

## **FEBRUARY SPECIALS**

### **HIGH FIVE**

**2/1/2012-2/29/2012**

**Purchase 3 bottles receive the 4th bottle free.  
To take advantage of the special, all 3 bottles must be the same product,  
same size and purchased at the same time from this list.  
(Purchase Volume will not be paid on free bottles). (NO CAPSULES)**

**ALFALFA (LIQUID ONLY),  
ALL CELLS SALTS (LIQUID ONLY),  
D.A.N.-C,  
LILY OF THE VALLEY & BLESSED THISTLE  
& O.C.-M (LIQUID ONLY)**

### **ALFALFA**

This food, which has its name from the Arabic language is known as the "father of all foods." Alfalfa comes to us originally from Asia. It is always a matter of great humor for herbalists when some chemist isolates a new vitamin and discovers it is also found in Alfalfa. Alfalfa is very easy to digest as it contains at least eight active enzymes. These enzymes help a person to digest the food as well as the plant itself. Large quantities may be eaten for the purpose of relieving joint pains, repairing and maintaining bones, repair of stomach and as a source of hormonal nutrition for the all important pituitary gland. Alfalfa, due to a root system as deep as 125 feet, brings up a rich storehouse of Calcium, Potassium, Magnesium, Phosphorous and Sodium. These minerals are in excellent balance for a healthy system.

NOTE: Do not be concerned Alfalfa could contain harmful sodium. This is not saltshaker sodium. It is organic plant sodium which nourishes the blood stream and promotes youthful, flexible joints and repairs the stomach. Alfalfa provides a balanced spectrum of vitamins and minerals. Deodorizes and prevents excess perspiration, stops hemorrhage, soaks up uric and lactic acid to prevent nerve irritation, lubricates joints, relieves pain, and is diuretic (relieves fluid retention).

DOSAGE: 20 to 80 drops after each meal and persist until results are achieved. Enjoy the many short range benefits and especially those long-range benefits which occur over months and years. If capsules are preferred, one to 4 capsules instead. A good idea is to start with one capsule and work your way upward as needed and desired.

### **ALL CELLS SALTS (MINERALS) (A. C. S.)**

The combination has a seafood taste and is most interesting because it has all of the 13 organic tissue salts, which are found in the body. Each different type of tissue in the body contains a different concentration of mineral salts and elements, which make up its

construction and insure its proper function. This combination contains all of them. It is truly a source of food for every cell in the body. Organic minerals will replace inorganic mineral build-ups in the body and this combination excels as a cleanser for that reason. The salts break up congestion in the cells and the fluid that surrounds them. This could be described as a type of "chelation therapy." Not only is the cell-choking accumulation removed, the new minerals and elements are right there to replace worn out parts. This represents a tremendous advance for herbal science. As the wastes are flushed free from the cells, the urine often clouds up and smells strange as well as with the bowel. There may be strange tastes in the mouth as the sinuses clean. Five to six, 12 oz. portions of spring water should be taken daily to complete the flushing process. Sometimes this process continues for months, but at a safe rate. When the urine is no longer cloudy and the stool no longer has strange smells, the flushing is complete. A clean body is now ready to survive for a very long time. A maintenance amount of 40 drops three times per day should keep the body clean. This combination is recommended for expectant mothers and while they breastfeed their child. The children thus fed are calmer and quieter with improved development from the high quality of nutrients to be found in this combination.

**COMBINATION:** Bladderwrack, Atlantic Kelp, Arrowroot and Irish Moss.

**DOSAGE:** For general and all-purpose use for full spectrum mineral supplementation, 40 drops, three times per day. For oral chelation, start with 40 drops three to four times per day. Within the first three weeks of use, work up to 120 drops three to four times per day. It is okay to estimate the drops. A person soon learns to be quite accurate with this. Each time A.C.S. is taken, 16 oz. of water should be taken with this to flush away what has been dissolved. If pregnant or nursing, 40 drops three times per day. If capsules are preferred, 3 capsules, 3 times per day.

**NOTE:** The appetite may decrease during this time and weight loss may occur due to the cleansing process, however, as this combination is also a food of the finest type, there is no need to worry and the increased energy is a blessing. **ALL CELLS SALTS (MINERALS)** can be used as a source of herbal calcium-magnesium.

### **D.A.N.-C**

**(DEPRESSION, ANXIETY AND NERVOUSNESS – COURTER)** - This combination, was put together, by the practiced, herbalist Pat Courter. The herbs contained herein are appreciated in the following manner: Evening Primrose has been found helpful in disorders of the mind, depression, eliminating acids made by tormented nerves, restoring the proper feeling in the area of the solar plexus (abdominal nerve center), and eliminating long-term nerve tension. Lady's Slipper helps restore an exhausted nervous system, calms nerve centers of the brain, relieves migraines, restores a calm outlook, feeds the medulla oblongata (brain stem), provides energy for the whole nervous system, and thus reverses mental deterioration. Blue Vervain is naturally tranquilizing and produces an overall feeling of well-being. It also finds use in problems with insomnia, increasing circulation to the brain, defusing emotional outbursts, and thus

helps to bring about more normal behavior. Rice Bran is a storehouse of the B-Complex Vitamins, sometimes referred to as the “don't go crazy vitamins.” These same B-Complex Vitamins facilitate strong, steady, sustained energy. Memory and thinking are supported, which promote a harmonious personality and relief from aggravation. St. John's Wort (Wort is Old English for the word plant) offers relief from clinical depression, problems, anxiety attacks, burning nerves, heavy feeling in the head, concussion (severe impact) of the brain, disturbed sleep, and suppressed urine or pus. Horsetail contains the element silicon to build strong nerves and thus serves as an antidepressant and to prevent convulsions. Horsetail is observed to strengthen body tissues and to soothe them. Its association with calcium neutralizes nerve acids caused by irritated kidneys. Feverfew relieves anxiety and irritated nerves. It relieves pressure on the brain, loquacity (can't stop talking), alcoholic delirium, shaking disorders of the nervous system, and tension from over excitement. Indian Tobacco is an antispasmodic (releases muscle cramps, spasms and their agony). It acts on nerve and respiratory centers to improve oxygenation of the blood, and is a powerful ally that brings relaxation. It is a wonderful catalyst (helps other herbs work better). For this reason it is often referred to as one of the “thinking herbs.” Wormseed restores motor and sensory nerves and conquers the condition of aphasia (speech disorders). Cudweed is heralded as an “organic lithium source,” which is useful in bipolar (high then low without control) depression conditions, and tension of over-excitement. Universal E.R. (Emotional Remedy) works to relieve moment-to-moment agitation of the emotions from a number of different directions, much like a safety net. It can also be used to counteract the shock of accidents.

COMBINATION: Evening Primrose, Lady's Slipper, Blue Vervain, Rice Bran, Cudweed, St. John's Wort, Horsetail, Feverfew, Indian Tobacco, Wormseed, Universal E.R.

DOSAGE: 40 to 80 drops. 3 times per day, more if needed. For children: 1 drop per pound divided into 3 equal dosages.

### **LILY OF THE VALLEY & BLESSED THISTLE**

Nature has provided us a wondrous, miraculous remedy for the deterioration of heart muscle, heart valves, heart pain, heart pain in left arm and stagnant blood in the veins, delivers oxygen to oxygen-starved heart and brain, repairs blood vessels, improves memory. When lilacs bloom, look also for the perfumed scent of Lily of the Valley. The delightfully perfumed little white bells herald the presence of the heart's friend. The most active part is the root. Herein reside the glycosides that correct acute heart failure, cardiac edema, heart valve insufficiencies and dilation of the heart chambers. Small arteries that feed the heart itself are assisted in their circulation to prevent and correct coronary infarction (cramped heart blood vessels, usually fatal). A powerful effect is exerted on the pumping chambers of the heart making it beat slower and giving it more force. 5 to 40 drops on the back of the tongue will stop chest pain more or less instantly without the possible side effects of Digitalis (Foxglove). There is no harmful build up in the blood stream as it is not stored for more than a few hours. The leaves and flowers also show some activity but are not as strong. Jesus of Nazareth made reference to Lilies of the

Valley and was aware of their splendid presence when he pronounced them more beautiful than Solomon in all his glory. We are indeed grateful to this day for that recognition and their potential to help the heart.

NOTE: Other practitioners have been frightened of this little lily because of its similar function to Foxglove, but herbal practice has not supported their fears to be warranted. As with any herb, however, if you feel you have noticed consistent unpleasantness to an herb, either lower the dose or discontinue its use.

COMBINATION: Lily-of-the-Valley, Blessed Thistle.

DOSAGE: 10 to 40 drops per meal, or three times per day. If chest pains, then 40 drops at once.

### **O.C.-M (liquid only)**

(**ORAL CHELATION** = taken by mouth + to claw out) - The importance of keeping arteries and veins free of fats, cholesterol and hardened waste mineral accumulation, can be the difference between a normal life and a substandard existence with reduced activity, life expectancy and or memory problems. Oral chelation is the action of taking herbal cleaners and conditioners, by mouth, to prevent and clean out circulatory congestion. Please note, there is no fear of congested bits of debris breaking loose, lodging and causing a problem elsewhere. Herbs are intimately well programmed by the Creator to do their job with only intended effects and without dangerous side effects. They can be used with confidence. Chickweed dissolves fat and promotes flexibility. Flax dissolves cholesterol and a type of fat known as triglycerides (glycerol and stearic, oleic and palmitic fatty acids). Stone Root dissolves stone accumulation anywhere in the body, including heart valves, kidneys and bladder, as well as the circulatory system. The leaves of the two herbs, Ginkgo and Gotu Kola, (there is no caffeine in Gotu Kola; this is a miniature water lily, not the kola nut) nourish the brain and nervous system and keep energy flowing to them. In the process, they also build a strong memory and in the case of a stroke, reverse the damage. If it is known specifically where the blood vessels are congested, such as the neck or the heart, then an external application can be undertaken to speed the process of cleaning and normalization. Apply Vitamin E from 100 to 400 i.u. capsules (International Unit, i.u., is an international measurement of liquid vitamins) to the area to prevent irritation, then Herbal Adj. to increase circulation (avoid contact with eyes, underarms and private areas as this can produce a temporary but unpleasant burning sensation, although no permanent damage is done), then apply Oil of Cajeput (with the same precaution as Herbal Adj.) to the skin to break up mucus congestion. Finally, saturate a single layer of cheesecloth or absorbent gauze with O.C.-M. Lay this over the area to be chelated. Cover with plastic sandwich wrap and finally, wrap a cloth around the area to keep all in place overnight. The next morning, discard the application, wash the area and allow it to dry, then put on a daytime application just as was done for the night. Continue this procedure for the night and day until chelation is completed and all structures are normal. Keeping a good working circulatory system and correcting a congested circulatory system makes good sense and improves the quality of life.

COMBINATION: Ginkgo, Gotu Kola, Chickweed, Flax, Stone Root.

DOSAGE: 40 to 80 drops, 3 times per day and, as given above. For maintenance of the normal circulatory system, take 40 to 80 drops per day. In the case of a stroke, then the addition of Chestnut Leaf at the rate of 40 to 80 drops taken internally, 3 times per day, is a worthwhile addition to complete the repair process and dissolve and prevent blood clots. If capsules are preferred as an herbal supplement, take one capsule daily or as directed by your healthcare practitioner. Note: One capsule equals about 20 drops of liquid.

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**(PLEASE READ BELOW FOR FURTHER INSTRUCTIONS)**

**TO TAKE ADVANTAGE OF THE SPECIALS PLEASE READ BELOW:**

**SALES CLOSE ON THE LAST BUSINESS DAY OF THE MONTH.**

All orders and P.V.T. (Purchase Volume Transfers, which refers to products that were ordered by Distributors that you did not sponsor) **MUST** be called in, faxed or received by mail **before 5:30 p.m. E.T., on the last business day of the month.**

Please keep in mind that during the Holidays the mail service will probably take a little longer. All orders and P.V. transfers after 5:30 p.m. E.T. will automatically go on the next month. A good example of the last business day of the month is if the 30th is a Sunday, the last business day would then be Friday the 28th. Legal holidays are not considered business days. During the **summer** months we **change to E.D.T.** (eastern daylight savings time). It is **your** responsibility to note **our time** changes. This could be very **important to you or your downline**, as it is your responsibility, and it will be **your responsibility**, to **correct** any problems in your downline, should you fail to adhere to these rules.

**THERE ARE NO EXCEPTIONS!**

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