all kinds).
- ◆ **CHUCHUHUASI** (Apply to skin to repel mosquitoes).
- ◆ **FIVE OILS** (Apply to skin to repel mosquitoes). See write-up on page 6 for other benefits.
- ◆ **OIL OF CAJEPUT** (Good for killing lice and fungus. Also use in a spray bottle with distilled water to kill fleas on pets).

To take advantage of the above special, all 3 bottles must be the same product and purchased at the same time. No Purchase Volume will be paid on any free bottles.

- **ALSO BUY ONE LARGE VITAMIN E & GET ONE FREE.** We have had this special on the large Vitamin E for several months now because we overstocked on it and it is going to expire in Sept. 2006. This is why you have been getting such a good deal. We would rather see you have this product at a great price than having to dump it. Keep it in your refrigerator to preserve its freshness after the expiration date.

PURE HERBS, LTD. OFFERS MONTHLY SPECIALS. BE SURE TO ASK ABOUT IT WHEN YOU CALL YOUR ORDER IN!
ABOVE INFORMATION IS OBTAINED FROM THE CENTER FOR BUILDING BETTER HEALTH NATURALLY.

M.R.-Y HAS BEEN RENAMED BECAUSE IT IS SO MUCH MORE THAN JUST A MOSQUITO REPELLENT!!! IT IS NOW CALLED FIVE OILS. PLEASE SEE PAGE 6 FOR ALL OF ITS WONDERFUL USES. ALSO INCLUDED WITH THIS NEWSLETTER IS A TESTIMONIAL FLYER, ON FIVE OILS, FROM THE HERBAL RESEARCH GROUP.

FIRECRACKER SPECIAL IN JULY!!!

It's that time of year for Pure Herbs, Ltd. "Fourth of July Baker's Dozen Firecracker Special." The special will begin on Monday, July 3, 2006 and ends promptly on Monday, July 31, 2006 at 5:30 p.m. (E.D.T.). Anything left on the answering machine, fax machine, or received in the mail after 5:30 p.m. (E.D.T.) on July 31, 2006 will not be counted toward the special. These orders will count for the month of August 2006.

THE SPECIAL:

When you purchase 12 bottles in a 4-oz size you will receive the 13th bottle absolutely free. The same applies if you buy 12 bottles in a 1-oz size or 12 bottles of capsules, vitamins and/or Sports Cream Plus. You do not have to order all the same product. You may order 12 different types of product, but the product must be the same size or all capsules, vitamins, and/or Sports Cream Plus. The free bottle is your choice with the exception of True American Ginseng, Lady's Slipper, True Saffron, Virginia Snake Root, Hoodia, Hoodia Combination and all Custom Blends. Purchase Volume (P.V.) will not be paid on any free product. The buy 12 and get the 13th free has to be purchased at the same time and cannot be spread over several invoices, but you can order the special as often as you want during the July special.



WELCOME NEW DISTRIBUTORS TO OUR PURE HERBS FAMILY



24,716
THRU
25,020

You may now call us at
(800)860-HERB and place
your order directly. Shipping
is as follows:

\$ 99.99 and under	\$ 5.00
\$100.00- \$249.99	\$ 6.00
\$250.00 - \$499.99	\$ 7.50
\$500.00 – \$1199.99	\$ 10.00
\$1,200.00 and up	\$ 15.00

Please note: Because 1-oz and 4-oz bottles must be shipped separately in UPS approved containers, each is a separate order. So, if you place a 1-oz and a 4-oz order at the same time they each have to be shipped as separate orders with separate shipping charges. Capsules, tablets and/or cream can be put in either a 1-oz or 4-oz box, or shipped by themselves if you do not need any liquid herbs. Capsules, tablets and/or cream shipped without 1-oz or 4-oz bottles are at the same rate as above.

C.O.D. FEE IS \$8.50

RETURN POLICY

Due to F.D.A. regulations regarding food products, Pure Herbs, Ltd. has a no return policy. The exceptions are breakage and manufacturing defects. To return a product, you must receive prior approval. In the case of shipping errors, returned bottles must be as shipped (free of store pricing labels) and returned in a timely manner (with current lot numbers). All items returned with non-current lot numbers, distributor labeling, or two weeks after receipt, will be charged to your account. This policy is necessary as the returned product must be destroyed due to F.D.A. regulations.

**HAPPY BIRTHDAY
PURE HERBS
EMPLOYEES:**

SANDY—JUNE 8
UNCLE AL—JUNE 9
AARON—JULY 3
KURT—JULY 4
DOC—JULY 11
MIKE—JULY 11

**PURE HERBS BABY
BOARD**

Our Directors Paul & Mary Ann Hilty proudly announce the birth of their daughter Emily Anne Hilty, 20 1/2 in., 7 lbs. and 14 oz. Born on April 28, 2006. Our heartfelt congratula-

**2005 CONVENTION QUALIFIERS ATTENDING CONVENTION
IN BRANSON, MO IN "2006"**

Joseph & LuAnn Troyer	Jim & Pat Courter	Jean Archer
Solomon & Anna Mae Wickey	Calvin & Margaret Taylor	Steve Cook
Dr.'s Frank & Irene Miesse	Clarissa Aukerman	Thomas Anstett
Jake & Elizabeth Schwartz	Rady & Ella Faye Holder	Geneva Gile
Betty Harbour & Rhonda Williams	James & Thelma Krutz	Steve Lapp
Joseph & Veronique Desrosiers	Jon-Lynn Yaden	Iris Sylvia
Lon & Sherry Slider	Valentine & Elizabeth Byler	Sam Schwartz
Greg & Erin Taylor	Susie Yelverton	Tom Slider
Richard & Carol Dicks	John & Ruth Zehr	Tammy William's
Randall Goodman	Peggy Handerson	Esther Levy
Arkady & Bella Vladimirsky	Ralph & Carolyn Reed	Paul Hilty
Ron & Glenda Nichols	Jim & Marion Jones	Levi Miller
Irene & Kathy Gauthier	Miles & Georgeanna Autrey	Maxine Murray
Dr.'s William & Mildred Horosh	J.D. & Jo Ann Riggs	Doreen Harris
Kathy Huamani	Emanuel Schlabach	Kayla Evan
Lowell & Carolyn Jess	Doug & Teresa McCurry	

**GREEN HERBAL
BOOKLETS**

For those of you wanting to order more of those wonderful green booklets full of herbal product information, please contact:

Frank or Irene Miesse at: 937-325-2173. The cost of these booklets is 75 cents each or if you purchase 50 or more the cost is only 60 cents each. If you would like to contact Frank & Irene by mail the address is:
2525 Springfield-Xenia Rd.,
Springfield, OH 45506

NOTE RE: UPS SHIPPING

Pure Herbs does not guarantee how many days it will take your package to reach you. We can estimate the number of days your ground package will get to you from our UPS chart. If you think your package is taking too long to reach you please contact UPS at: 800-742-5877 and let them know. We cannot reimburse our shipping fees to you unless it was a guaranteed shipment and you did not receive it on time (i.e.: Red Label or Blue Label).

**FOR PROMOTIONAL
PAMPHLETS IN ENGLISH
AND SPANISH**

For promotional pamphlets in English and Spanish from very successful Distributors, please contact: **Arkady or Bella Vladimirsky at 956-631-3772.**

**A WARM WELCOME TO JOANNE WHO IS JOINING OUR
STAFF IN THE FRONT OFFICE AND TO VICTORIA WHO IS
REPLACING JOANNE IN THE BOTTLING/LABELING AREA**

Some of you have already had the pleasure of speaking with Joanne on the phone. She is joining our front office staff on a regular basis now to take your calls. We are growing so she is a welcome addition to answer calls and process your orders. Joanne has already helped us out from time to time on the order line so you may recognize her voice. Previously she worked mainly in the bottling/labeling area where she did a great job for all of us.

We would also like to extend a very warm welcome to Victoria who is replacing Joanne in the bottling/labeling area.

IN CHARGE OF PRODUCTION SAYS:

“We are hearing your success testimonials about the Hoodia and we are very pleased for everyone who is losing that extra unwanted weight.”

1 June 2006 — I.C.O.P. (In Charge Of Production) Al Pfund



SEMINAR INFORMATION

We list all Seminars at no cost to the Distributor as long as it is a Pure Herbs, Ltd. Seminar, and our product is being endorsed. Our Newsletter goes out to thousands of Distributors and is a great way to let people know what you're doing.

MICHIGAN—SOUTHFIELD

Irene's Myomassology Institute is offering an Herbology class. The presentation speaker will be Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.

DATE: Saturday, July 22 & Sunday July 23, 2006

TIME: 9:30 a.m. till 5:30 p.m. both days

COST: \$240 (non-student fee)

PLACE: 26061 Franklin Rd, Southfield, MI 48034

For further information or reservations, please contact Irene's Myomassology Institute at 248-350-1400.

MICHIGAN—DETROIT

Dawud Abdur-Rahmaan, Herbal Specialist, of the Michigan Institute of Natural Health, is now offering Herbal Extract classes starting in February 2006. Become certified as an Herbal Extracts Specialist. Learn usage of natural herbs and their healing properties. Correspondent courses are also being offered. Learn to manage your own health by using Pure Herbs extracts. "If you don't pay attention to your health now, your health will get your attention later."

DATE: Every Thursday June 15th, 2006 through September 21st, 2006 (12 week course)

TIME: 7:00 p.m. till 9:00 p.m.

PLACE: 1128 Atkinson, Detroit, MI 48202

COST: \$250.00 plus book fee of \$65.00

For further information or reservations, please contact Dawud at 313-865-0018 or 313-820-6388.

NORTH CAROLINA—MANTEO

Patsy Reynolds, Certified Natural Health Professional and Doctor of Naturopathy is available for herbal seminars/classes. Will travel to your area in North Carolina, Virginia and South Carolina. For further information, please call 252-473-6060. For monthly meetings please call three days prior to meeting to reserve a seat.

DATE: 1st Wednesday, each month

TIME: 7:00 p.m.

PLACE: A Natural Health Center, 1378 US Highway 64, Manteo, NC

TEXAS—ATASCOCITA (HUMBLE)

Elaine Thomas, with A Gift of Health is offering classes in Iridology and Herbology in the Humble area. For further information, please contact:

Shelly Oerlemans at 281-540-4372 (Atascocita/Humble)

7940 FM 1960 East in Atascocita

TEXAS—McALLEN

For anyone interested, Bella Vladimirsky of Advanced Holistic Health Services will come speak in your town on HERBS & NUTRITION for a one day seminar. Bella has a degree in Biology and Chemistry, is a Health Practitioner and Nutritional Consultant, and is also certified in Iridology by Dr. Bernard Jensen and Dr. Eugene C. Watkins. She works with diets, herbs and metabolic balancing and conducts Herbology seminars across the U.S. Bella is a Certified Clinical Nutritionist by the American Association of Nutritional Consultants, Advanced Holistic Health Institute and Bio-Ion Institute. For further information, please call Advanced Holistic Health Services at 956-631-3772.

OFFICE HOURS

Pure Herbs, Ltd. is open Monday-Friday 9:00 a.m. till 5:30 p.m. E.D.T.* At 5:30 p.m. we start our end of day computer clean-up; so, we do lock our doors promptly at 5:30 p.m. and activate our voice mail system for your phone calls. If you need to place an order, and it is not during business hours, please call 800-860-4372 and you will automatically be transferred to our voice mail system. Our voice mail system has many options to choose from; make your selection and then leave a detailed message. Always leave your last name, a phone number, method of payment (we accept Visa, Discover, MasterCard, and American Express, or you can pay by C.O.D., check or money order only) and a Distributor number. Please specify if 1-oz or 4-oz bottles, capsules, tablets or cream. If you have a rotary phone, stay on the line and you will have the opportunity to leave a message at the end. Also, please be aware that when all of our lines are busy you will automatically be transferred to our voice mail system.

ALL DIRECTORS:

All orders and P.V.T. (Purchase Volume Transfers, which refers to products that were ordered by Distributors that you did not sponsor) **MUST** be called in, faxed in, or received by mail before 5:30 p.m. E.D.T., on the last business day of the month, which would be Monday-Friday, i.e.: if the 30th is a Saturday, the last business day would then be Friday the 29th.

All orders and P.V.T. called in after 5:30 p.m. E.D.T. will automatically go on the next month. Legal holidays are not considered business days. This could be very important to you or your downline, as it is your responsibility, and it will be your responsibility, to correct any problems in your downline, should you fail to adhere to these rules. There are no exceptions. Also, keep in mind that during holidays the mail service will probably take a little longer.

***We will be closed on Tuesday, July 4, 2006 in observance of Independence Day.**

PURE HERBS, LTD. SUCCESS TESTIMONIALS USING PURE HERBS PRODUCTS

March 24, 2006

"I just had to share with you how wonderful we think your B.& B.-W and B.& N.C.-W are. Our 14 year old dachshund had been experiencing seizures for several months and a friend suggested that I try your Pure Herbs. The seizures stopped very soon after starting her on them. We add the drops to her food every day and she has been seizure free for over a year now. We love her dearly and are very, very thankful to you." M.J., Ventura, CA

March 31, 2006

"My mother has congestive heart failure and one of the valves in her heart won't close. She was admitted to the hospital in Dec. 2005 and discharged on Jan. 6, 2006. At that time her legs and feet were swollen with fluid from top to bottom. Her stomach looked like she was eight months pregnant and her lungs had fluid build-up. She was vomiting and had a bad cough because of the fluid in her lungs. The fluid in her stomach was causing a bowel blockage because it was pressing on her intestines. My mother was literally drowning in her own body waste. My sister called a chiropractor she knew of who sells Pure Herbs products. She told them of our mother's condition and his office shared some literature with my sister about KID-W. We bought the KID-W and started giving our mother three droppers full each day in her juice or water. After the first day, all the fluid drained out of her feet and legs except for one place in her ankle. After four days we were able to cut back on the amount of drops we gave her. After ten days my mother's legs were normal, her stomach was flatter and her bowel movements returned to normal. She stopped coughing because her lungs were clear and was not vomiting as often. The quality of my mother's life was greatly improved. Her heart is only pumping at 20 to 30 percent of what it should be and we know she will not be with us much longer, but it gives us a sense of relief knowing we can give her a better quality of life. Thank you for the KID-W." —D. G., Wytheville, VA

April 13, 2006

"About three years ago my wife was diagnosed with medulla carcinoma which is a rare form of thyroid cancer. I searched all over the USA trying to find help medically. There was no hope given, so we continued down the only path clear to us and she began having surgeries to cut out the cancer. Track it and cut it out was the only thing we could do. After three surgeries at the Mayo clinic in Rochester, MN we were given a God send. We heard of an Amish man named Solomon Wickey and were told to go see him.

Solomon, an Iridologist and Master Herbalist put my wife on a nine week herbal regimen and a four month special diet. He said there should be improvement within about four months. Within four months she was cancer free! Thanks to Red Clover Blended, Whole Apricot, Parsley, Lapacho, food enzymes and her diet of God given foods. I can't say enough good about herbs and those who help others and understand the healing qualities of herbs. I am now a student of herbs and am helping as many people as I can

April 17, 2006

"We love the herbs! Our family of seven uses many and are rarely ever sick or have to go to the doctor. After using the Red Root in mouthwash for about a month, one day last week I noticed a spot on the inside of my front bottom tooth that was rough and making my tongue sore. When I felt it with my finger a piece of tooth fell out! I was very upset about this especially since we don't have dental insurance. The next morning more fell out. To my EXCITEMENT I found out it was a piece of plaque from off of my tooth. The other tooth still has a piece on it and I am applying Red Root directly to it with a cotton swab. My tooth feels clean and smooth. Thank you!" —Becky, Lee, IL

April 21, 2006

"V.V.H.-W has been very helpful for my painful varicose veins. I have tried many other products and nothing helped me until V.V.H.-W. Thank you, this product has been a wonderful rescue!" —Eileen Nussbaum, Bethel, PA 717-933-1128

WE ENJOY YOUR TESTIMONIALS, PLEASE SEND THEM IN!

IMPORTANT NOTE:

When sending in a testimonial, please be sure to include which herbs you have used to help you. We have received many testimonials which do not give this information and then we have our Distributors calling, wondering which herbs were used.

If you would like to send in your success testimonials, address them to: Pure Herbs, Ltd.
33410 Sterling Ponds Blvd.
Sterling Heights, MI 48312

Please let us know if we can publish them in our bi-monthly Newsletter and put them on our website. Also, let us know if you would like your name and phone number used. If you would only like the initials of your name to be used, please specify that. We would love to hear from you! **When your testimonial is published you will receive a free 4 ounce bottle of your choice (it is your responsibility to call us) with free shipping. Please note some testimonials have been edited for space, clarification, syntax & grammar.**

TESTIMONIALS CONT.

April 5, 2006

“In mid March, my grandson's wife had her first ultrasound in her second pregnancy. She was approximately 12 weeks along. It was discovered that the baby had severe Down's Syndrome, Turner's Syndrome (Dwarfism, and sometimes Mosaic-Turner's, which involves sexual deformities), Cystic Hygroma (swelling of lymphatic nodes in the neck and around the back of the head), Congestive heart failure and excessive fluid which indicated that the baby was near death. The mother had also been exposed to the 'Fifth Disease' (Parvo-Virus B-19 in humans) and had influenza the first month of her pregnancy. How much else could possibly be wrong? We put her on a program of All Cells Salts (A.C.S.) (for the Down's Syndrome), Lapacho (for the lymphatic swelling of the cystic hygroma), Spirulina (for the RNA/DNA, brain activity and nourishment), all of this was added to the usual prenatal vitamins (Calcium, Magnesium and Red Raspberry). We used Buchu and Immortal Root (hard to find, but we got some). For the congestive heart failure we added 100 i.u. of Vitamin E, CoQ-10 two/day and a blend for the pituitary gland. When the mother went back to the doctor in two weeks they could not recognize the baby!!! They kept saying, 'Is this the same baby?' All the deformities on the head and neck were gone, the Turner's Syndrome was gone, the Down's Syndrome was gone, most of the fluid around the baby was gone and all the chromosomal tests indicated the baby was a normal baby girl. There is still a slight heart problem, but we will continue all of the above until tests show that is gone too! The doctors just kept saying, 'These cases never reverse, this never happens.' Well, he just has no idea – or maybe he does know – he had witnessed a miracle!!!! In fact, it was suggested they name her 'Miracle'. Thank you our Merciful, Loving God for hearing our prayers. He has indeed turned our tears of mourning into tears of joy! Thank all of you at Pure Herbs for letting me share this story.” —Jo Ann Gragg-Huffman, Chillicothe, OH

FIVE OILS WRITE-UP CONTINUED FROM PAGE 1.

FIVE OILS is a most friendly and welcome combination of herbal oils. It does so many wonderful things and the results are almost immediate.

FIVE OILS contains five reliable and familiar natural oils herbalists have come to love and trust all on their own. Now they are all in one bottle and act as a team. FIVE OILS contains: Wintergreen Oil, Cajeput Oil, Eucalyptus Oil, Peppermint Oil and Mullein Oil. What a wonderful formula!

If you seek relief from suffering, the following is a partial list of what people have shared with us:

- Apply topically for relief of **ARTHRITIS TORMENT, MUSCLE ACHES AND PAINS, TENSION AND JOINT DISCOMFORT.**
- Apply topically to **REDUCE INFLAMMATION.**
- Apply topically to **IMPROVE CIRCULATION** and then the area can repair itself.
- Use to **BREATHE EASIER.** If **COLD** or **FLU**, apply to chest to open the breathing passages. Also, **CUTS MUCUS LOOSE** and **RELIEVES TIGHTNESS.**
- A natural friend for people with **SPRAINS, SPORTS INJURIES** and the like. And, it does not smell bad!
- **KILLS GERMS, FUNGUS** and **VIRUSES.**
- Apply to **ANIMAL SCRATCHES, BRUISES, SKINNED KNEES** and the like.
- Apply to skin to **REDUCE ACNE SWELLINGS** and **DISCOMFORT.**
- Apply to **SORE THROAT.** Brush a drop or two on the tongue to soothe throat discomfort and to **CUT MUCUS LOOSE.**
- For a **COMPLETE MASSAGE THERAPY SESSION** use extracts of Arnica, Indian Tobacco and Vitamin E Oil from capsules and then follow up with FIVE OILS on areas that need extra help.
- **MOSQUITO REPELLENT.** Rub on mosquito bites, or better yet, liberally rub FIVE OILS on exposed areas to keep mosquitoes from biting.

DISCLAIMER: Do not get into eyes or on private areas. Also, do not take internally. If accident, flush with water and be patient until relief.

With kindest regards,

Dr. Eugene C. Watkins
President

With best wishes,

Gisela Watkins
Vice President

**OLD
PHILOSOPHER'S CORNER**

“If you would drink from the well of knowledge, drink deep and return many times until you are happy with the results!”

1 June 2006
Dr. Eugene C. Watkins



THE CENTER FOR BUILDING BETTER HEALTH NATURALLY, INC.
HERBAL RESEARCH GROUP
 Director Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.
 29451 Greenfield, Suite #102, Southfield, MI 48076
 FAX (586)446-8218 PHONE (586)323-6631

Ship to: _____

Street: _____

City/State: _____ Zip Code: _____

The material offered here shows a person how to put herbal programs together for a multitude of different conditions commonly encountered when practicing with herbs. It lets you look over the shoulder of an N.D., Naturopathic Doctor, (Doctor of Natural Medicine).

HERBAL PRACTICE LIBRARY MATERIALS Author Dr. A. B. Howard	Number of copies ordered	Price
HERBAL RESEARCH GROUP VOLUME 1 (*DELUXE EDITION)		\$21.95
HERBAL RESEARCH GROUP VOLUME 2 (**working edition)		\$15.00
HERBAL RESEARCH GROUP VOLUME 3 (**working edition)		\$15.00
HERBAL RESEARCH GROUP VOLUME 4 (**working edition)		\$15.00
HERBAL RESEARCH GROUP SUPPLEMENTAL VOLUME (**working edition)		\$10.00
<u>UPDATED HERBAL EXTRACTS</u> —BUILD BETTER HEALTH WITH LIQUID HERBS		\$21.95
<u>UPDATED SUPPLEMENT TO THE COPYRIGHTED WORK HERBAL EXTRACTS</u> —BUILD BETTER HEALTH WITH LIQUID HERBS		\$14.95
Shipping and handling for <u>each</u> Volume and each book is \$4.00. If ordering 10 or more of these works per order, shipping is free.	TOTAL COPIES ORDERED x \$4.00 = (if 10 or more shipping is free)	\$

****HERBAL EXTRACTS CD-ROM**** (OLD BOOKS) Contents: <u>HERBAL EXTRACTS</u> —BUILD BETTER HEALTH WITH LIQUID HERBS & <u>SUPPLEMENT TO THE COPYRIGHTED WORK HERBAL EXTRACTS</u> —BUILD BETTER HEALTH WITH LIQUID HERBS.	\$12.95 + \$5.00 Shipping & Handling Per CD-ROM. Also include taxes where applicable per your STATE LAW.	CD-ROM Total \$
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Methods of Payment:

CHECK MONEY ORDER MASTERCARD VISA AMERICAN EXPRESS

CREDIT CARD NUMBER WITH EXPIRATION DATE: _____ / _____ / _____ **EXP:** _____

Please make check or money orders payable to: T.C.F.B.B.H.N., Inc (The Center For Building Better Health Naturally, Inc.)
 Please note that we cannot ship to a P.O. Box.

Send with payment to: T.C.F.B.B.H.N., Inc.
29451 Greenfield, Suite 102
Southfield, MI 48076

*DELUXE means: edited and proof read.
 **working edition means: unedited practice copies.

TESTIMONIALS TO THE HERBAL RESEARCH GROUP ON FIVE OILS

Muscular Aches and Pains

When you consider the oxygenating, circulation stimulating, inflammation inhibiting, spasm relaxing, and pain relieving properties of each of these oils in Five Oils, it is understandable the formula is a Muscular Therapist's Dream. The feedback is exciting from people who have rubbed on Five Oils seeking pain relief from arthritic type symptoms, injury and old surgery sites.

One woman shared that as a secretary she stood or sat all day. By evening her legs ached so badly she could not stand to cook for her family or even take care of her household. One evening she rubbed on Five Oils as soon as she arrived home. She said it took the pain and tension away immediately and she was up on her feet again cooking and cleaning.

Another woman shared that her mother has suffered debilitating arthritic type pain in her shoulder and back so she left a bottle of Five Oils with her. I received a call the next day from the daughter ordering two more bottles. Her mother said the pain relief was so wonderful, she didn't ever want to be without Five Oils and would like to give a bottle to a friend.

A friend's father has been on a chemotherapy program and is now in the last stages of bone cancer. He has been in terrible pain. My friend rubbed Five Oils into all of the most painful areas. She called to tell me he finally had pain relief.

A lady who endured multiple broken bones, ligament, muscle and general tissue damage as the result of a car accident experienced wonderful pain relief and accelerated healing from rubbing on Five Oils. Her physical therapists were amazed at her fast recovery from such terrible injuries.

I am beginning to see that the best herbal tools a Massage Therapist can have are a team of Arnica, Indian Tobacco, Five Oils, and Herbal Adjustment. I often suggest they rub in Vitamin E from capsules as well.

More Pain Relief: Dental distress

A man called saying that he was having excruciating pain as a result of losing a large filling from a molar. Unfortunately, work commitments prevented him from returning home for dental repair. I suggested he soak a cottonball with Five Oils and pack the molar cavity. He called the next day to happily report he had experienced pain relief in minutes and would continue this regimen until he could see his dentist.

A husband and wife were on a South American cruise when she developed a painful, swollen abscessed tooth. She began keeping cotton soaked with Five Oils along the infected tooth area. Having returned to the US she called to tell me how the Five Oils had saved their vacation. She said the Five Oils took away the pain, the swelling went down and the infection never returned. Laughing she said they had taken the formula with them for mosquitoes but she read the brochure and remembered all that Five Oils could do. She thanked me for Five Oils and said you can believe we will never leave home without it!

Antiseptic and Pain Relief

My favorite pain relieving, wound healing testimony is from a woman who had her underarm cut open on a barbed wire fence while hiking into the jungles of Honduras. Remembering Five Oils antiseptic properties, she bandaged the laceration with gauze soaked in Five Oils. Her companions wanted her to turn back, but feeling the pain subsiding and seeing that the bleeding had stopped she went on to their destination. Back in the US again, she called to report that the cut closed up and healed without infection. Another, "I won't leave home without it" story!

Cat scratches and bites are notorious for becoming infected. I am always amazed at the damage such a small creature can inflict. I recently had my hand and arm torn up by an unhappy cat. The wounds were dripping blood as I ran for the house. I bandaged the lacerations with gauze soaked in Five Oils. The wounds healed quickly without swelling, pain or infection.

A teenager who suffered from painful chronic acne mixed two drops of Five Oils with her face lotion. She reported it relieved the pain and reduced the swelling of the boils.

A woman whose father has been bed ridden shared that nothing was working to help his bedsores. She reported that applying Five Oils stopped the infection, relieved the pain and healed the sores.

A woman who was in pain and bleeding vaginally following a D & C procedure found pain relief and cessation of the bleeding from douching with 160 drops of Five Oils in two cups of warm water.

For the bold and the brave . . . A young man experiencing a very painful sore throat put about four to five drops of Five Oils in the back of his throat. He said it took away the pain and in about an hour his throat and other flu symptoms began to diminish.

A man shared that 40 drops of Five Oils in about 1/2 cup of water swirled in the mouth makes the best mouth he has ever used. It has also stopped chronic sore gum condition.

FIVE OILS CONTINUED:

Respiratory Support

Each of these Five Oils has a wonderful testimonial history of effectiveness in relieving sinus and lung distress. Countless times over the winter months I have recommended Five Oils be used as a rub on for cold and flu with chest and sinus complaints. The feedback from all ages has consistently been . . . Fast relief from congestion and pain.

One mother of four wrote me a thank you note for Five Oils. She said she was so glad to have such a fast acting, congestion relieving rub on that did not irritate her children's skin and that they all loved the smell of it!

Another mother of an asthmatic child said she always sent a bottle of Five Oils with her son on trips and overnight outings. He used it for a reliable respiratory support should something trigger his asthma.

A farmer shared that Five Oils was the "best darned stuff" he had ever used for his weed allergies and sinus infections. He said he put 40 drops in 1/2 oz. of water, shook it vigorously and used it for nose drops. (I think that's another "for the bold and brave")

Around the house and other testimonials

A woman with especially strong underarm odor shared that she loved the smell of Five Oils so much that she decided to try it under her arms. She said it worked wonderfully for her. It stopped the odor and she loves the cool fresh feeling under her arms.

A woman shared that her two dogs were scratching themselves raw. She added Five Oils to their shampoo and the scratching stopped. Also, they had been digging at their ears so she put about five drops in each ear and massaged it in. She was very pleased to see they are free of the itching ears as well.

One of my clients is a young man whose profession involves being photographed and he must take care to maintain a flawless complexion. He shared that he likes to put two drops of Five Oils in his moisturizer after shaving. "The tingling as the circulation to my face is stimulated is refreshing. Old blemishes quickly healed up and new blemishes are not occurring. Also, I love the fresh smell of it!"

I successfully rid my rose bushes and gardens of parasites in the spring with a misting of one part Five Oils to one part water.

This is the first year I have not been harassed by aggressive wasps seeking to build nests around my house, garage and deck. I mixed three parts Five Oils to one part water in an atomizer, shook the bottle vigorously and sprayed their favorite nesting spots. Also, the armadillo and possum have not appreciated a misting of Five Oils on the pots of my newly planted seedlings. This year I have not found all the pots overturned and the roots eaten.

Five Oils is the finest natural mosquito repellent in the land. Those few who say it isn't effective, I have learned, simply need to apply more. I do not recommend misting. It should be applied full strength as one would a lotion.

I love "Five Oils" because of its broad range and seemingly limitless capabilities. Individually, these five tried and true oils have proved their usefulness in so many areas supporting our health and well being. Harnessed together they capture a powerful healing potential through their active team work with the added benefit that the Mullein oil content provides for a soothing base for those whose skin will not tolerate full strength applications of any of the other four oils individually.

"Five Oils: is a fundamental member of The Essential Herbal Treasury that completes the First Aid cabinet for every household desiring the basic tools to pursue and maintain health through nature's means. Within the biochemistry of these oils God armed us with weapons He created to defeat the elements of nature He knew would be our foes. I perceive His might on our behalf."

"Thank you, Dr. Watkins for welcoming a 'telling' of some of what I have seen and heard about this blend of Five Oils. I pray it will be of some usefulness to others also." —Jonny Yaden

HERE ARE THREE MORE INTERESTING, BUT NOT AT ALL SURPRISING TESTIMONIALS ON THE FIVE OILS:

A man shared that he had given up on finding anything that would defeat or even mildly affect his dandruff. He went around looking as though he had just come in from a snow storm. I suggested he mix about ten drops of Five Oils in with his shampoo daily and then once a week work Five Oils into the scalp leaving it in all day and then shampooing it out in the evening. He reported that he believes his dandruff problem has become ancient history.

A woman called to tell me she had recommended that her sister apply Five Oils on her children's ringworm. That same day they saw the red spots disappear and within two days the ringworm completely cleared up.

Recently I began to feel the onset of "something nasty" accompanied with stuffy sinus, bronchial discomfort and a very sore throat. I decided to try out the Five Oils on these "critters". I shot five to ten drop of Five Oils in the back of my throat. It took the throat pain away immediately, opened up my head (sinus congestion) and took away all lung distress. I repeated this about every four hours for two days. The symptoms were totally relieved. Considering the number of people who came down with this, the virus that just swept through Houston must have had some "teeth".

I am truly excited about the capabilities of this formula.

For life, lovingly, Jonny Yaden.

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