

PURE HERBS, LTD.

33410 Sterling Ponds Blvd. Sterling Heights, MI 48312
PHONE: (800)860-4372 FAX: (586)446-8218
WEB SITE ADDRESS: www.pureherbs.com

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JUNE/JULY 2011

Volume XX, Issue 3

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STONE ROOT

HIGH FIVE JUNE SPECIALS

Purchase three bottles (must all be the same product and the same size) of the following HIGH FIVE PRODUCTS and receive the 4th bottle free. To take advantage of the special, the three purchased bottles and the FREE bottle must be the same product and purchased at the same time from the list below. Example: Purchase three bottles of S.D.-R and receive a fourth bottle of S.D.-R free. No Purchase Volume will be paid on any free bottles.

- ◆ **S.D.-R** (Stone Dissolver-Rueben) — Dissolves kidney and bladder stones.
- ◆ **C.C.E.-W** (Cleansing Corrective Extract) — Bowel and blood cleanser. Also used as an antibiotic, poison antidote & to correct numerous common & baffling types of conditions.
- ◆ **LILY OF THE VALLEY & BLESSED THISTLE** — Repairs blood vessels, deterioration of heart muscle and heart valves. Helps with heart pain, delivers oxygen to oxygen-starved heart & brain and also helps to improve memory.
- ◆ **MUGWORT & WORMSEED** — Kills parasites of all kinds.
- ◆ **BIG FIVE PLUS TWO** — Relief & repair of neck, back & joint pain. Also helps to relieve headaches. Can be used for sports activities, accidents & injuries. Also use for massage therapy work and arthritic pain.

PURE HERBS, LTD. OFFERS MONTHLY SPECIALS. BE SURE TO ASK ABOUT THEM WHEN YOU CALL YOUR ORDER IN!

THIS INFORMATION IS OBTAINED FROM THE CENTER FOR BUILDING BETTER HEALTH NATURALLY, INC. AND HAS NOT BEEN REVIEWED OR APPROVED BY THE AMERICAN MEDICAL ASSOCIATION OR THE FOOD & DRUG ADMINISTRATION.

NOTE: THE MONTHLY SPECIALS ARE ONLY VALID DURING THE MONTH OF THE SPECIAL.



FIRECRACKER SPECIAL IN JULY!!!

It's that time of year for the Pure Herbs, Ltd. "Fourth of July Baker's Dozen Firecracker Special." The special will begin on Friday, July 1, 2011 and end promptly on Friday, July 29, 2011 at 5:30 p.m. (E.T.). Anything left on voice mail, fax machine, or received in the mail after 5:30 p.m. (E.T.) on July 29, 2011 will not be counted toward the special. Those orders will count for the month of August 2011.

THE SPECIAL: When you purchase 12 bottles in a 4-oz size, you will receive the 13th 4-oz. bottle absolutely free. The same applies if you buy 12 bottles in a 1-oz size or 12 bottles of capsules/tablets, or 12 creams/lotions. You do not have to order all the same product. You may order 12 different types of product, but the product must be the same size or all capsules/tablets; or all creams/lotions. The free bottle is your choice with the exception of True American Ginseng, Lady's Slipper, True Saffron, Virginia Snake Root, P.A.-K, T.L.-C, Sutherlandia Combination, Hoodia Extract, Golden Seal and all Custom Blends. Purchase Volume (P.V.) will not be paid on any free product. The buy 12 and get the 13th free has to be purchased at the same time (on one order/invoice) and cannot be spread over several orders/invoices. You can order the special as often as you want during the Firecracker Special.

NEW DIRECTORS FOR MARCH/APRIL 2011

Elaine Calloway
Kirk McClendon
Gladys Torres
Rhonda Cooke
Annette Black
June Brantley
Roseline Joseph
Reuben Delagrance
Shatoya Williams

Russell Adams
Kim Shrum
Mary Jones
Tina Hatch
Mary Wathen
Luisi Abed
Max Carre
Enedina Santoy
Alonda Martin

CONGRATULATIONS TO ALL OF YOU!

HAPPY BIRTHDAY
PURE HERBS
EMPLOYEES:

KEVIN—JUNE 5
SANDY—JUNE 8
UNCLE AL—JUNE 9
AARON—JULY 3
KURT—JULY 4
DR. WATKINS—JULY 11

ATTENTION WALK-IN CUSTOMERS

Please call your orders in ahead of time. Also, keep in mind that we are not permitted to give out advice, so please refer to your books or call your upline with your herbal questions **before** coming in to pick up your order. Thank you for your consideration. Also, all orders must be picked up or paid for before 5:30 p.m. the last business day of the month, otherwise the order **WILL NOT BE COUNTED FOR THAT MONTH.** This may be important to you and your business. This is your responsibility. Thank you.

Please try to have your Distributor number ready when calling an order in. Also, please have your order ready to place and your credit card number handy.

THANK YOU!

WELCOME NEW DISTRIBUTORS
36,355 THRU 36,671

You may call us at:
(800)860-HERB (4372) and
 place your order directly.

Shipping rates are as follows:

\$ 99.99 and under. \$ 9.50
\$100.00 – \$249.99. \$12.50
\$250.00 – \$499.99. \$15.00
\$500.00 – \$1199.99. \$18.00
\$1,200.00 and up. \$20.00

C.O.D. FEE IS \$10.50

Please note: 1/2 oz. bottles and 1 oz. bottles are shipped separately from the 4 oz. bottles because they must be shipped in UPS approved boxes. So, if you place a 1/2 oz. & 1 oz. order AND a 4 oz. order at the same time, they each will be shipped as separate orders with separate shipping charges. Capsules, tablets and/or creams/lotions and plastic spray bottles can be put in either a 1 oz. or 4 oz. box, or shipped by themselves if you do not need any liquid herbs. Capsules, tablets and/or creams/lotions and plastic spray bottles shipped without 1/2 oz., 1 oz. or 4 oz. bottles are at the same rate as above.

RETURN POLICY

Due to F.D.A. regulations regarding food products, Pure Herbs, Ltd. has a no return policy. The exceptions are breakage and manufacturing defects. To return a product, you must receive prior approval. In the case of shipping errors, returned bottles must be as shipped (free of store pricing labels) and returned in a timely manner (with current lot numbers). All items returned with non-current lot numbers, distributor labeling, or two weeks after receipt, will be charged to your account. This policy is necessary as the returned product must be destroyed due to F.D.A. regulations.

OFFICE HOURS

Pure Herbs, Ltd. is open Monday-Friday 9:00 a.m. till 5:30 p.m. eastern time (E.T.). At 5:30 p.m. we start our end of day computer clean-up; so, we do lock our doors promptly at 5:30 p.m. and activate our voice mail system for your phone calls. If you need to place an order, and it is not during business hours, please call 800-860-4372 and you will automatically be transferred to our voice mail system. Our voice mail system has many options to choose from; make your selection and then leave a detailed message. Always leave your last name, Distributor Number, a phone number and method of payment (we accept Visa, Discover, MasterCard, and American Express, or you can pay C.O.D. by check or money order only). Please specify if 1 oz. or 4 oz. bottles, capsules, tablets or cream/lotion. If you have a rotary phone, stay on the line and you will have the opportunity to leave a message at the end. Also, please be aware that during business hours when all of our lines are busy you will automatically be transferred to our voice mail system.

NOTE TO ALL DIRECTORS:

All orders and P.V.T. (Purchase Volume Transfers, which refer to products that were ordered by Distributors that you did not sponsor) **MUST** be called in, faxed in, or received by mail before 5:30 p.m. E.T., on the last business day of the month, which would be Monday–Friday, i.e.: if the 30th is a Saturday, the last business day would then be Friday the 29th.

All orders and P.V.T. called in after 5:30 p.m. E.T. will automatically go on the next month. Legal holidays are not considered business days. This could be very important to you or your downline. It is your responsibility; and it will be your responsibility to correct any problems in your downline, should you fail to adhere to these rules. There are no exceptions. Also, keep in mind that during holidays the mail service will probably take a little longer.



Please stop waiting, for the last day, last hour, last minute to place your orders. Take responsibility for your business.

***We will be closed Monday, May 30, 2011 to observe the Memorial Day holiday.**

MUGWORT AND WORMSEED — ON SPECIAL IN JUNE 2011

Dr. Esch of Michigan State University, a world renowned parasitologist has indicated the incidence of parasites is so widespread that if all solid objects were to be swept away and leave only the associated parasites, the outlines of buildings, people, animals and plants could yet be seen. Parasites prey only on an undernourished and waste-clogged system. When stagnant wastes occur due to improper bowel management (that is less than one elimination per meal eaten during the day), dregs back up in the body to any area available and provide the perfect breeding ground for pests. Mugwort and Wormseed may be used to swiftly eliminate them; and taken as a daily maintenance program, prevent and halt their proliferation. Medical science has often been baffled by prolific, bewildering and bizarre symptoms that do not fit in with any known diagnosis. When this is the case, it would be safe to assume that the body is plagued by various parasites.

NOTE: Wormseed is especially good for hookworm. Mugwort has a special effect against roundworm and tapeworm.

COMBINATION: Mugwort and Wormseed.

DOSAGE: For the elimination of worms, the herbalist, Alma Hutchens suggests the following: "To expel worms with more success, plan to give the remedy during a full moon, as the tenants are more active at this time. Omit the evening meal, give the prescribed DOSAGE and again in the morning before breakfast, followed by an herbal laxative, repeat for three days to make sure the larva are expelled." 40 to 80 drops is the customary amount for this action.

PRICE INCREASE EFFECTIVE JUNE 1, 2011 ON THE FOLLOWING PRODUCTS ONLY:

VITAMIN B COMPLEX:

WHOLESALE PRICE: WAS \$11.25 NOW \$12.25

SUGGESTED RETAIL PRICE NOW: \$16.00

PEPPERMINT OIL:

WHOLESALE PRICE: 1-OZ. WAS \$7.00 NOW \$8.00 4-OZ. WAS \$21.00 NOW \$24.00

SUGGESTED RETAIL PRICE NOW: 1OZ \$10.00 4OZ \$30.00

WILD PEPPERMINT OIL:

WHOLESALE PRICE: 1-OZ. WAS \$7.00 NOW \$8.00 4-OZ. WAS \$21.00 NOW \$24.00

SUGGESTED RETAIL PRICE NOW: 1OZ \$10.00 4OZ \$30.00

MANUKA OIL:

WHOLESALE PRICE: WAS \$24.00 NOW \$25.00

SUGGESTED RETAIL PRICE NOW: \$31.75

We apologize for the price increase on these products and would like to explain why the pricing on these particular products has to go up. The Vitamin B Complex has more government regulations now; and therefore, there has to be more testing done by the manufacturer and this in turn drives the cost up. The Peppermint Oil is harder to get because more and more farmers are growing corn as opposed to Peppermint, because corn yields more profit for the growers. Corn also has many uses such as: food for people, feed for cows, ethanol, etc.). As far as Manuka Oil goes...the word has gotten around that it's a really good oil and therefore the price has been bid up.



IN CHARGE OF PRODUCTION SAYS:

“We would like to assure you that we have enough products that come from the Atlantic Ocean and are free from radiation to last for years to come. Products that you may be interested in that would help with increasing your iodine would be **KELP, BLADDERWRACK, IRISH MOSS, SPIRULINA, DUSLE, V.M.-W, A.C.S. or T.-W.”**

1 June 2011 Al Pfund “Uncle Al”, I.C.O.P. (In Charge Of Production)

WHAT TO DO WHEN YOU NEED TO DRIVE THE RADIATION OUT OF YOUR SYSTEM!

(Excerpted from the copyrighted works of Dr. A. B. Howard) The Center For Building Better Health Naturally, Inc.

Fortunately Nature has an answer. The answer is to use one of the B Vitamins known as NIACIN*. Niacin drives radiation out of the body regardless of where it is stored. **IMPORTANT NOTE:** Do not use Niacinamide instead of Niacin. Niacinamide is worthless as a tool to drive radiation from the body. Radiation toxicity is a concern these days. Since the major leak from a nuclear reactor, with worldwide consequences, that spewed radiation in to the air and water of the Pacific Ocean many people have rightfully become alarmed. Although no high levels of radiation have been found, some contamination has already shown up in milk and vegetables. One of the problems is that the commerce of the world has become rapid and widespread. Add to that, the winds of the world naturally making one complete revolution around the world every two weeks. Another problem is the nasty habit of radiation to store up in the body, just like scuff marks accumulating on the kitchen floor. We are under attack from many sources such as computers and T.V. screens; X-rays, microwave ovens, cell phones and of course nuclear power plants and not to mention the sun itself. You see the people who give X-rays wearing lead aprons and want you to do so also. All these sources add up to a real problem. When a certain threshold is reached, depending on the person, the body cells go “crazy” and cause cancer cells of various types to form which attack the body. People can die of this condition we call radiation cancer.

HOW TO FLUSH RADIATION FROM WHEREVER IT IS STORED IN THE BODY:

1. *Go to a health food store and purchase a bottle of 50 mg. NIACIN tablets or capsules. Take one. You will notice a “purple itchy blush” after about 20 minutes. The “purple blush” will last for about 20 minutes. You may also feel some prickly heat in the area of the “purple blush”. This is the radiation leaving the body from where it was built up and stored.
2. To balance out the effects of the Niacin you should also take a tablet or capsule of B-Complex Vitamins or 20 drops of a natural source of B-COMPLEX VITAMINS such as RICE BRAN, BREWER’S YEAST or BEE POLLEN. Otherwise, your body will act like it has a deficiency of the other Vitamin B’s.
3. Take one tablet of 1,000 mg Vitamin C or 20 drops of a natural source Vitamin C such as ROSE HIPS, BILBERRIES or ACEROLA CHERRIES. This guards against other poisons that get stirred up while removing the radiation.
4. Finally, take one tablet of Calcium-Magnesium or one capsule or 20 drops of A.C.S. (ALL CELLS SALTS) or V.M.-W (VITAL MINERALS). This should keep the teeth from hurting.

When you no longer get that “purple blush” from 50 mg. of NIACIN, take 100 mg. of NIACIN and double the amount of the other supplements. When you no longer get a “purple blush” from 100 mg. then take 150 mg. of NIACIN and triple the amount of the other supplements. Then take 200 mg. of NIACIN and four times the amount of the VITAMIN C, B-COMPLEX and MINERALS. When you no longer get the “purple blush” from 200 mg. of NIACIN then take 250 mg. of NIACIN and five times the amount of the other supplements until you no longer get a “purple blush”. Continue in this manner until you can take 500 mg. of NIACIN and five times the other supplements without a “purple blush”. For instance: At the end of this program you would be taking 500 mg. of NIACIN, 200 drops of RICE BRAN, 200 drops of WILD ROSE HIPS and 200 drops of A.C.S. At this point, your body should be pretty well free of any radiation.

NOTE: During this program don’t be surprised if you see the outline around clothing you have worn while you were out in the sun, such as the straps of your bathing suits or t-shirts and so on.

Please drink eight glasses of fluid each day such as a good drinking water, diluted unsweetened apple juice or lemon water (fresh lemon juice squeezed into water) to complete the internal flushing out of the radiation.

To prevent build up of radiation, take the A.C.S. combination of minerals on a daily basis—four capsules per day or 80 drops of the liquid.

WHAT TO USE, WHAT TO STOCK & WHAT'S REALLY SELLING RIGHT NOW!!!!

TOP 25 BEST SELLING 4 OZ. HERBAL EXTRACTS AS OF APRIL 2011

- | | |
|-----------------------|--|
| 1. O.C.-M | 13. Olive Leaf |
| 2. A.C.S. | 14. KID.-W |
| 3. C.C.E.-W | 15. W.-W |
| 4. H.T. Combination | 16. S.D.-R |
| 5. Ol' Number 11 | 17. Lily of the Valley & Blessed Thistle |
| 6. Can-Sol | 18. Oil of Cajeput |
| 7. Herbal Adjustment | 19. UR.-W |
| 8. Red Clover Blended | 20. Formula Max |
| 9. SI.-W | 21. Arnica |
| 10. Sanicle | 22. H.N.S.-W |
| 11. Whole Apricot | 23. Three Bees |
| 12. T.-W | 24. D.A.N.-C |
| | 25. N.-W |

TOP 25 BEST SELLING 1 OZ. HERBAL EXTRACTS AS OF APRIL 2011

- | | |
|------------------------|--|
| 1. Oil of Cajeput | 13. Olive Leaf |
| 2. Virginia Snake Root | 14. Ol' Number 11 |
| 3. Peppermint Oil | 15. Sanicle |
| 4. Herbal Adjustment | 16. Manuka Oil |
| 5. O.C.-M | 17. M. & B.-A |
| 6. SI.-W | 18. Whole Apricot |
| 7. Arnica | 19. L.-W |
| 8. A.C.S. | 20. Universal E.R. |
| 9. Can-sol | 21. KID.-W |
| 10. C.C.E.-W | 22. T.G. & P.-W |
| 11. H.T. Combination | 23. Three Bees |
| 12. Five Oils | 24. W.-W |
| | 25. Lily of the Valley & Blessed Thistle |

TOP SELLING CAPSULES

1. A.C.S.
2. Alfalfa
3. Cascara Sagrada
4. Can-sol
5. Psyllium Seed Husk

TOP SELLING SOFT GELS

1. P.S. Brain Treat
2. Vitamin A & D
3. Vitamin E
4. Eazy CoQ10
5. B-complex

TOP SELLING LOTIONS

1. Joint Helper (roll-on)
2. Vane Eaze
3. Sports Cream Extra Strength
4. Skin Lotion #101
5. Skin Lotion #104

HERBALOGY 101 FOR YOU

This is a two day live class experience with the herbs. HERBALOGY 101 FOR YOU is a two day live experience with an herbalist and students in words you can understand. Learn how to regain your health, maintain your present health and improve your health. Learn what you can do for what. Be better informed about herbs and nutrition and their benefits. The herbalist you visit with is the well known Doctor of Natural Medicine, Dr. Eugene C. Watkins, B.S.ed., M.S., N.D. You can learn in your own living room, hold a group meeting or just put the recorded disc in a DVD player, your computer or your television screen DVD player.

- ◆ Hold a meeting and invite your friends, prospective new customers or distributors to learn right along with you.
- ◆ Meet on a chosen week night or each week and coast your way through this absorbing, informative and entertaining visit with the herbs and herbalist.
- ◆ Great promotional tool for your herb business.
- ◆ Hold your own two day Herbal Seminar.
- ◆ A really pleasant way to absorb the herbs and what they do.
- ◆ Over 130 single herbs are discussed in a familiar and understanding manner so you can use herbs too. There are many Herbal Programs for internal and external use.
- ◆ Know what every herbalist can and cannot say.
- ◆ Enjoy the Nutritional Information everyone should be familiar with.
- ◆ Use the richly color illustrated book, “HERBS FOR YOU”, by Dr. A. B. Howard and follow along with this presentation. Take written information and color herb pictures along with you for quick reference.
- ◆ Here is an abundance of herbal wealth waiting for you.
- ◆ Knowledge is wealth. Share it.

OVER 11 HOURS

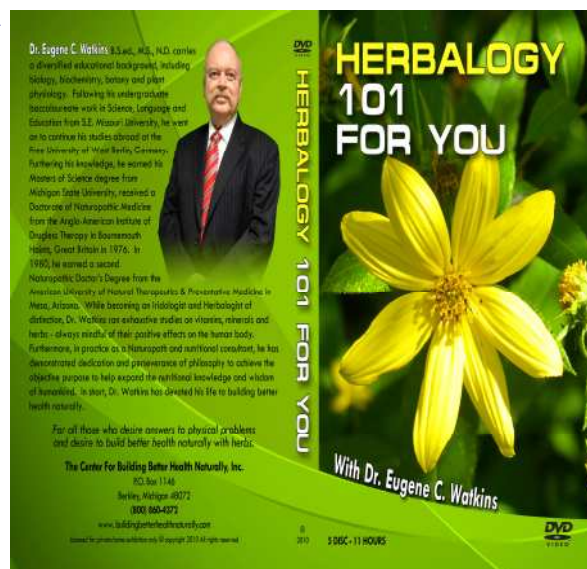
COST: \$79.95/DVD set plus shipping. We ship U.S. Priority Mail. The cost is \$6.85 for shipping and handling for the first DVD set. More than one set will be billed the actual postal rate.

TESTIMONIALS

Jan. 19, 2011 “HERBALOGY 101 FOR YOU unravels the mystery associated with herbs and health. Dr. Watkins’ simple and easy style of communication makes it easy for everyone to understand and enjoy. I would suggest to all herbalists to add this set of FIVE DVD’S to his or her collection. The information that it imparts is priceless!” —Dr. Dawud Abdur-Rahmaan, Michigan Institute of Natural Health, Detroit, MI

Jan 4, 2011 “I love Doctor Watkins’ DVD set! If you have not purchased this set yet I highly recommend that you do! It was extremely informative and I enjoyed every minute of each DVD. You feel like you were right there at the class. You not only get his extensive knowledge of the herbs from his travels all over the world, but you also get his sense of humor. It went beyond my wild-est expectations and I would recommend this to everyone! Thank you for the knowledge Dr. Watkins.” —A.H., Sterling Hgts, MI

Jan 20, 2011 “If you are skeptical or just curious about using herbs, watch Dr. Watkins’ DVD series Herbalogy 101 for you. This is a fantastic source of knowledge for preventative care and recovery.” —R.S., MI



SEMINAR & PROMOTIONAL INFORMATION

We list all Seminars at no cost to the Directors as long as it is a Pure Herbs, Ltd. Seminar, Course or Advanced Courses with specific dates and our product is being endorsed. Our Newsletter goes out to thousands of Distributors and is a great way to let people know what you're doing.



MICHIGAN—DETROIT

Dawud Abdur-Rahmaan, D.H.S., Master Herbalist of the Michigan Institute of Natural Health, is offering Herbal Extract classes. Become certified as an Herbal Extracts Specialist. Learn usage of natural herbs and their healing properties. Correspondence courses are also being offered. Learn to manage your own health by using Pure Herbs extracts. "If you don't pay attention to your health now, your health will get your attention later."

DATE: Every Mon., Sept. 19, 2011 thru
Mon., Dec. 19, 2011

TIME: 7:00 p.m. till 9:00 p.m.

COST: \$400

PLACE: 1128 Atkinson, Detroit, MI 48202

OR

DATE: Every Wed, Sept. 21, 2011 thru
Wed., Dec. 21, 2011

TIME: 6:00 p.m. till 8:00 p.m.

COST: \$400

PLACE: 1128 Atkinson, Detroit, MI 48202

For further information or reservations, please contact Dawud at: 313-865-0018 or 313-820-6388.

MICHIGAN—SOUTHFIELD

Irene's Myomassology Institute is offering a class in basic Herbology. This is a two day seminar. **The presentation speaker will be Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.**

DATE: Sat., Aug. 13, 2011 thru Sun., Aug. 14, 2011

TIME: 9:30 a.m. till 5:30 p.m. both days

COST: \$312 (non-student fee)

PLACE: 26061 Franklin Rd, Southfield, MI 48034

For further information or reservations, please contact Irene's Myomassology Institute at: 248-350-1400.

MICHIGAN—INKSTER

Doris Moton-Spruill, Master Herbalist, of Health and Wealth Management LLC is offering classes for the Michigan Institute of Natural Health. Become certified as an Herbal Extracts Specialist. Learn usage of natural herbs and their healing properties. Correspondence courses are also being offered. Learn to manage your own health by using Pure Herbs extracts. "If you don't pay attention to your health now, your health will get your attention later."

DATES: Every Thurs., July 7, 2011 thru
Thurs., Sept. 22, 2011

TIME: 7:00 p.m. till 9:00 p.m.

COST: \$400

PLACE: 310 Bert Lane, Inkster, MI 48141

For further information or reservations, please contact Doris Moton-Spruill at: 734-895-7409

MICHIGAN—DETROIT

The Center for Natural Health Care & the RAW Café are offering a comprehensive training program on combining the healing properties of Pure Herbs with the nutritional properties of organic raw vegan food. LaKeta McCauley, C.N.H.P., Nutritional Consultant, Certified Herbalist and Author of the book, "**Taking Every BITE Seriously**" will be your instructor. McCauley, a cancer survivor, reversed breast cancer through diet & nutritional therapies that included herbs and organic, raw, vegan food. Studies from around the world suggest that a plant based diet is necessary to reverse disease and promote optimal health. Together, Pure Herbs and the nutritional properties of organic plant based raw vegan foods provide a complete healing experience. Find out which foods reverse which diseases and which Pure Herbs support the healing process. Our class will focus on bad cells, high blood pressure, thyroid conditions, iron deficient anemia, diabetes, heart disease, kidney failure and much, much more. You don't want to miss it!

DATES: Every Sunday from July 10, 2011 thru Sun., Aug 7, 2011

OR

Every Monday from July 11, 2011 thru Mon. Aug. 8, 2011

TIME: 6:00 p.m – 8:00 p.m.

COST: \$350 (four week class—choose Mon. or Sun.)

PLACE: 4160 Woodward Ave. First Floor, Detroit MI 48202

To register or for information on inviting LaKeta to do a class or seminar in your city, contact her at 248-790-6111.

READ ON FOR GREAT WAYS TO BUILD YOUR BUSINESS . . .

POWER POINT PRESENTATION available from the Vladimirsky's in McAllen, TX

Build your business, promote **Pure Herbs** products, and **have fun** with PowerPoint Presentation: "Colon & Your Health" presented at the 2010 Pure Herbs convention. Available from: Arkady & Bella Vladimirsky 956-631-3772

PROMOTIONAL PAMPHLETS IN ENGLISH AND SPANISH: For promotional pamphlets in English and Spanish from very successful Distributors, please contact: **Arkady or Bella Vladimirsky at: 956-631-3772.**

GREEN HERBAL BOOKLETS FULL OF HERBAL PRODUCT INFORMATION (Super Business Builder):

For those of you wanting to order more of those wonderful green booklets full of herbal product information, please contact: **Miesse's Herbs at: 937-325-2173.** The cost of these booklets is 75 cents each or if you purchase 50 or more the cost is only 70 cents each. If you would like to contact Miesse's Herbs by mail, the address is: 2525 Springfield-Xenia Rd., Springfield, OH 45506

TESTIMONIAL BOOKLETS: Purchase and distribute everywhere the Success Testimonials booklet. Make sure to put your name, address, phone number and/or e-mail address on the back of each one and then just sit back and the people will come to you. Most people want to get healthy and when they read how to, from real success testimonials, they will want to try it on themselves and let others try it too. In other words, they will call you and order from you! What a great way to build your business, don't you think!?! Call Pure Herbs at: 1-800-860-4372 to place your order today. See page 11 for order details.

HERBAL HANDBOOK FOR PRACTITIONERS: This handbook contains information on: Bowel Management Program; Cold, Flu or Worse; Green Drink; Bad Cells; The Importance of Protein and Suggested Sources; Gall Bladder and Liver Flush; Full Nervous System Application and Vaginal Suppository. Call Pure Herbs at: 1-800-860-4372 to place your order today! See page 11 for order details.

HERBALOGY 101 FOR YOU: This is a two day live class experience featuring Dr. Eugene Watkins on DVD. You will learn how to regain your health, maintain your present health and improve your health. Over 130 single herbs are discussed in a familiar and understanding manner so you can use herbs too. Eleven hours of information are provided. See page 11 for order details.

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IF YOU HAVE ACCESS TO A COMPUTER, PLEASE BE SURE TO CHECK OUT OUR WEB-SITE AT: WWW.PUREHERBS.COM

Our web-site is very informative and can help to increase your business. If you meet a potential new client that you think might be interested in joining Pure Herbs, Ltd., and they have access to a computer, you can tell them to check out the Pure Herbs web-site by going to: www.pureherbs.com. They can then browse the sight at their leisure for further information. Please make sure to inform your potential sign-up that if they do decide to become a member of the Pure Herbs family, they can print off a Pure Herbs Application Agreement Form from the web-site by clicking on the Application button. Please make sure to give your potential sign-up your first and last name only (not store name) and have them fill that information in where it says: SPONSOR INFORMATION. Also, please DO NOT give out your Distributor number because the potential new sign-up might think they can use YOUR Distributor number to place an order under your account. We DO NOT allow that for your protection. Thank you for your understanding.

The side bar located to the left of this write up shows you all the different buttons you can click on at our web-site to find information under that particular title. For example, you can click on the button titled FORMS and there you can view and print off any of the following: Distributor Order Form, Suggested Price List, Retail Order form or Fax order form. What a great tool to help increase your business or to increase your knowledge about Pure Herbs. Also, be sure to check out the testimonials found on our web-site. These can help you and your potential clients. Many of our Pure Herbs Distributors tell us how much their business has increased from their customers or downline after reading the Pure Herbs testimonials and finding all kinds of herbal supplements that might also help with a same or similar condition they might have.

If you need any help with regard to our web-site, feel free to call Pure Herbs, Ltd. and we will assist you in any way that we can.

You can also set up your PV Login with us by giving us a password and user id. It can be up to ten characters or numbers, or a combination of both. It can be capital or small letters, or both.

www.pureherbs.com CHECK IT OUT TODAY!!!

CONVENTION UPDATE:

Congratulations “2010” Convention Qualifiers! You will be traveling to FRENCH LICK, INDIANA this year for the Pure Herbs, Ltd. Convention. The Convention will be held September 17, 2011 thru September 20, 2011. The Convention will be held at the West Baden Springs Hotel. This Hotel is a Historic Landmark with a very extensive and fascinating history. The Hotel even has a one-of-a-kind domed Atrium spanning 200 feet and was once called the “Eighth Wonder of the World”. The Hotel is famous for its mineral springs found only in Southern Indiana, where you can bathe and have a truly relaxing experience.

The Conference Center is the ideal setting for the Pure Herbs round table discussion.

West Baden Hotel features:

- ◆ Garden and nature walks
- ◆ Natatorium lap pool, outdoor pool and hot tub
- ◆ Full-service salon
- ◆ Casual & fine dining options
- ◆ Shuttle service to French Lick Hotel & casino
- ◆ Retail shops
- ◆ Full service 28,000 sq. ft. spa and state-of-the-art fitness center



WEST BADEN SPRINGS HOTEL

PURE HERBS, LTD. SUCCESS TESTIMONIALS USING PURE HERBS PRODUCTS

April 8, 2010 “I was in a bad motorcycle accident in 1978. My right foot was twisted 90 degrees from normal, sticking out to the side instead of in the front. I had three operations on it. I was assured by the surgeons that I would be ‘all right’ again. Nothing was further from the truth. My ankle swelled up and got hot; and at times, I could barely walk and had to rent a wheelchair. All that chiropractors, podiatrists and Medical Doctors could do for me was to prescribe pain killers. Then I met a Pure Herbs Distributor and she led me to Pure Herbs. She suggested I take internally **R.S.T.-C, OI’ Number 11** and **C.C.E.-W**. She also suggested externally that I rub on **Arnica Oil Blend, R.S.T.-C, Big 5 Plus Two** and **OI’ Number 11**. I did what she suggested and within just two days the pain was gone! It has now been one month and I have walked unbelievable distances that I couldn’t do just weeks ago. The swelling in my ankle is down to just over the size of my left one and it still occasionally gets warm, but not hot. I feel like a new man! I am confident that someday soon I will walk normal and pain-free with the use of the Pure Herbs products and the Lord’s help. By the way, I’m now able to do a stretch my chiropractor recommended for men’s health and I can do it better than before. Thank you Jesus and thank you Pure Herbs.” —P.P., Denver, CO

April 18, 2011 “I just had to write and let you know about my success with prayer and two of your many great herbs. I had a colonoscopy three years ago that still showed ulcerative colitis and a lot of scar tissue. A friend suggested I use **L.B.R.-W** and **R.S.T.-C** which I’ve taken internally along with **C.C.E.-W** and **A.C.S.** for 18 months. Another colonoscopy was scheduled. I was determined to prove to the gastrologist how well I’d done without taking medication. My friend suggested in addition to taking **L.B.R.-W** and **R.S.T.-C** internally, that I apply them externally as well for about one month. I called her ecstatic with a great report of little sign of ulcerative colitis and NO scar tissue. Thank you!” —B.S., Comfort, TX

Feb. 25, 2010 GOT ENOUGH MILK?

“Got milk? I didn’t, or let’s just say I didn’t have enough. I was a brand new mom of twins—identical boys (8lbs. 2oz. And 7lbs. 2oz.). I already had a four-year-old, but I was definitely new at this twin stuff. One thing I was not new to, however, was breastfeeding. As a teenager, I never liked the idea of breastfeeding. It just sounded a little strange to me. However, as others shared with me the numerous benefits of mother’s milk, I was convinced it was what I wanted to do when I had children. And do it, I did, but not without experiencing a number of problems. With my first baby, my nipples hurt so badly I almost gave up nursing. The onset of mastitis (inflammation of the breast) was even more troubling. But then, providentially, a very qualified nurse helped me change the nursing position of my baby. From then on, it just became more and more pleasurable to breastfeed my son. What’s more, he rarely got sick. Finally, when my son was two, he decided he was done with mommy’s milk; and so my first breastfeeding experience ended. When I found out I was expecting twins, I was even more convinced than ever that I wanted to breastfeed—both of them! I knew that breastfeeding twins would take a lot more time and be a lot more challenging, but I was up for the challenge. At least I thought so. I read what I could about twins and just waited for the big day. Initially, I had some of the same problems as with my first son; sore nipples and mastitis (inflammation of the breast). But then I found a new problem. I didn’t have enough milk! And, oh, how traumatic this was for me! My babies would nurse fine sometimes (when, I suppose, I had plenty of milk); other times they would nurse, pull off, and cry. My lack of sufficient milk made it painful to nurse. But most of all, my lack of milk made me hurt for my hungry babies. ‘Just keep nursing’ the professionals told me. ‘It’s a matter of supply and demand.’ I tried the best I could, but I was just getting more and more sore. I spent quite a bit of time on the Internet researching—trying to understand why I was not making enough milk. I was eating well, getting well, getting as much rest as I could, drinking plenty of liquids, and so on. But somehow it wasn’t good enough. Finally my lactation consultant told me, ‘Try **M. & B.-A** (a Pure Herbs herbal tincture); it’s good stuff.’ Little did I know that this ‘blessed’ liquid was the solution to my problem of insufficient milk supply. It didn’t happen all at once. I still had my ups and downs. However, as I compared the amount of the herbs I took with how much milk I seemed to produce, the result was outstanding. When I took **M. & B.-A**, I had milk!!! I can imagine some of you questioning if **M. & B.-A** really made the difference or if it were just a placebo effect. I, too, questioned it for a time until I made a couple of experiences that completely convinced me of its worth. For example, I tried cutting back on it—thinking to save a bit of money. Almost within hours, my babies told me the truth, ‘There is not enough milk for both of us!’ Another time, I made two doses of barley water (which is how I usually take my herbs) but added only one dose of **M. & B.-A**. I did this accidentally! I couldn’t figure out why, later on in the day, my babies were back to nursing, pulling off, and crying again. Then what I had done hit me. The truth for me was undeniable...I needed **M. & B.-A** to help my body make enough milk for my babies! Today, breastfeeding has become one of the most enjoyable parts of my day. My baby fusses, I hook him up, he nurses, and then he has the most wonderful contented look on his face. He’s satisfied, and so am I! The dribble of milk down his cheek makes me thank God for **M. & B.-A**!” —S.N.

May 3, 2011 “I have suffered with gout for many years. After trying several remedies, including prescriptions, I have found that the most effective relief is a combination of **Dandelion Root** and **Juniper Berries**, as recommended by my herbalist. I don’t know what I would do without my herbs!!!” —G.L., Craftsbury, VT

WE ENJOY YOUR TESTIMONIALS, PLEASE SEND THEM IN!

IMPORTANT NOTE:

When sending in a testimonial, please be sure to include which herbs you have used to help you. We have received many testimonials which do not give this information and then we have our Distributors calling, wondering which herbs were used. Also, be sure to sign your testimonial. If you would like to send in your success testimonials, address them to: Pure Herbs, Ltd. — 33410 Sterling Ponds Blvd., Sterling Heights, MI 48312

Please let us know if we can publish them in our bi-monthly Newsletter and put them on our website. Also, let us know if you would like your name and phone number used. If you would only like the initials of your name to be used, please specify that. We would love to hear from you! **When your testimonial is published you will receive a free 4 ounce bottle of your choice (it is your responsibility to call us) with free shipping. Please note some testimonials have been edited for space, clarification, syntax & grammar.**

Feb. 11, 2010 “A few weeks ago, I had the opportunity to cook at a deer camp. The building I worked in had horrible odors due to it being closed up for a while. It was also dusty, musty, dirty and moldy. Soon after I would enter the building, those odors mixed with the men’s cigar and cigarette smoke would completely overwhelm me! **C.C.E.-W** combination was all I had with me to help me survive the smelly ordeal. The guys after hearing me coughing, sneezing and having a gagging fit would make fun of me and say sarcastically, ‘Go take one of them herbs!’ So I would go take some **C.C.E.-W**. They were right about the herbs relieving my allergic reaction to all the poisons. As long as I can afford to buy **C.C.E.-W**, I will buy it! I’ve got it everywhere now; in my bag, at home and in the car. By the way, before my job ended, my boss changed his attitude about the herbs. I put **Big 5 + 2, Willow, Arnica and Herbal Adjustment** on his pulled leg muscle. So....no more scoffing only his praises!” —N.U., Yazoo City, MS

Dec. 20, 2010 “My father has had a pinched nerve in his lower back for years with lots of pain. He was turned down by the Laser Spine Institute for back surgery and was at the end of his rope on what to do for the pain. At night he had so much pain that he was waking 10 to 12 times a night. I bought a bottle of **Joint Helper Roll-on** and gave it to my mom to use on his back. He is very impressed! He said he hardly ever wakes up because of pain. Praise the Lord! After several weeks he asked me to order two more bottles of **Joint Helper** because he doesn't want to run out! He takes it with him during the day sometimes too. Thanks Pure Herbs for such a great product!” —E.R., New Holland, PA

Feb. 10, 2010 “My husband and I began to use **Big Five** along with **Peppermint Oil** and **Ol’ Number 11** about 25 years ago! My husband is a retired Chiropractic Doctor and I was his nurse and assistant. We used to use the **Peppermint Oil** first, followed by the **Big Five** on our patients and ourselves. It felt wonderful! We used these few extracts to make a difference for releasing pain, easing the patients discomfort and to help with the healing process. After deciding to become Pure Herbs Ltd., Distributors, our business actually increased. Since retirement Pure Herbs now has a formula called **Big Five Plus Two** which has **Peppermint Oil** and **Cajeput Oil** added to the original **Big Five** formula. I am 81 years young and I mostly use the **Big Five Plus Two** now, since it is only one bottle that I have to carry around. This makes it much easier for me. Just the other day I fell and I immediately put the **Big Five Plus Two** on. The pain relief was just as great as it has always been. Recently, I took **Big Five Plus Two** with me on my visit to my granddaughter who lives in a rural area in Kentucky. They have lots of tics there which seem to really like me. I put the **Big Five Plus Two** on the tics and after a few seconds they back right out. Thanks Pure Herbs!” —M.L. TN

Feb. 28, 2011 “We’ve used your herbs for about five years now and I’m still amazed at how well they work and that I have no bad side effects. I believe in keeping **C.C.E.-W, Bee Propolis, Echinacea** and **F. & F** in my cabinet to keep the medical Doctors away! We use **C.C.E.-W** for stomach viruses, sinus infections, the flu and much more. What a great product! The **Echinacea** we use to build up the immune system. **Bee Propolis** is a great natural antibiotic for all infections!!! **F. & F** is also a powerful herbal combination. We take it for sore throat and also us it on the children when they get sick. Many times I rub their feet with **F. & F** to help draw out any infection. Thanking God for the herbs! Let us Glorify Him daily. Blessings to you.” —A.L., Atglen, PA

March 15, 2010 “I would like to share this testimony with everyone. I had four babies and always struggled with sore nipples and baby thrush. I tried several different things and always kept violet in my babies mouths. When my fifth baby was born I took a little **Slippery Elm** by mouth. By the second day after my baby was born I started getting sore and cracked nipples so I decided to use **Slippery Elm**, on each breast, after each feeding. Be sure to let the Slippery Elm air dry. Also, take a little by mouth. The cracking and soreness cleared up in a few days. **Slippery Elm** has done wonders and I haven’t had to struggle with the soreness and cracking any longer!” —R.R., Montgomery, IN

April 2, 2010 “I would like to share what **Vane Eaze** has done to help me. I had a lump on my upper lip. I went to my dermatologist who said to go to my dentist to make sure it was not cancerous. It was not visible to the human eye. The dentist said, ‘Oh people put up with these things and do nothing with them’. Well, I did not like it! It bothered me and I wanted it gone. At this time I was using **Vane Eaze** for my varicose veins. I had the idea to try rubbing just a small dot of the **Vane Eaze** on my upper lip. I used it for about ten days and not even consistently. After that time I had a small lump appear (now visible) on my upper lip at that spot. It was a lump that looked like I had a pea on my lip. I decided to go back to the dermatologist to have it looked at. It was now described as a sebaceous cyst. A little incision was made and I no longer have a lump within my upper lip. This product worked wonders. Thank you. Try it people and, don’t be afraid to experiment like I did.” —Dawn, OH

Feb. 2, 2010 “I signed up as a Pure Herbs Distributor in 2006. I have been taking Pure Herbs **Dong Quai** for my hormones instead of estrogen pills! It works great! I was taking Premarin until I joined Pure Herbs. I had a hysterectomy when I was 24 years old, and that is when I started taking Premarin. I took it for almost 30 years! The estrogen from the drug caused damage to my heart, and my liver was also effected. I am now 56 years old and I won’t be without **Dong Quai**! Thanks for your good products.” —Nancy in MS

With kindest regards,

Dr. Eugene C. Watkins
President

With best wishes,

Gisela Watkins
Vice President

Best wishes,

Aaron Watkins
Operations

**OLD
PHILOSOPHER'S
CORNER**

“It is truly a blessing to have plants & seeds that keep the faith all Winter long even under the snow & through the cold & dark then burst forth again in the Spring!”

Dr. Eugene C. Watkins
1 June 2011

**THE CENTER FOR BUILDING BETTER HEALTH NATURALLY, INC.
HERBAL RESEARCH GROUP**

Director Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.

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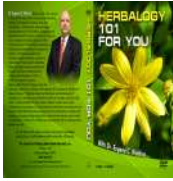





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