

# PURE HERBS, LTD.

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PHONE: (800)860-4372 FAX: (586)446-8218  
WEB SITE ADDRESS: [www.pureherbs.com](http://www.pureherbs.com)

OCT/NOV 2006

Volume XV, Issue 5

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## NEW DIRECTORS FOR JULY/AUGUST 2006

Donna Bowser  
Billie Roark  
Burneal Ballwey  
Patricia Harner  
Jeanne Allan  
Cherokee Lewis  
Gail Walton  
Vicki Lowe  
Yatunda Primm  
Laurie Preece  
Dennis Supina  
Kimberly Dunn  
John Stoll  
Cathleen Hinman  
Debbie Bruening  
Chad Silveus  
Cindy Bohanan  
Joni Legalley  
Chuck Quiner

CONGRATULATIONS!

## OCTOBER 2006 SPECIALS

Purchase three bottles of these Vitamin & Mineral single herbs or combinations below and receive the 4th bottle free. To take advantage of the special, all three bottles must be the same product from the list below and purchased at the same time.

No Purchase Volume will be paid on any free bottles.

- ◆ **BROAD BEANS** (Source of B Vitamins, natural L-Lysine, pituitary nourishment, and shaking disorders).
- ◆ **A.C.S. (liquid)** (Complete multi-mineral supplement, all vegetable source, and "chelation therapy").
- ◆ **A.C.S. (capsules)** (Complete multi-mineral supplement, all vegetable source, and "chelation therapy").
- ◆ **Red Raspberry Leaf** (Source of niacin, iron, manganese & selenium, pregnancy, enriches mother's milk, prenatal and strengthen uterus).
- ◆ **Spirulina** (Sources of Vitamin A, B-complex, niacin, magnesium & protein, radiation protection, radiation poisoning and weight reduction).

PURE HERBS, LTD. OFFERS MONTHLY SPECIALS. BE SURE TO ASK ABOUT IT WHEN YOU CALL YOUR ORDER IN!  
ABOVE INFORMATION IS OBTAINED FROM THE CENTER FOR BUILDING BETTER HEALTH NATURALLY.

## NEW PRODUCT ANNOUNCEMENT

1 OZ. SPRAY/MIST BOTTLE      50 CENTS/BOTTLE

Made from a hard plastic, translucent white with pump sprayer. We tested for about two weeks and even laid it on its side. It did not leak nor did the pump get clogged.

NOTE: NO PV WILL BE PAID ON THIS ITEM AND THERE IS NO SHIPPING CHARGE AS LONG AS OTHER PRODUCTS ARE BEING ORDERED. IF NOT PLACING AN ORDER THEN THE SHIPPING CHARGE WILL BE A FLAT RATE OF \$5.

## ANNOUNCEMENT FROM THE HERBAL RESEARCH GROUP

A booklet of Pure Herbs, Ltd. Success Testimonials has just been released. The booklet contains 104 pages of real life testimonials from the last five years of published Pure Herbs, Ltd. Newsletters. Your cost is as follows:

1 – 9 booklets \$2.00/booklet.  
10 – 24 booklets \$1.90/booklet.  
25 – 49 booklets \$1.80/booklet.  
50 – 99 booklets \$1.70/booklet.  
100 or more \$1.60/booklet.

SEE PAGE 7 (BOOK ORDER FORM) FOR POSTAL OR UPS SHIPPING RATES.

# WELCOME NEW DISTRIBUTORS TO OUR PURE HERBS FAMILY



25,326  
THRU  
25,698

You may now call us at  
(800)860-HERB and place  
your order directly. Shipping  
is as follows:

\$ 99.99 and under	\$ 5.00
\$100.00- \$249.99	\$ 6.00
\$250.00 - \$499.99	\$ 7.50
\$500.00 – \$1199.99	\$ 10.00
\$1,200.00 and up	\$ 15.00

Please note: Because 1-oz and 4-oz bottles must be shipped separately in UPS approved containers, each is a separate order. So, if you place a 1-oz and a 4-oz order at the same time they each have to be shipped as separate orders with separate shipping charges. Capsules, tablets and/or cream and plastic spray bottles can be put in either a 1-oz or 4-oz box, or shipped by themselves if you do not need any liquid herbs. Capsules, tablets and/or cream shipped without 1-oz or 4-oz bottles are at the same rate as above.

**C.O.D. FEE IS \$8.50**

## RETURN POLICY

Due to F.D.A. regulations regarding food products, Pure Herbs, Ltd. has a no return policy. The exceptions are breakage and manufacturing defects. To return a product, you must receive prior approval. In the case of shipping errors, returned bottles must be as shipped (free of store pricing labels) and returned in a timely manner (with current lot numbers). All items returned with non-current lot numbers, distributor labeling, or two weeks after receipt, will be charged to your account. This policy is necessary as the returned product must be destroyed due to F.D.A. regulations.

**HAPPY BIRTHDAY  
PURE HERBS EMPLOYEES:**

**MARYANN—OCT 7  
VICTORIA—OCT 16  
FRANK—NOV 5  
ED—NOV 30**

**PURE HERBS BABY BOARD**

Pure Herbs Distributors, Tammy & Richard, proudly announce the home birth of their son, Colby Daniel Page, 19 in., 7 lbs. and 11 oz. Born on July 7, 2006. Our heartfelt congratulations! See her testimonial on page 5.



**GREEN HERBAL  
BOOKLETS**

For those of you wanting to order more of those wonderful green booklets full of herbal product information, please contact:

**Frank or Irene Miese at: 937-325-2173.** The cost of these booklets is 75 cents each or if you purchase 50 or more the cost is only 60 cents each. If you would like to contact Frank & Irene by mail the address is:  
2525 Springfield-Xenia Rd.,  
Springfield, OH 45506

**PURE HERBS CONVENTION . . . A GREAT SUCCESS!**

The Pure Herbs, Ltd convention held September 10th – September 14th, 2006, near Branson, Missouri at the picturesque Big Cedar Lodge in the Ozark mountains was a huge success. A good time was had by all. We had the largest amount of qualifiers and attendees ever!

Directors from all over the country met and got to rub elbows and exchange some great personal experiences on building better health naturally. Through a series of formal and informal meetings, with some of the finest practitioners and successful Pure Herbs, Ltd. Directors, some great knowledge was shared.

After meetings, some of our qualifiers enjoyed fishing, Dogwood Canyon tours, live shows and shopping.

The goals established at the Convention are to regain our health, maintain our health and improve our health. With those guiding thoughts, much valuable and exciting information was exchanged. Make your qualification plans now to join us for the next P.H.L. Convention so you can be with us and meet with a great bunch of practitioners at next year's event. We'd love to have you with us too! What exciting place are we going next year? Qualify and join us! Look for convention photos in our Dec '06/ Jan '07 Newsletter.

**FOR PROMOTIONAL  
PAMPHLETS IN ENGLISH  
AND SPANISH**

For promotional pamphlets in English and Spanish from very successful Distributors, please contact: **Arkady or Bella Vladimirsky at 956-631-3772.**

**READ ON FOR A GREAT WAY FOR YOU  
TO BUILD YOUR BUSINESS . . .**

Purchase and distribute everywhere the new Success Testimonials booklet. Make sure to put your name, address and phone number on the back of each one and then just sit back and the people will come to you. Most people want to get healthy and when they read how to, from real success testimonials, they will want to try it on themselves and let others try it too. In other words, they will call you and order from you! What a great way to build your business, don't you think!?!  
**SEE PAGE 7 FOR ORDER DETAILS.**

**A WARM WELCOME TO  
MIKE,  
OUR NEWEST EMPLOYEE**

Mike joined us July 20, 2006, to replace Joanne (who is now in the front office) in the bottling room. Welcome Mike!

**HAPPY THANKSGIVING!**

**IN CHARGE OF PRODUCTION SAYS:**

“This spring and summer has been good to us here at Pure Herbs. We have secured an abundant quantity of most of the herbs that we carry, which will take us into the spring of 2007.”

**SEMINAR INFORMATION**

**OFFICE HOURS**

**We list all Seminars at no cost to the Distributor as long as it is a Pure Herbs, Ltd. Seminar, and our product is being endorsed. Our Newsletter goes out to thousands of Distributors and is a great way to let people know what you're doing.**

Pure Herbs, Ltd. is open Monday-Friday 9:00 a.m. till 5:30 p.m. E.S.T.\* At 5:30 p.m. we start our end of day computer clean-up; so, we do lock our doors promptly at 5:30 p.m. and activate our voice mail system for your phone calls. If you need to place an order, and it is not during business hours, please call 800-860-4372 and you will automatically be transferred to our voice mail system. Our voice mail system has many options to choose from; make your selection and then leave a detailed message. Always leave your last name, a phone number, method of payment (we accept Visa, Discover, MasterCard, and American Express, or you can pay by C.O.D., check or money order only) and a Distributor number. Please specify if 1-oz or 4-oz bottles, capsules, tablets or cream. If you have a rotary phone, stay on the line and you will have the opportunity to leave a message at the end. Also, please be aware that when all of our lines are busy you will automatically be transferred to our voice mail system.

**ALL DIRECTORS:**

All orders and P.V.T. (Purchase Volume Transfers, which refer to products that were ordered by Distributors that you did not sponsor) **MUST** be called in, faxed in, or received by mail before 5:30 p.m. E.S.T., on the last business day of the month, which would be Monday-Friday, i.e.: if the 30th is a Saturday, the last business day would then be Friday the 29th. All orders and P.V.T. called in after 5:30 p.m. E.S.T. will automatically go on the next month. Legal holidays are not considered business days. This could be very important to you or your downline, as it is your responsibility, and it will be your responsibility, to correct any problems in your downline, should you fail to adhere to these rules. There are no exceptions. Also, keep in mind that during holidays the mail service will probably take a little longer.

**\*We will be closed on Thursday, November 23, 2006 to celebrate Thanksgiving.**

**MICHIGAN—SOUTHFIELD**

Irene's Myomassology Institute is offering an Herbology class. The presentation speaker will be Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.

**DATE:** Saturday, December 2, 2006 & Sunday, December 3, 2006

**TIME:** 9:30 a.m. till 5:30 p.m. both days

**COST:** \$248 (non-student fee)

**PLACE:** 26061 Franklin Rd, Southfield, MI 48034

For further information or reservations, please contact Irene's Myomassology Institute at 248-350-1400.

**MICHIGAN—DETROIT**

Dawud Abdur-Rahmaan, Herbal Specialist, of the Michigan Institute of Natural Health, is offering Herbal Extract classes starting in August 2006. Become certified as an Herbal Extracts Specialist. Learn usage of natural herbs and their healing properties. Correspondence courses are also being offered. Learn to manage your own health by using Pure Herbs extracts. "If you don't pay attention to your health now, your health will get your attention later."

**DATE:** Every Thurs. Nov. 30th, 2006 through Thurs. March 8, 2007 (12 week course)

**TIME:** 7:00 p.m. till 9:00 p.m.

**PLACE:** 1128 Atkinson, Detroit, MI 48202

**COST:** \$250.00 plus book fee of \$65.00

For further information or reservations, please contact Dawud at 313-865-0018 or 313-820-6388.

**NORTH CAROLINA—MANTEO**

Patsy Reynolds, Certified Natural Health Professional and Doctor of Naturopathy is available for herbal seminars/classes. Will travel to your area in North Carolina, Virginia and South Carolina. For further information, please call 252-473-6060. For monthly meetings please call three days prior to meeting to reserve a seat.

**DATE:** 1st Wednesday, each month

**TIME:** 7:00 p.m.

**PLACE:** A Natural Health Center, 1378 US Highway 64, Manteo, NC

**TEXAS—ATASCOCITA (HUMBLE)**

Elaine Thomas, with A Gift of Health is offering classes in Iridology and Herbology in the Humble area. For further information, please contact:

Shelly Oerlemans at 281-540-4372 (Atascocita/Humble)

7940 FM 1960 East in Atascocita

**TEXAS—McALLEN**

For anyone interested, Bella Vladimirsy of Advanced Holistic Health Services will come speak in your town on HERBS & NUTRITION for a one day seminar. Bella has a degree in Biology and Chemistry, is a Health Practitioner and Nutritional Consultant, and is also certified in Iridology by Dr. Bernard Jensen and Dr. Eugene C. Watkins. She works with diets, herbs and metabolic balancing and conducts Herbology seminars across the U.S. Bella is a Certified Clinical Nutritionist by the American Association of Nutritional Consultants, Advanced Holistic Health Institute and Bio-Ion Institute. For further information, please call Advanced Holistic Health Services at 956-631-3772.

# PURE HERBS, LTD. SUCCESS TESTIMONIALS USING PURE HERBS PRODUCTS

March 9, 2006

"Tuesday, March 28th began as any other day as I went off to work for hospice as a registered nurse. My vision seemed different to say the least. I've worn glasses or contacts since I was very young. I've also had sinus problems for many years. Too many to count! I haven't always had the best diet, but I have used herbs and nutrition for past health issues. This was one of those times when I thought I could get away with eating and drinking the more mainstream fare. Little did I know of the troubles that were about to ensue. My vision seemed to dim, to say the least, and by mid-afternoon, I knew I had a big problem. I had emergency surgery for a detached retina. I was devastated by the loss of vision. I knew this would be quite a program I was embarking on to clean out my eyes and sinuses. My journey would not be a passage easily remedied for the faint-hearted or average layperson. I would spare no expense to strengthen what I had allowed a surgeon to repair. I started with digestion and chose gentian, along with a bowel program to cleanse and strengthen the bowel. I added E.-W (80 drops 4x/day) to repair both eyes, since eyes are sympathetic. I also took Bilberry, Formula Three, Dandelion Leaf, Purple Loosestrife, Ol' Number 11, Ginkgo Combination and Protein to strengthen and nourish my eyes. In addition I rubbed Arnica, a drop or two of Peppermint Oil (for oxygenation) and R.S.T.-C on my forehead and on my temples. I also took R.S.T.-C internally (80 drops 3x/day). I also took Vitamin E with Selenium and Vitamins A & D internally and rubbed on externally for oxygenation. I also took digestaids and 'perfect eyes' from Nature's Sunshine. I added Black Cohosh and C.C.E.-W for days when I felt I needed extra help. I rubbed Chickweed around my eye area on days when I felt my vision was cloudy. Finally, I added SI.-W to my herbal program when I realized that sinus problems affect hearing and vision. I have lived in such a fast-paced life for the last several years and am guilty, as is the majority of society, for reaching for convenience. As for my therapeutic program, I knew my diet had to be the very best it could be so my bowel and sinuses would not reabsorb putrefied toxins. I made sure I took in 'real food' and green drink at every meal. This has been a journey I would never have chosen (yet, ultimately I did, didn't I?) and one I won't soon forget. We all have to take responsibility for the roads we travel and why should I be any different. Hopefully, we're paying attention to the signs along the way. Today, my vision is better (I'm legally able to drive with the eye) and I believe it will continue to increase with each day. I've always loved sunrises, sunsets and beautiful flowers. I include nature's scenery daily as part of my healing journey. Life is awesome!!!" —L. Schechter, the sunny banks of Hernando Bch, FL

Sept 12, 2006

"I would like to share with you the herbs I used while I was pregnant with my baby boy. Daily, I took Crampbark and False Unicorn along with Partridge Berry to help strengthen the uterus and also for any cramping I experienced. As soon as I felt the on-set of cramping I took these herbs (1/2-1 tsp) and within about 1/2 hour the cramping stopped. I also took Vitamin E (four capsules/day), A.C.S. (for mineral supplementation), Nettle (for calcium supplementation) and C.C.E. in small amounts (for the bowels). When I was about six months into my pregnancy I became very sick so I took L.A.S.-JB (4-5 capsules every hour) and 1000 mg of Vitamin C (every other hour). The L.A.S.-JB cleared my sinuses and lungs and I felt so much better. The Vitamin C helped to break up the mucus. I now have a healthy, happy baby boy that I give herbs to. At about two weeks old I gave him Olive Leaf, Echinecea and A.C.S. (all at a rate of two-three drops on the bottom of each foot at each diaper changing). This helped my son, Colby to keep from getting sick by raising his immune system, especially because his older brother was always touching him and holding him with his not so clean hands (you know boys!)." —Tammy Hudson, St. Albans, VT 802-527-1212

"My horse seemed to have lost all his energy – just no get up and go. I talked with my health practitioner and we decided he needed a change of diet and a daily dosage of your T.-W. I had been feeding him the all-American diet for horses: Alfalfa hay twice a day with sweet feet. He now gets orchard grass hay (free-choice) and a very good cold-pressed pellet and four droppers of T.-W twice a day. His energy has returned and he's his old self again. I'm so pleased I just had to write you. Thank you so much for your excellent products!"—C.F. Faulkner @ Coastal Nutrition Center, Grover Bch, CA

## WE ENJOY YOUR TESTIMONIALS, PLEASE SEND THEM IN!

### IMPORTANT NOTE:

When sending in a testimonial, please be sure to include which herbs you have used to help you. We have received many testimonials which do not give this information and then we have our Distributors calling, wondering which herbs were used.

If you would like to send in your success testimonials, address them to: Pure Herbs, Ltd.  
33410 Sterling Ponds Blvd.  
Sterling Heights, MI 48312

Please let us know if we can publish them in our bi-monthly Newsletter and put them on our website. Also, let us know if you would like your name and phone number used. If you would only like the initials of your name to be used, please specify that. We would love to hear from you! **When your testimonial is published you will receive a free 4 ounce bottle of your choice (it is your responsibility to call us) with free shipping. Please note some testimonials have been edited for space, clarification, syntax & grammar.**

June 28, 2006

“This past winter, a friend of mine was scheduled to have hernia repair surgery. The procedure seemed necessary, and he asked me about herbs to assist on his recovery and healing. Actually, Jack’s nutritional protocols were very good. Pure foods, water, exercise and nutritional supplements. We reviewed various herbs and we selected the following: Universal E.R. with Mimulus, R.S.T.-C, Three Bees, Arnica (externally), Formula Max, C.C.E.-W and Bilberry. He recovered rapidly and was back to his work as a physician within several weeks having energy and gratitude for the Pure Herbs he used and his healing ability.”  
—S. Kaplowitz, NC

August 1, 2006

“I want to tell you the success I had using Oil of Cajeput and Whole Apricot topically twice a day on a dark mole on my neck. I used a Q-tip to apply them. I also took Whole Apricot internally at the same time and within three weeks the mole fell off in the shower revealing new pink skin. Now you can’t even tell where it was! I had asked my dermatologist about removing it last year, but I’m glad now that she didn’t want to. Can’t wait to show her the results! Thanks Pure Herbs!” —C.G., Honesdale, PA

July 24, 2006

“I’ve had previous heart problems and I started to worry when I began to experience deep pains in my chest. I talked to Dr. Watkins and he suggested I try Indian Tobacco (40-80 drops). After four dosages internally and also applications surrounding my entire chest area I felt good again. I think Indian Tobacco also relieved the tension in my stomach and my diaphragm.”  
—Uncle Al @ Pure Herbs, Ltd. Sterling Hgts, MI

August 6, 2006

“I have been a Certified Natural Health Professional for approximately two years and have been actively using Pure Herbs for about six years and recommend them for all of my clients. Although, I recommend regularly Big Five plus Two for pain and use it myself. I have never actually used a poultice. My CNHP, Teresa McCurry had told me to try it and I did. I have had a herniated disk for at least ten years and have learned to compensate by chiropractor visits when necessary, but especially by not lifting heavy objects and sleeping a certain way. I do not condemn people for using drugs, but have learned that pain pills numb my brain and not the pain! For approximately a month, I have had Sciatica pain. It was so bad for weeks that when I stood up from a sitting or lying down position I wanted to scream. This caused me to nurse it and therefore I stopped exercising which was not a good thing. It seemed that the Big Five plus Two wasn’t touching the pain for any length of time. I’ve had the disk problem for over 20 years and although chiropractic adjustments were the only thing that gave me relief, I had to stop going because of a lapse in my insurance. I finally decided to take Teresa’s advise and applied the Big Five plus Two first and then made a poultice with a gauze square soaked in Ol’ Number 11. I covered the poultice in clear food wrap (saran wrap) to seal it, rather than tape. Two days of poultices, changed every twelve hours, stopped the pain completely. I am now able to move without pain and I am back to exercising, which is one of my main preventatives for such things. I am so encouraged by this that I am telling everyone! Once again, thanks to Pure Herbs for making available the wonderful resources that God intended for us to use! Blessed by your products!”  
—Lynnette Oehrke., Cartersville, GA 678-721-9696

August 6, 2006

“This is totally amazing!!! I can hardly believe it myself. I’m going to share my story here. On Sept. 6, 2005, I began using Pure Herbs, Ltd. At this time I was very unhealthy and on eight different medications. The herbs I began with and am still using are: Broad Beans, W.L.-W and C.C.E.-W. Learning how to heal myself has been a high priority for me!!! I truly believe that this can be done with the use of natural herbs. By the third day of using the herbs my energy level had sky-rocketed! I could hardly sit still. I was up and down all day long. Physically there was a change taking place and emotionally I had hope. By the end of the first month I had lost 22 pounds. My family and friends began to take notice of the changes. I also want to tell you that I am extremely allergic to cats. Ten minutes in an area where cats were and my throat would begin to close up making it difficult to breathe. It is now eleven months later and I am eighty-three pounds lighter. I went from a size 26/28 to a size 18! I’m down to only two medications and hope to be off those soon. The real surprise bonus of all of this is that I can spend several days with cats and have very little discomfort. Who would have ever thought that this herb combination would take care of the cat allergies too!!! I do want to stress the importance of keeping your doctor updated on any and all natural products that you use. This applies to those who are under a physicians care. I’m healing and I’m excited about future possibilities. I look and feel different from the inside out. I strongly suggest you give these herbs a try! The results will surprise you!!!” —P.P., Everett, WA

**With kindest regards,**

**Dr. Eugene C. Watkins  
President**

**With best wishes,**

**Gisela Watkins  
Vice President**

**OLD  
PHILOSOPHER'S CORNER**  
“How you are feeling has a lot to do with your outlook.”  
1 October 2006  
Ola Dell Watkins



**THE CENTER FOR BUILDING BETTER HEALTH NATURALLY, INC.**  
**HERBAL RESEARCH GROUP**  
 Director Dr. Eugene C. Watkins, B.S.ed., M.S., N.D.  
 29451 Greenfield, Suite #102, Southfield, MI 48076  
 FAX (586)446-8218 PHONE (586)323-6631

Ship to: \_\_\_\_\_

Street: \_\_\_\_\_

City/State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

The material offered here shows a person how to put herbal programs together for a multitude of different conditions commonly encountered when practicing with herbs. It lets you look over the shoulder of an N.D., Naturopathic Doctor, (Doctor of Natural Medicine).

HERBAL PRACTICE LIBRARY MATERIALS Author Dr. A. B. Howard	Number of copies ordered	Price
HERBAL RESEARCH GROUP VOLUME 1 (*DELUXE EDITION)		\$21.95
HERBAL RESEARCH GROUP VOLUME 2 (**working edition)		\$15.00
HERBAL RESEARCH GROUP VOLUME 3 (**working edition)		\$15.00
HERBAL RESEARCH GROUP VOLUME 4 (**working edition)		\$15.00
HERBAL RESEARCH GROUP SUPPLEMENTAL VOLUME (**working edition)		\$10.00
<u>UPDATED HERBAL EXTRACTS</u> —BUILD BETTER HEALTH WITH LIQUID HERBS		\$21.95
<u>UPDATED SUPPLEMENT TO THE COPYRIGHTED WORK HERBAL EXTRACTS</u> —BUILD BETTER HEALTH WITH LIQUID HERBS		\$14.95
Shipping and handling for <b>each</b> Volume and each book is \$4.00. If ordering 10 or more of these works per order, shipping is free.	<b>TOTAL COPIES ORDERED</b> x \$4.00 <b>(if 10 or more shipping is free)</b>	= \$

<b>***NEW*** PURE HERBS, LTD 104 PAGE TESTIMONIALS BOOKLET.</b> 1 – 9 booklets \$2.00/booklet. 10 – 24 booklets \$1.90/booklet. 25 – 49 booklets \$1.80/booklet. 50 – 99 booklets \$1.70/booklet. 100 or more \$1.60/booklet.	<b>MAILING/SHIPPING is as follows:</b> 1 – 4 books shipped by U.S. Mail at a flat rate of \$3.85. 5 or more books will be shipped via UPS and you will be billed the actual UPS shipping cost.	<b>TESTIMONIAL BOOK TOTAL</b> \$
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**Methods of Payment:** CHECK  MONEY ORDER  MASTERCARD  VISA  AMERICAN EXPRESS

**CREDIT CARD NUMBER WITH EXPIRATION DATE:** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ **EXP:** \_\_\_\_\_

Please make check or money orders payable to: T.C.F.B.B.H.N., Inc (The Center For Building Better Health Naturally, Inc.)  
 Please note that we cannot ship to a P.O. Box.

Send with payment to: **T.C.F.B.B.H.N., Inc.**  
 29451 Greenfield, Suite 102  
 Southfield, MI 48076

\*DELUXE means: edited and proof read.  
 \*\*working edition means: unedited practice copies.

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Sterling Heights, MI 48312

